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Federal State Budget Educational Institution
of Higher Education
Pacific State Medical University
of the Ministry of Health of the Russian Federation

APPROVED BY

Head of the Department
of Foreign Languages
_____ / Rudenko E.E. /
"11th" of April 2025

SUBJECT GUIDE FOR TEACHERS AND STUDENTS FOR

Б1.О.56 Foreign language

(Name of discipline)

Specialty	**31.05.01 General Medicine for international students (in English)** (code, name)
Degree	Specialist's degree
Profile	02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system)
Mode of study	**Full-time**
Period of mastering the BEP	**6 years** (nominal length of study)
Department	of Foreign Languages

Vladivostok, 2025

Subject guide for teachers and students for **Б1.О.56 Foreign language** is based on:

1) Federal State Educational Standard of Higher Education for the specialty approved by the Order No. 988 of Ministry of Science and Higher Education of the Russian Federation dated August 12, 2020.

2) Curriculum for the 31.05.01 General Medicine for international students (in English), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), approved by the Academic Council of FSBEI HE PSMU of the Ministry of Health of Russia, Report No. 8/24-25 dated March 31, 2025.

Subject guide for teachers and students for the discipline were developed by the writing team of the Department of Foreign Languages of the FSBEI HE PSMU of the Ministry of Health of Russia, under the guidance of the Head of the Department, Candidate of Pedagogical Sciences, associate professor Rudenko E.E.

Developed by:

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1. GENERAL PROVISIONS

Subject guide for **Б1.О.56 Foreign language** is a set of recommendations and explanations that facilitate to optimal organization of mastering this discipline.

Regular analysis of lecture materials and work with end-of-the-text questions are necessary for better understanding of the material and systematization of knowledge of **Б1.О.56 Foreign language**. Particular attention should be paid to emerging questions, confusing terms, and conflicts of points of view during the independent review of the lecture material. If necessary, a student should contact the teacher for advice. Lecture material streamlines students' thinking, while practical classes provide deeper insight into the material of the discipline.

Special attention should be paid to the content of the main provisions and conclusions, explanation of phenomena and facts, and clarification of the practical application of theoretic aspects of topic when preparing for a practical class. During this process students should aim to understand and remember the main provisions of the material under consideration, examples provided, as well as understand the illustrative material.

Collections of assessment tools are used to organize independent study of topics (questions) of the discipline.

Independent work of students is facilitated by the following:

1. availability and accessibility of the necessary educational and reference material;
2. a system of regular quality control of completed independent work;
3. availability of teacher's advice.

Subject guides for self-study are presented as literary sources. Subject guides for independent work of students include a list of library resources of the educational institution and other materials accessible to students.

Independent work is a type of in-person extracurricular work of teachers and students of **Б1.О.56 Foreign language**. Control of independent work is conducted by the leading teacher. Evaluation of independent work results is taken into account when conducting interim examination of students throughout the **Б1.О.56 Foreign language** course.

Continuous assessment during the **Б1.О.56 Foreign language** course is implemented in order to check indicators (CI.UC-4_1, CI.GPC-10_1) of achieving competencies (UC-4, GPC-10), to stimulate students' academic work, and improve methods of mastering new knowledge. Continuous assessment during the **Б1.О.56 Foreign language** course is conducted during the semester to assess all types and sections of the academic discipline that encompass the competencies developed by the discipline: classroom questioning, working with tests, and working with case studies. Continuous assessment of students' knowledge and results of their preparation for practical classes is conducted during every class session.

Interim assessment aims to determine the level of mastery of competency indicators. It is conducted in the oral/written pass/fail test format after the student has mastered all sections of **Б1.О.56 Foreign language** and takes into account learning outcomes for all types of student work over the entire period of mastering the **Б1.О.56 Foreign language** course.

Time allotted for interim assessment is indicated in the schedule.

Assignments given during practical classes, as well as assignments aimed to prepare students for continuous and interim assessment, are included in the collection of assessment tools for **Б1.О.56 Foreign language**. If necessary, students should contact the teacher for advice. It is necessary to thoroughly think over questions that need clarification before seeking teacher's advice.

2. SUBJECT GUIDES FOR LECTURE CLASSES

No lectures are included in the Federal State Educational Standards of Higher Education 31.05.01 General Medicine for international students (in English).

3. SUBJECT GUIDES FOR PRACTICAL CLASSES

Table 1. Subject Guides for Practical **Б1.О.56 Foreign language** Classes

Lesson 2. The muscles. Continuous Tense group (Active Voice). Modal verbs: can, may, must. Functions and translation of the word “that” (“those”)	
Duration of the practical class (in academic hours):	2
Purpose of the practical class: 1. consolidate acquired knowledge of the topic of the previous practical class (Lesson 1.The skeleton. The "There is/are" construction. Basic forms of the verb "to be". Indefinite (Simple) Tenses); 2. during the discussion: - outline grammatical aspects of the topic: The muscles. Continuous Tense group (Active Voice). Modal verbs: can, may, must. Functions and translation of the word “that” (“those”); - thoroughly go over the following and pick sentences from the “Types of Muscles” text that fully convey the essence of the statements: a) muscles can be divided into three groups based on their structure and function; b) smooth muscles contract involuntary; c) connective tissue of the smooth muscles contain nerves and blood vessels; d) striated (skeletal) muscles react to the changes in the environment; e) heart muscle fibers constitute a continuous muscle; - develop a list of modern medical terms necessary to describe types of muscles.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: 1. Working with study materials, i.e. using information systems and the Internet to search for information necessary for successful professional activity. 2. This work is necessary for: conducting research activity and writing a research paper (Б2.О.04(У) Research activity (Developing basic research skills); Б2.О.05(У) Research activity (Developing basic research skills – Analysis of public health of a district covered by a therapist)); monitoring the implementation of preventive measures.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, tests, discussion	
Recommended reading: 1. Markovina I.Yu. English language: textbook / I.Yu. Markovina, Z.K. Maksimova, M.B. Weinstein. – Moscow: GEOTAR-Media, 2025. – 368 p. – ISBN 978-5-9704-9486-8. ЭБС "Консультант студента". – URL: https://www.studentlibrary.ru/book/ISBN9785970494868.html (дата обращения: 06.06.2025). 2. Baranovskaya T.A. English for Academic Purposes: textbook / T.A. Baranovskaya, A.V. Zakharova, T.B. Pospelova, Yu.A. Suvorova. – Moscow: Yurait Publishing House, 2025. – 203 p. – ISBN 978-5-534-18544-7. – URL: https://urait.ru/bcode/560849 (дата обращения: 06.06.2025).	
Lesson 7. The endocrine System. The Complex Object. Correlative conjunctions: “either…or”	
Duration of the practical class (in academic hours):	2

Purpose of the practical class: 1. consolidate acquired knowledge of the topic of the previous practical class (Lesson 6. The urinary system. Equivalents of the modal verbs “can” ,“may”, “must”. Functions of the words “since” and “as”); 2. during the discussion: - outline grammatical aspects of the topic: The endocrine System. The Complex Object. Correlative conjunctions: “either…or”; - study usage patterns of the aforementioned material in the “Endocrine Glands” text; - thoroughly go over the following and pick sentences from the “Endocrine Glands” text that fully convey the essence of the statements: a) the nervous and endocrine systems coordinate and stimulate vital functions of the organism; b) endocrine glands have no excretory duct and release their hormones directly into the bloodstream which then spreads it throughout the body; c) decrease in the function or activity of endocrine glands cause changes in the function of the whole body; d) all endocrine glands are functionally interconnected and are regulated by the pituitary gland; e) function of the endocrine glands is controlled by the nervous system; - develop a list of modern medical terms necessary to describe functions of the endocrine glands.
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.
Independent work of the student: 1. Working with study materials, i.e. using information systems and the Internet to search for information necessary for successful professional activity. 2. This work is necessary for: conducting research activity and writing a research paper (Б2.О.04(У) Research activity (Developing basic research skills); Б2.О.05(У) Research activity (Developing basic research skills – Analysis of public health of a district covered by a therapist)); monitoring the implementation of preventive measures.
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4. GUIDELINES FOR CONTINOUS AND INTERIM ASSESSMENT

Table 3. Guidelines for Conducting Continuous and Interim Assessment during the **Б1.О.56 Foreign language** Course

Type of assessment	Assessment format
Continuous assessment	*Conducted in written format:* - assessment and evaluation of results of tests given during practical classes; *Conducted in oral format:* - assessment and evaluation of interview question answers given during practical classes; - assessment and evaluation of results of practice problems given during practical classes.

Interim certification	*Conducted in written format:* - completing tests; *Conducted in oral format:* - answering interview questions, - completing practice problems; allows to assess the development of students' competencies (UC-4, GPC-10) correlating with types of professional activity.

5 ASPECTS OF THE IMPLEMENTATION OF THE COURSE FOR STUDENTS WITH DISABILITIES AND SPECIAL NEEDS

5.1. Availability of accessible environment

For students with disabilities and special needs, if a written application is submitted, lectures and practical classes are carried out taking into account health limitations, individual capabilities and medical status (hereinafter referred to as individual characteristics) of the student. Compliance with the following general requirements is ensured: teaching aids for collective and individual use are provided, required technical assistance is provided by an assistant, buildings and premises where lectures and practical classes are taking place meet accessibility requirements, other arrangements lack of which makes it impossible or difficult to master the discipline are made.

5.2. Compliance with general requirements

When lectures and practical classes are carried out at the written application of the student, the following general requirements are met: lectures and practical classes for students with disabilities and special needs take place at the same location as for students who do not have disabilities, if this does not cause difficulties for students; an assistant (assistants), who provide(s) students with the necessary technical assistance taking into account individual characteristics of the student, is (are) provided; necessary teaching aids are provided, taking into account individual characteristics of the student.

5.3. Availability of the internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia to students with disabilities in a form accessible to them.

All internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia concerning the discipline are made available to students with disabilities in a form accessible to them.

5.4. Increase in the duration of interim assessment of students with disabilities and special needs in relation to the established duration

Format of the interim assessment of academic performance within the scope of the discipline for students with disabilities and special needs is selected taking into account individual characteristics (orally, by writing on paper, by typing on a computer, as a test, etc.). The duration of the interim assessment in relation to the established duration is increased at the written application of the student with disabilities. Time limit for the student's preparation for the test is increased by at least 0.5 hours

6. STAFFING REQUIREMENTS OF THE DISCIPLINE

Academic teaching personnel that ensure the implementation of the discipline education process meet the requirements of the Federal State Educational Standard of Higher Education for the 31.05.01 General Medicine specialty; list of the aforementioned personnel is available on the website of the educational organization.