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Должность: И.о. ректора
Дата подписания: 18.09.2026 18:47:14
Уникальный программный ключ:
d59234ba928aea5c04c54eb9013e367220b6b2ae

Federal State Budget Educational Institution
of Higher Education
Pacific State Medical University
of the Ministry of Health of the Russian Federation

APPROVED BY
/First Vice-Rector

_____ / Dvoynikova E.R./
"23rd" of June 2026

PRACTICAL TRAINING WORK PROGRAM

Type of practical training Practical placement

B2.V.01(P) Social service practical training (Volunteering and collaboration with community-focused NPOs)

Credit value	3 credits / 2 weeks (credit points/ weeks)
Format of practical training	continuous (continuous/ discrete)
Practical training method	stationary (stationary/on-site)
Specialty	**31.05.01 General Medicine (English-language program)**
Degree	Specialist's degree
Profile	02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system)
Mode of study	Full-time
Period of mastering the BEP	**6 years** (nominal length of study)
Department	of Humanities and Social Studies and Economy

Vladivostok, 2026

Academic training program for **B2.V.01(P) Social service practical training (Volunteering and collaboration with community-focused NPOs)** is based on:
1) Federal State Educational Standard of Higher Education for the specialty approved by the Order No. 988 of Ministry of Science and Higher Education of the Russian Federation
dated August 12, 2020.

2) Curriculum for the 31.05.01 General Medicine (English-language program), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), approved by the Academic Council of FSBEI HE PSMU of the Ministry of Health of Russia, Report No. 1-7/25-26 dated March 27, 2026.

Practical training work program was developed by the writing team of the Department of Humanities and Social Studies and Economy of the FSBEI HE PSMU of the Ministry of Health of Russia, under the guidance of the head of the department, Doctor of Economics, professor Chernaya I.P.

Developed by:

Senior lecturer		Salionov A.E.
(position held)	(academic degree, academic title)	(full name)

1. GENERAL PROVISIONS

1.1. Purpose and Objectives of the Practical Training *B2.V.01(P) Social service practical training (Volunteering and collaboration with community-focused NPOs)*

Purpose Consolidation and deeper insight into knowledge gained during theoretical training, acquisition of skills necessary for handling medical equipment, gaining experience of independent professional activity as a volunteering through direct participation in the day-to-day of a medical facility, as well as development of competencies necessary for performing work activities within the framework of labor functions of ***02. Physician, M.D. (primary care physician, district doctor) Occupational standard.***

In addition, the ***objectives*** of academic training ***B2.V.01(P) Social service practical training (Volunteering and collaboration with community-focused NPOs)*** are

- consolidation of and deeper insight into knowledge on creating conditions that ensure the demand for the participation of volunteer organizations and volunteers in solving social problems, as well as increasing the recognition of volunteer activity in society;
- developing practical skills of providing information, consulting, and support for volunteer activities during the organization of mass and socially significant events;
- development of competencies in using organization of work and making professional decisions during the organization of mass and socially significant events.

1.2 Practical Training *B2.V.01(P) Social service practical training (Volunteering and collaboration with community-focused NPOs)* as a Part of the Basic Educational Program of Higher Education of the Specialty 31.05.01 General Medicine (English-language program), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system).

1.2.1 ***B2.V.01(P) Social service practical training (Volunteering and collaboration with community-focused NPOs)*** is a part of Block 2 “Academic (educational) training / practical placement” of the 31.05.01 General Medicine (English-language program) specialty curriculum.

1.2.2 Practical training is carried out during semester No. 2.

Type of practical training: practical placement;

Practical training category: social service;

Practical training method: stationary;

Practical training format: continuous.

1.3 Planned learning outcomes of practical training, correlated with the planned outcomes of mastering the basic educational program of higher education for specialty 31.05.01 General Medicine (English-language program), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system).

Name of Competency Category (Group) / Labor function	Code and Name of Competency	Competency Indicators
Universal Competencies		
Teamwork and leadership	UC-3. Able to organize and manage teamwork, develop a team strategy to achieve the project's goals	AI.UC-3_1- demonstrates leadership in team planning and performing professional activities AI.UC-3_2- develops a team strategy, builds a team to solve professional tasks AI.UC-3_3- articulates personal opinions and collective decisions in a reasoned manner to determine an individual and team participation and performance

Self-organization and self-development (Including self care)	UC-6. Able to identify and focus on professional priorities as well as improve them using self-assessment and lifelong education	AI.UC-6_1- performs personal and professional assessment AI.UC-6_2- sets priorities for personal development and assesses opportunities for personal growth and professional improvement AI.UC-6_3- uses modern methods as well as continuing education technologies for professional development

Planned learning outcomes of practical training are represented by knowledge, skills, abilities and experience, characterize the stages of developing competencies and ensure achievement of the planned outcomes of mastering the basic educational program. Learning outcomes of a discipline are correlated with indicators of achieving the competence.

2. SCOPE AND CONTENTS OF THE PRACTICAL TRAINING

2.1 Scope of *B2.V.01(P) Social service practical training (Volunteering and collaboration with community-focused NPOs)*

Type of Activity		**Total Hours**	**Semesters**
			No. 2
			hours
1		2	3
Safety briefing		2	2
Performing research work		8	8
Implementation of the "Medicine Calls!" project		20	20
Implementation of volunteer activities in interaction with different categories of participants in mass events		42	42
Filling out the Practical Training Log, preparing a report on the practical training results		8	8
Development of a memo for a volunteer participant in mass events and in medical organizations		12	12
Preparation for presenting the project		12	12
Preparation for interim assessment		4	4
Type of interim assessment	graded test (GT)	GT	GT
TOTAL: TOTAL credit value	hrs.	**108**	**108**
	credits	**3**	**3**

2.2. Sections of Practical Training, Types of Activities

No.	**Sections of Practical Training, Types of Activities**	**Hours**
1	2	3
	Semester No. 2	
1.	**Performing volunteer activities in cooperation with different categories of participants in mass events**	**44**
1.1	Conducting a safety briefing	2
1.2	Cooperation with organizers of mass and socially significant events on volunteer	42

	activities in healthcare and other organizations	
2	**Performing research**	**8**
2.1	Conducting a questionnaire	6
2.2	Filling out the research map	2
3.	**Performing the group project "Medicine Calls!"**	**20**
3.1	Preparatory stage	2
3.2	Planning stage	2
3.3	Project development stage	10
3.4	Group project preparation stage	6
4	**Independent work**	**36**
4.1	Preparation of the report	8
4.2	Preparation of a memo on volunteer activities	12
4.3	Preparation of a project presentation, reflection	8
4.4	Preparation for project presentation and defence	4
4.5	Preparation for interim assessment	4
	Total:	**108**

2.3 Practical Training Report Forms:

Practical training log
Research activity summary (if applicable)
Volunteer activities guidelines
Presentation of a completed group project

3. REQUIREMENTS FOR IMPLEMENTATION OF PRACTICAL TRAINING

3.1 Practical Training Requirements for Educational Materials and Provided Information

Essential reading

No.	Name/Title, Resource Type	Author(s)/Editor	Publisher Imprint, Web Address	Number of Copies (accesses) in the Library and Information Center
1	**2**	**3**	**4**	**5**
1	Public Health and Health Service = Общественное здоровье и здравоохранение / В. С. Глушанко, Е. В. Михневич, Л. И. Орехова	Глушанко В. С.	Витебск : ВГМУ, 2020. - 188 с. - ЭБС «Букап» URL: https://urait.ru/bcode/564997	Unlimited access
2	Sociology of Medicine: textbook / A. V. Reshetnikov	Reshetnikov A. V.	M. : GEOTAR-Media, 2020. - 368 с. - ЭБС «Консультант студента»	Unlimited access

Supplementary reading

No.	Name/Title, Resource Type	Author(s)/Editor	Publisher Imprint, Web Address	Number of Copies (accesses) in the Library and Information Center

1	2	3	4	5
1	Технологии организации волонтерского движения	Митрофаненко В. В.	(СКФУ),Ставрополь, 2015. – 130 с. URL: http:// biblioclub.ru	Unlimited access
2	Становление и развитие института волонтерства в России	Горлова Н. И.	Министерство культуры Российской Федерации, Российский научно-исследовательский институт культурного и природного наследия им. Д. С. Лихачѐва. – Москва : Институт Наследия, 2019. – 290 с http://biblioclub.ru	Unlimited access

Online resources

1. Electronic library system "Student Consultant" http://studmedlib.ru/
2. Electronic library system "University Library Online"http://www.biblioclub.ru/
3. Electronic library system "Urait" https://urait.ru/
4. Electronic library system "BookUp" https://www.books-up.ru/
5. Resources owned by the Library and Information Center of FSBEI HE PSMU of the Ministry of Health of Russia https://tgmu.ru/university/bibliotechno-informacionnyj-centr/resursy-bic/sobstvennye/

Online resources and respective user guides are available on the Library and Information Center website Library and Information Center — PSMU (tgmu.ru)

3.2 Practical Training Requirements for Facilities and Resources

Practical training is carried out on the basis of contracts with specialized organizations that fit the following requirements: able to provide facility and resource that comply with the current fire safety rules and regulations and facilitate all types of disciplinary and interdisciplinary training, practical work and research activities of students within the scope of practical training; operate in a way that corresponds to the occupational competencies acquired within the framework of the educational program.

Practical training aimed at obtaining primary occupational skills and professional experience is carried out on specific premises that meet requirements for facilities, resources, and educational materials and include the following:

Premises and subdivisions of a medical facility fitted with medical equipment and suitable for independent work within the scope of practical training, as well as continuous assessment.

Classroom for interim assessment is equipped with specialized (classroom) furniture, teaching aids for studying and assessment of practical skills.

Equipment status of selected premises and premises for independent work is reflected on the page for facility and resource requirements of the basic educational program of higher education (specialist's degree program) on the educational organization website.

3.3. List of Information Technologies, Information and Reference Systems, Licensed and Free Software (Including Domestically-developed Software) Used for Education During Practical Training Period:

1. PolycomTelepresence M100 Desktop Conferencing Application (Videoconference system)
2. SunRav Software tTester
3. 7-PDF Split & Merge
4. ABBYYFineReader
5. Kaspersky Endpoint Security

6. INDIGO online testing system
7. Microsoft Windows 7
8. Microsoft Office Pro Plus 2013
9. 1C:University
10. GARANT system
11. MOODLE (Modular Object-Oriented Dynamic Learning Environment)

4. ASPECTS OF IMPLEMENTATION OF PRACTICAL TRAINING FOR STUDENTS WITH DISABILITIES AND SPECIAL NEEDS

4.1 Requirements of Practical Training for Students with Disabilities and Special Needs.

Students with disabilities are provided with printed and/or electronic educational materials that are adapted to their individual needs and abilities.

4.2 Aspects of Implementation of Practical Training for Students with Disabilities and Special Needs

For students with disabilities and special needs, if a written application is submitted, the practical training is carried out taking into account health limitations, individual capabilities and medical status (hereinafter referred to as individual characteristics) of the student. Location of practical training for people with disabilities and special needs is selected at the personal request of the student, taking into account the accessibility requirements. Academic training/practical placement location for people with disabilities and special needs is chosen taking into account the recommendations of the medical and social assessment that are reflected in the individual rehabilitation program with consideration of working conditions and kinds of labor.

Compliance with the following general requirements is ensured: teaching aids for collective and individual use are provided, required technical assistance is provided by an assistant, buildings and premises where the practical training is carried out meet accessibility requirements, other arrangements lack of which makes it impossible or difficult to complete the practical training are made.

When practical training is carried at the written application of the student, the following general requirements are met: practical training for students with disabilities and special needs is carried out at the same location as for students who do not have disabilities, if this does not cause difficulties for the latter; an assistant (assistants), who provide(s) students with the necessary technical assistance taking into account individual characteristics of the student, is (are) provided at the written application; necessary teaching aids are provided, taking into account individual characteristics of the student.

All internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia on the implementation of practical training are made available to students with disabilities in a form accessible to them.

Format of the interim assessment of academic performance within the scope of practical training conducted for students with disabilities and special needs is selected taking into account individual characteristics (orally, by writing on paper, by typing on a computer, as a test, etc.). The duration of the interim assessment in relation to the established duration is increased at the written application of the student with disabilities. Time limit for the student's preparation for the test is increased by at least 0.5 hours.

5. STAFFING REQUIREMENTS OF PRACTICAL TRAINING

Academic teaching personnel that ensure the implementation of **B2.V.01(P) Social service practical training (Volunteering and collaboration with community-focused NPOs)** meet the requirements of the Federal State Educational Standard of Higher Education for the 31.05.01 General

Medicine for international students (in English) specialty; list of the aforementioned personnel is available on the website of the educational organization.

8. TUTORIAL WORK

Type of tutorial work	Forms and approaches to tutorial work	Assessment criteria
Assistance in personal growth	Overt Talks and problem-centric debates aimed at promotion of healthy lifestyle. Participation in interdepartmental conferences aimed at formation of healthy lifestyle and development of skills necessary to preserve and improve health.	Portfolio
	Covert – creating atmosphere and infrastructure. Developing a culture of healthy lifestyle, the ability to preserve and improve health. Creating atmosphere of kindness and respect with a high level of communication during implementation of the discipline.	
Civic position and values	Overt Conducting events that facilitate development of civil culture (roundtable discussions, discussions/debates, and talks). Short discussions on current significant events in case the latter occur.	Portfolio
	Covert Focusing on civic values-oriented position and legal awareness. Cultivating mindful social position during professional activity.	
Social values	Overt Highlighting aspects of organization of healthy lifestyle based on health-preserving technologies. Highlighting ecology-related questions, environmental issues as a factor affecting population health and select population risks.	Portfolio
	Covert Identification in social structure during period of education and in professional activity.	

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PRACTICAL TRAINING LO G

B2.V.01(P) Social service practical training (Volunteering and collaboration with community-focused NPOs)

_____

_____

(Full name of the student)

1st Year, group No. _____, specialty 31.05.01. General Medicine (English-language program)

Location of practical training:

_____

_____

_____

Full name and address of the practical training location

Duration of practical training:

from “ ” _____ until “ ” _____

training supervisor (provided by FSBEI HE PSMU of the Ministry of Health of Russia) _____

signature *(surname, initials)*

Grade _____

very good, good, satisfactory, unsatisfactory

Vladivostok
202_- 202_

1. Students in the specialty 31.05.01 General Medicine (English-language program) master the practical training program in semester No.2 as volunteers.
Objective: undergoing practical training in the organization and implementation of volunteer activities in health care during mass activities; developing skills necessary for self-realization as citizens, increasing the role of volunteering in community development, development and spread of volunteer innovative practices of social activities; gaining experience of independent volunteer activities accompanied by public and socially significant events direct participation in the activities of public and medical organizations in the form of volunteer activities.

Content of practical training:
Organization of volunteer activities and providing support during mass and socially significant events as volunteers.
Providing information support for participants in mass and socially significant activities, interaction with different categories of participants in mass events
Development of the "Medicine Calls!" project
Interim assessment

2. Planned practical training outcomes:
Knowledge of: organization and principles of volunteering activity when accompanying mass and socially significant events in medical organizations.
Demonstration of: variety of medical specialties and career opportunities growth.
Ability to: organize volunteer activities under the guidance of organizers and coordinators of volunteer support for mass and socially significant events, navigate issues of interaction with different categories of participants in mass events and employees of medical organizations.
Ability to: interest applicants entering a medical university.
Mastery of: methods of providing information support for participants in mass and socially significant events on interaction with different categories participants in mass events and medical organizations.
Skills of: collecting information and materials about the profession of a medical worker,
medical school and student life.

Forms of assessment of the level of professional competencies implemented during the practical training period:
1. Practical Training Log;
2. feedback from the practical training supervisor;
3. individual assessment;
5. research activity;
6. compliance with the sanitary and anti-epidemiological regulations.

3. Assessment criteria for the level of professional competencies developed during the practical training period.
Practical training results is written into the student's transcript by the practical training supervisor (provided by FSBEI HE PSMU of the Ministry of Health of Russia); the final grade is based on the results of interim assessment in the form of practical skills demonstration using simulators, evaluation of the Practical Training Log, characteristics of the student's work and the results of the interview conducted by the practical training supervisor.

"Very good" - threshold or high level of competence formation in period of practice, high level of competency achievement indicators, active approach to solving professional tasks of varying degree of complexity provided for by a program of practice in accordance with the FSES HE and occupational standard.
"Good" - threshold or high level of competence formation, in period of practice, adequate level of competency achievement indicators, adequate degree of practical skills, adequate ability to solve standard professional tasks provided for by the practice program in accordance with the FSES HE and occupational standard.

"Satisfactory" - threshold level of competence formation in period of practice, threshold level of competency achievement indicators, degrees practical skills are sufficient to solve typical professional tasks provided for by the practice program in accordance with the FSES HE and occupational standard and/or qualification characteristics.
"Unsatisfactory" - threshold or lower level of formation competencies during the practice period, low level of competency achievement indicators, the level of knowledge and the degree of practical skills are not enough to solve standard professional tasks provided for by the program of practice in accordance with professional standard.

Individual assignment
Content of practical training
Planned practical training outcomes
Practice training schedule

"Approved by"
Practical training supervisor
(provided by FSBEI HE PSMU of the
Ministry of Health of Russia)

Signature Full name

"Approved by"
Practical training supervisor
provided by

full name of the organization

Signature Full name

Practical training work schedule

Types of activities implemented during the practical training

No.	Type of work based within the scope of the practical training	Recommended quantity	Date																Total
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
1	Interaction with organizers of mass and socially significant events																		
2	Interaction with medical volunteer coordinators																		
3	Interaction with participants of mass and socially significant events																		
4	Interaction with junior medical staff in medical organizations																		
5	Implementation of medical support and social assistance measures																		
6	Communication with different groups of participants in mass and socially significant events on organizational issues																		
7	Communication with employees of medical organizations																		
8	Collection of information and materials about the profession of a medical worker, a medical university, and student life																		
9	Development, registration, preparation for the defense of the project "Medicine is calling!"																		
10	Signature of by the Practical training supervisor provided by the organization																		

INDIVIDUAL ASSIGNMENT

The choice of an individual assignment for students depends on the location of practical training.

1. Memo of a medical volunteer during mass events;
2. Memo of a medical volunteer when working in medical organizations;
3. Development of the project "Medicine calls!"

Memo structure

1. Introduction (goals and objectives).
2. The tasks of a medical volunteer in a specific situation.
3. The main duties of a medical volunteer, depending on the situation.
4. Methods of interacting with different groups

4.1 with the leader of the volunteer team
4.2. with administrative employees
4.3. with members of the volunteer team
4.4. with participants of events.

Research activity report: give a brief description of the results of 5 questionnaires

FEEDBACK

On the work and conduct of the student _____
(Full name of the student)

of group No. _____, specialty 31.05.01 General Medicine (English-language program), who attended the **B2.V.01(P) Social service practical training (Volunteering and collaboration with community-focused NPOs)** from "___" _____ 20__ until "__" _____ 20__.

Over the course of the practical training (discipline, diligence, appearance, manifestation of interest in the specialty, regularity of managing the log, individual characteristics, moral and volitional qualities, honesty, initiative, poise, endurance, attitude towards patients, etc.):

_____
_____
_____
_____
_____
_____
_____
_____
_____
_____

Conclusions, recommendations:

_____
_____
_____
_____
_____
_____

Interim examination for the B2.V.01(P) Social service practical training (Volunteering and collaboration with community-focused NPOs)

1. Keeping the Practical training log: _____
2. Mastering the skills of volunteering during mass events / medical support: date _____ grade _____
3. Individual research activity results: date _____ grade _____
4. Presentation of the project results: date _____ grade _____

Final grade: _____

Training supervisor _____/_____/
signature *Full name*

Date:_____

Appendix 1

RESEARCH ACTIVITY SUMMARY

QUESTIONNAIRE
WHY DO WE SELF-MEDICATE?

Hello, dear survey participant!
We are conducting a survey to study the causes of self-medication.
Your participation is very important.

Initials _____
Age _____
Sex _____ male/female _____
Marital status _____

1. How often do you self-medicate (select one answer)
- ☐ extremely rarely
- ☐ often
- ☐ almost always

2. Why are you self-medicating (select all options that apply to you)
- ☐ it is difficult to get to the doctor
- ☐ I don't trust doctors' advice
- ☐ I know my body best
- ☐ I follow the example of my relatives (acquaintances)

3. For self-medication you use (select all options that apply to you)
- ☐ medications
- ☐ dietary supplements
- ☐ alternative medicine
- ☐ physiotherapy devices

4. When choosing means self-medication, you are guided by (select all options that apply to you)
- ☐ advice from relatives and friends
- ☐ personal experience
- ☐ media advertising
- ☐ information from the Internet

5. Do you share means and methods of self-medication with family and friends?
- ☐ yes
- ☐ no

Thank you for participating in the survey!