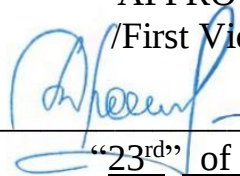


Документ подписан простой электронной подписью  
Информация о владельце:  
ФИО: Стегний Кирилл Владимирович  
Должность: И.о. ректора  
Дата подписания: 16.09.2026 09:39:48  
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Federal State Budget Educational Institution  
of Higher Education  
Pacific State Medical University  
of the Ministry of Health of the Russian Federation

APPROVED BY

/First Vice-Rector



/ Dvoynikova E.R./

“23<sup>rd</sup>” of June 2026

## DISCIPLINE WORK PROGRAM

### B1.C.01 Philosophy

(name of discipline)

**Specialty**

**31.05.01 General Medicine (English-language program)**

(code, name)

**Degree**

Specialist's degree

**Profile**

02 "Healthcare"

(in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system)

**Mode of study**

Full-time

**Period of mastering the BEP**

**6 years**

(nominal length of study)

**Department**

of Humanities and Social Studies and  
Economy

Vladivostok, 2026

Program of the discipline **B1.C.01 Philosophy** is based on:

1) Federal State Educational Standard of Higher Education for the specialty approved by the Order No. 988 of Ministry of Science and Higher Education of the Russian Federation dated August 12, 2020.

2) Curriculum for the 31.05.01 General Medicine (English-language program), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), approved by the Academic Council of FSBEI HE PSMU of the Ministry of Health of Russia, Report No. 1-7/25-26 dated March 27, 2026.

Work program for the discipline was developed by the writing team of the Department of Humanities and Social Studies and Economy of the FSBEI HE PSMU of the Ministry of Health of Russia, under the guidance of the head of the department, Doctor of Economics, professor Chernaya I.P.

**Developed by:**

|                                               |                                                                                                          |                                     |
|-----------------------------------------------|----------------------------------------------------------------------------------------------------------|-------------------------------------|
| <u>Assistant professor</u><br>(position held) | <u>Candidate of philosophical<br/>sciences, Associate professor</u><br>(academic degree, academic title) | <u>Erokhina L.D.</u><br>(full name) |
| <u>Senior lecturer</u><br>(position held)     | <u></u><br>(academic degree, academic title)                                                             | <u>Salionov A.E.</u><br>(full name) |

## 1. GENERAL PROVISIONS

### 1.1. Purpose and Objectives of Mastering B1.C.01 Philosophy

**The purpose** of mastering the discipline is to form a multifaceted worldview based on a value-based philosophical understanding in students majoring in non- philosophical fields.

**Objectives** of mastering the discipline:

1. Comprehending axiological problematics of philosophical understanding of the world as a single whole and a united entity;
2. Reflecting on the specifics of philosophy as a method of cognition and spiritual exploration of the world;
3. Forming an idea of the Man, his essence, the meaning of existence, one's place and purpose in the world;
4. Developing skills of independent thinking, ability to analyse and assess events in nature and in society based on worldview derived from philosophy;
5. Mastering basic principles and methods of philosophical perception and learn to apply them in future professional activity.

## 2. DISCIPLINE AS PART OF THE BASIC EDUCATIONAL PROGRAM

Discipline **B1.C.01 Philosophy** is included in the Compulsory part of the Block 1 of the basic educational program for the specialty 31.05.01 General Medicine (English-language program), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), and is part of the 2nd semester's curriculum.

## 3. PLANNED LEARNING OUTCOMES OF THE DISCIPLINE

3.1. Mastering the discipline **B1.C.01 Philosophy** is aimed at the development of students' competencies. The discipline facilitates the development of students' competencies corresponding to the types of professional activity.

| Name of competency category (group)              | Code and Name of competency of the graduate                                                                      | Competency Indicators                                                                                                                                                                                                                                                                                                                                                                   |
|--------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>General professional competencies</b>         |                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                         |
| Ethical and legal basis of professional activity | GPC-1. Able to abide by moral and legal norms, ethical and deontological principles in the professional activity | AI.GPC-1 <sub>1</sub> - abides by ethical norms and deontological principles when working to achieve objectives of professional activity<br>AI.GPC-1 <sub>2</sub> - has an understanding of moral and legal norms of the professional and social spheres of life<br>AI.GPC-1 <sub>3</sub> - abides by moral and legal norms when working to achieve objectives of professional activity |

3.2. Planned learning outcomes of mastering the discipline are represented by knowledge, skills, abilities and/or experience, characterize the stages of developing competencies and ensure achievement of the planned outcomes of mastering the basic educational program. Learning outcomes of a discipline are correlated with competency indicators.

#### 4. SCOPE AND CONTENT OF THE DISCIPLINE

##### 4.1. Scope of the Discipline and Types of Academic Work

| Type of Academic Work                                   | Total Hours        | Semesters  |
|---------------------------------------------------------|--------------------|------------|
|                                                         |                    | 2          |
|                                                         |                    | hours      |
| 1                                                       | 2                  | 3          |
| <b>Classroom hours (total), including:</b>              | <b>58</b>          | <b>58</b>  |
| Lectures (L)                                            | 18                 | 18         |
| Practical classes (C)                                   | 40                 | 40         |
| <b>Independent work of the student (IW), including:</b> | <b>50</b>          | <b>50</b>  |
| <i>Preparing for classes (CP)</i>                       | 40                 | 40         |
| <i>Preparing for continuous assessment (CAP)</i>        | 6                  | 6          |
| <i>Preparation for interim assessment (IAP)</i>         | 4                  | 4          |
| <b>Type of interim assessment</b>                       | pass/fail test (T) | T          |
|                                                         | exam (E)           |            |
| <b>TOTAL: TOTAL credit value</b>                        | hrs.               | <b>108</b> |
|                                                         | credits            | <b>3</b>   |

##### 4.2. Contents of the Discipline

##### 4.2.1. Topics of Discipline Lectures and Academic Hours per Semester

| No.            | Lecture Topic                                                                                                       | Hours     |
|----------------|---------------------------------------------------------------------------------------------------------------------|-----------|
| 1              | 2                                                                                                                   | 3         |
| Semester No. 2 |                                                                                                                     |           |
| 1.             | The subject of philosophy. Philosophical, ethical teachings, and the cultural and religious traditions of the world | 2         |
| 2.             | Fundamentals of rational thinking                                                                                   | 4         |
| 3.             | Social life of society                                                                                              | 2         |
| 4.             | Historiosophy: the meaning and purpose of history                                                                   | 2         |
| 5.             | Culture and civilization                                                                                            | 4         |
| 6.             | The nature, essence, and purpose of the Man                                                                         | 4         |
|                | <b>Hours per semester total</b>                                                                                     | <b>18</b> |

##### 4.2.2. Topics of Discipline Practical Classes and Academic Hours per Semester

| No.            | Practical Class Topic                                                                | Hours |
|----------------|--------------------------------------------------------------------------------------|-------|
| 1              | 2                                                                                    | 3     |
| Semester No. 2 |                                                                                      |       |
| 1              | The subject of philosophy. The main stages and directions of history of philosophy   | 2     |
| 2              | Worldview and its connection with the cultural and religious traditions Of the world | 2     |
| 3              | The category of being, its meaning and specificity                                   | 2     |
| 4              | Metaphysics and dialectics                                                           | 2     |
| 5              | The main philosophical approaches to understanding consciousness                     | 2     |

|    |                                                                                                 |           |
|----|-------------------------------------------------------------------------------------------------|-----------|
| 6  | Cognition as a subject of philosophical analysis. Scientific cognition and its Specificity      | 2         |
| 7  | Scientific methods of cognition                                                                 | 4         |
| 8  | The genesis of society. The main paradigms of sociological thought                              | 4         |
| 9  | The social being of society. The main spheres of social activity. The spiritual Life of society | 4         |
| 10 | Historiosophy: the meaning and purpose of history                                               | 4         |
| 11 | Culture and civilization                                                                        | 4         |
| 12 | Russia in the civilization process                                                              | 4         |
| 13 | The origin and essence of the Man. The values and meaning of human life                         | 4         |
|    | <b>Hours per semester total</b>                                                                 | <b>40</b> |

#### 4.2.3. Independent Work of the Student

| No.            | Name of the Discipline Section     | Type of IW                                                                                           | Total Hours |
|----------------|------------------------------------|------------------------------------------------------------------------------------------------------|-------------|
| 1              | 3                                  | 4                                                                                                    | 5           |
| Semester No. 2 |                                    |                                                                                                      |             |
| 1              | The subject of philosophy          | Preparing for practical classes, completing individual assignments                                   | 6           |
| 2              | Being and cognition                | Preparing for lectures and practical classes, preparing for tests, completing individual assignments | 20          |
| 3              | Social philosophy                  | Preparing for lectures and practical classes, preparing for tests, completing individual assignments | 20          |
| 4              | Preparation for interim assessment |                                                                                                      | 4           |
|                | <b>Hours per semester total</b>    |                                                                                                      | <b>50</b>   |

## 5. REQUIREMENTS FOR IMPLEMENTATION OF DISCIPLINE

### 5.1. Discipline Requirements for Educational Materials and Provided Information

#### Essential reading

| No. | Name/Title, Resource Type                                                                                                                                                            | Author(s)/Editor                                   | Publisher Imprint, Web Address                                                         | Number of Copies (accesses) in the Library and Information Center |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------------------------|
| 1   | 2                                                                                                                                                                                    | 3                                                  | 4                                                                                      | 5                                                                 |
| 1   | Philosophy: textbook - 8th ed.                                                                                                                                                       | Balashov L.E.                                      | M.: Dashkov i K, 2023 - 626 p. – Electronic Library System "University Library Online" | Unlimited access                                                  |
| 2   | Philosophy in 2 volumes. Volume 1 History of Philosophy: a textbook and practical course universities; ed. V. N. Lavrinenko. - 7th edition, revised and expanded by Lavrinenko V. N. | Lavrinenko V.N.<br>Chernyshova L.I.<br>Kaftan V.V. | Moscow: Urait, 2022 - 275 p. - Electronic Library System "Urait"                       | Unlimited access                                                  |

|   |                                                                                                                                                                                          |                                                                                    |                                                              |                  |
|---|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|--------------------------------------------------------------|------------------|
| 3 | Philosophy in 2 volumes. Volume 2 Fundamentals of Philosophy. Philosophy. Philosophical Anthropology: a textbook and practical course for universities. - 7th ed., revised and enlarged. | Lavrinenko V.N., Chernyshova L.I., Kaftan V.V.; responsible editor V.N. Lavrinenko | M.: Urait, 2022 - 283 p. – Electronic Library System "Urait" | Unlimited access |
|---|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|--------------------------------------------------------------|------------------|

#### Supplementary reading

| No. | Name/Title, Resource Type                                                                                               | Author(s)/Editor                                                    | Publisher Imprint, Web Address                                                                | Number of Copies (accesses) in the Library and Information Center |
|-----|-------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-------------------------------------------------------------------|
| 1   | 2                                                                                                                       | 3                                                                   | 4                                                                                             | 5                                                                 |
| 1   | Philosophy: Textbook                                                                                                    | V. V. Mironov                                                       | Moscow: Prospect, 2017 - 240 p. - Electronic Library System "Student Consultant"              | Unlimited access                                                  |
| 2   | History and Philosophy of Medicine. Scientific Revolutions in Medicine from the 17th to the 21 <sup>st</sup> Centuries. | V. S. Stepin<br>A. M. Stochik,<br>S. N. Zatravkin.                  | Moscow: Academicheskyy Proekt, 2020 – 375 p. – Electronic Library System "Student Consultant" | Unlimited access                                                  |
| 3   | Philosophical Problems of Man and Society: Textbook - 2nd edition, corrected and expanded                               | Mikirtichan G.L.<br>Ilyichev P.I.,<br>Lichtschangoff<br>A.Z. et al. | St. Petersburg: SpetsLit, 2018 - 399 p. – Electronic Library System "Bookup"                  | Unlimited access                                                  |

#### Online resources

1. Electronic library system "Student Consultant" <http://studmedlib.ru/>
2. Electronic library system "University Library Online" <http://www.biblioclub.ru/>
3. Electronic library system "Urait" <https://urait.ru/>
4. Electronic library system "BookUp" <https://www.books-up.ru/>
5. Resources owned by the Library and Information Center of FSBEI HE PSMU of the Ministry of Health of Russia <https://tgmu.ru/university/bibliotechno-informacionnyj-centr/resursy-bic/sobstvennye/>

Online resources and respective user guides are available on the Library and Information Center website [Library and Information Center — PSMU \(tgmu.ru\)](http://tgmu.ru)



#### 5.2. Discipline Requirements for Facilities and Resources

Information on the facility and resource availability and requirements of the discipline is available on the [Facility and resource availability and requirements. FSBEI HE PSMU of the Ministry of Health of Russia \(tgmu.ru\)](http://tgmu.ru) page of the official website of the university.



#### 5.3. List of Information Technologies, Information and Reference Systems, Licensed and Free Software (Including Domestically-developed Software):

1. PolycomTelepresence M100 Desktop Conferencing Application (Videoconference system)
2. SunRav Software tTester
3. 7-PDF Split & Merge
4. ABBYYFineReader
5. Kaspersky Endpoint Security
6. INDIGO online testing system
7. Microsoft Windows 7
8. Microsoft Office Pro Plus 2013
9. 1C:University
10. GARANT system
11. MOODLE (Modular Object-Oriented Dynamic Learning Environment)

## **6. ASPECTS OF THE IMPLEMENTATION OF THE DISCIPLINE FOR STUDENTS WITH DISABILITIES AND SPECIAL NEEDS**

### **6.1. Availability of Accessible Environment**

For students with disabilities and special needs, if a written application is submitted, lectures and practical classes are carried out taking into account health limitations, individual capabilities and medical status (hereinafter referred to as individual characteristics) of the student. Compliance with the following general requirements is ensured: teaching aids for collective and individual use are provided, required technical assistance is provided by an assistant; buildings and premises where lectures and practical classes are taking place meet accessibility requirements, other arrangements lack of which makes it impossible or difficult to master the discipline are made.

### **6.2. Ensuring Compliance with General Requirements**

When lectures and practical classes are carried out at the written application of the student, the following general requirements are met: lectures and practical classes for students with disabilities and special needs take place at the same location as for students who do not have disabilities, if this does not cause difficulties for students; an assistant (assistants), who provide(s) students with the necessary technical assistance taking into account individual characteristics of the student, is (are) provided; necessary teaching aids are provided, taking into account individual characteristics of the student.

**6.3. Availability of the Internal Policies and Procedures of FSBEI HE PSMU of the Ministry of Health of Russia to Students with Disabilities in a Format Accessible to Them.**

All internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia concerning the discipline are made available to students with disabilities in a format accessible to them.

**6.4. Increase in the Time Limit of Interim Assessment for Students with Disabilities and Special Needs in Relation to the Established duration**

Format of the interim assessment of academic performance within the scope of the discipline conducted for students with disabilities and special needs is selected taking into account individual characteristics of the students (orally, by writing on paper, by typing on a computer, as a test, etc.). The duration of the interim assessment in relation to the established duration is increased at the written application of the student with disabilities. Time limit for the student's preparation for the test is increased by at least 0.5 hours.

## **7. STAFFING REQUIREMENTS OF THE DISCIPLINE**

Academic teaching personnel that ensure the implementation of the discipline education process meet the requirements of the Federal State Educational Standard of Higher Education for the 31.05.01 General Medicine specialty; list of the aforementioned personnel is available on the website of the educational organization.



## 8. TUTORIAL WORK

| Type of tutorial work         | Forms and approaches to tutorial work                                                                                                                                                                                                                                   | Assessment criteria                                      |
|-------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| Assistance in personal growth | Overt<br>Participation in annual scientific and practical student conferences<br>(Section 1 Being and Cognition)                                                                                                                                                        | Problem solving, test assignments.<br>Interim assessment |
| Civic position and values     | Overt<br>Open discussions and competitions are planned, and through the discussion of their decisions, a civil and legal culture is developed<br>(Section 2 – Society and History)                                                                                      | Problem solving, test assignments.<br>Interim assessment |
|                               | Covert<br>Discussion of general civic value orientations. Each topic contributes to the formation of a conscious civic position in professional activities and the development of socially significant personal qualities and independent experience of social activity |                                                          |
| Social values                 | Overt<br>The subject curriculum includes topics on public life and a civic attitude toward history                                                                                                                                                                      | Problem solving, test assignments.<br>Interim assessment |
|                               | Covert<br>The curriculum and the study of the discipline itself foster an understanding of the importance of ideological positions                                                                                                                                      |                                                          |