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Federal State Budget Educational Institution
of Higher Education
Pacific State Medical University
of the Ministry of Health of the Russian Federation

APPROVED BY

Head of the Department
of Humanities and Social Studies and Economy
_____ / Chernaya I.P./
"28th" of April 2025

SUBJECT GUIDE FOR TEACHERS AND STUDENTS FOR

Б1.В.04 Fundamentals of Russian statehood

(Name of discipline)

Specialty	**31.05.01 General Medicine for international students (in English)** (code, name)
Degree	Specialist's degree
Profile	02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system)
Mode of study	**Full-time**
Period of mastering the BEP	**6 years** (nominal length of study)
Department	of Humanities and Social Studies and Economy

Vladivostok, 2025

Subject guide for teachers and students for **Б1.В.04 Fundamentals of Russian statehood** is based on:

1) Federal State Educational Standard of Higher Education for the specialty approved by the Order No. 988 of Ministry of Science and Higher Education of the Russian Federation dated August 12, 2020.
2) Changes that are made to the Federal State Educational Standard of Higher Education by the order of Ministry of Science and Higher Education of the Russian Federation No. 208, dated February 27, 2023.
3) Curriculum for the 31.05.01 General Medicine for international students (in English), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), approved by the Academic Council of FSBEI HE PSMU of the Ministry of Health of Russia, Report No. 8/24-25 dated March 31, 2025.

Subject guide for teachers and students for the discipline were developed by the writing team of the Department of Humanities and Social Studies and Economy of the FSBEI HE PSMU of the Ministry of Health of Russia, under the guidance of the head of the department, Doctor of Economics, professor Chernaya I.P.

Developed by:

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1. GENERAL PROVISIONS

Subject guide for **Б1.В.04 Fundamentals of Russian statehood** is a set of recommendations and explanations that facilitate to optimal organization of mastering this discipline.

Regular analysis of lecture materials and work with end-of-the-text questions are necessary for better understanding of the material and systematization of knowledge of **Б1.В.04 Fundamentals of Russian statehood**. Particular attention should be paid to emerging questions, confusing terms, and conflicts of points of view during the independent review of the lecture material. If necessary, a student should contact the teacher for advice. Lecture material streamlines students' thinking, while practical classes provide deeper insight into the material of the discipline.

Special attention should be paid to the content of the main provisions and conclusions, explanation of phenomena and facts, and clarification of the practical application of theoretic aspects of topic when preparing for a practical class. During this process students should aim to understand and remember the main provisions of the material under consideration, examples provided, as well as understand the illustrative material.

Collections of assessment tools are used to organize independent study of topics of the discipline.

Independent work of students is facilitated by the following:

1. availability and accessibility of the necessary educational and reference material;
2. a system of regular quality control of completed independent work;
3. availability of teacher's advice.

Subject guides for self-study are presented as literary sources. Subject guides for independent work of students include a list of library resources of the educational institution and other materials accessible to students.

Independent work is a type of in-person extracurricular work of teachers and students of **Б1.В.04 Fundamentals of Russian statehood**. Control of independent work is conducted by the leading teacher. Evaluation of independent work results is taken into account when conducting interim examination of students throughout the **Б1.В.04 Fundamentals of Russian statehood** course.

Continuous assessment during the **Б1.В.04 Fundamentals of Russian statehood** course is implemented in order to check indicators of achieving competencies, to stimulate students' academic work, and improve methods of mastering new knowledge. Continuous assessment during the **Б1.В.04 Fundamentals of Russian statehood** course is conducted during the semester to assess all types and sections of the academic discipline that encompass the competencies developed by the discipline: classroom questioning, discussions, working with tests, preparing reports, writing library-research papers, and working with case studies. Continuous assessment of students' knowledge and results of their preparation for practical classes is conducted during every class session.

Interim assessment aims to determine the level of mastery of competency indicators. It is conducted in the pass/fail test format after the student has mastered all sections of **Б1.В.04 Fundamentals of Russian statehood** and takes into account learning outcomes for all types of student work over the entire period of mastering the **Б1.В.04 Fundamentals of Russian statehood** course.

Time allotted for interim assessment is indicated in the schedule.

Assignments given during practical classes, as well as assignments aimed to prepare students for continuous and interim assessment, are included in the collection of assessment tools for **Б1.В.04 Fundamentals of Russian statehood**. If necessary, students should contact the teacher for advice. It is necessary to thoroughly think over questions that need clarification before seeking teacher's advice.

2. SUBJECT GUIDES FOR LECTURE CLASSES

Table 1. Subject Guides for **Б1.В.04 Fundamentals of Russian statehood** Lectures

Section No.1 What is Russia	
Duration of the lecture (in academic hours):	4
Purpose of the lecture: 1. tell students about the main natural and geographical features of Russia; 2. discuss the natural and geographical features of the regions students come from; 3. examine problems of using geographic and natural resources and possible solutions, including environmental issues and ways to make the most of these factors, taking into account regional specifics.	
Lecture plan, order of presentation of its sections: - Contemporary Russia: key socio-economic parameters, figures, and facts - Geography, resources, and demographics of Russia	
Recommended reading: 1. Шевырев А.П., Лапин В.В., Рогачев С.В. и др. Основы российской государственности: учебное пособие для студентов естественно-научных и инженерно-технических специальностей Москва: Издательский дом «Дело» РАНХиГС, 2023. https://delo.ranepa.ru/wp-content/uploads/2023/08/osnrosgos_posobie1_press.pdf 2. Мегатренды: основные траектории эволюции мирового порядка в XXI веке под. ред. Т. А. Шаклеиной, А. А. Байкова. Москва, 2022 3. Соловьев А.И. Принятие и исполнение государственных решений. М.: Аспект Пресс, 2017. 4. Шестопал Е.Б. Политическая психология. М, 2022. 5. Алексеева Т.А. Современная политическая мысль (XX–XXI вв.): Политическая теория и международные отношения. М.,2019. 6. Полосин А.В. Шаг вперед: проблема мировоззрения в современной России // Вестник Московского Университета. Серия 12. Политические науки. 2022. № 3. С.7-23.	
Section No.2 Russia as civilization state	
Duration of the lecture (in academic hours):	4
Purpose of the lecture: 1. tell students about modern scientific views on the problems of the civilizational structure of society; 2. define the problem of the relationship between civilization and religion in human history; 3. examine the problems of the relationship between civilization and the state; 4. study the concept of the center and periphery of civilization and their reflection in the works of historians and philosophers; 5. introduce students to the basic scientific concepts of the dynamics of civilizational development	
Lecture plan, order of presentation of its sections: - Heroes and key challenges in Russian history - The civilization approach: the concept of a "civilization state"	
Recommended reading: 1. Шевырев А.П., Лапин В.В., Рогачев С.В. и др. Основы российской государственности: учебное пособие для студентов естественно-научных и инженерно-технических специальностей Москва: Издательский дом «Дело» РАНХиГС, 2023.	

https://delo.ranepa.ru/wp-content/uploads/2023/08/osnrosgos_posobie1_press.pdf
2. Мегатренды: основные траектории эволюции мирового порядка в XXI веке под. ред. Т. А. Шаклеиной, А. А. Байкова. Москва, 2022
3. Соловьев А.И. Принятие и исполнение государственных решений. М.: Аспект Пресс, 2017.
4. Шестопал Е.Б. Политическая психология. М, 2022.
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6. Полосин А.В. Шаг вперед: проблема мировоззрения в современной России // Вестник Московского Университета. Серия 12. Политические науки. 2022. № 3. С.7-23.

Section No.3 Historical stages of development, the Russian worldview and the values of Russian civilization

Duration of the lecture (in academic hours):	8

Purpose of the lecture:
1. tell students about students the connection between the concepts of "values" and "mentality";
2.define key terms: types of values, "mentality";
3. describe the key elements that comprise the mentality of Russian society;
4. examine the specific features of multiculturalism and the role that multiculturalism plays in the development of Russian society.

Lecture plan, order of presentation of its sections:
- Stages of development in Russian history: from Ancient Rus' to the Russian Federation
- The role of Russia in the world, stances of Russia thinkers (Solovyov V.S., Danilevsky N.Ya., Ilyin I.A.).
- Worldview and civil identity. Traditional spiritual and moral values
- Systemic model "Individual — Family — Society — State — Country"

Recommended reading:
1. Шевырев А.П., Лапин В.В., Рогачев С.В. и др. Основы российской государственности: учебное пособие для студентов естественно-научных и инженерно-технических специальностей Москва: Издательский дом «Дело» РАНХиГС, 2023. https://delo.ranepa.ru/wp-content/uploads/2023/08/osnrosgos_posobie1_press.pdf
2. Мегатренды: основные траектории эволюции мирового порядка в XXI веке под. ред. Т. А. Шаклеиной, А. А. Байкова. Москва, 2022
3. Соловьев А.И. Принятие и исполнение государственных решений. М.: Аспект Пресс, 2017.
4. Шестопал Е.Б. Политическая психология. М, 2022.
5. Алексеева Т.А. Современная политическая мысль (XX–XXI вв.): Политическая теория и международные отношения. М.,2019.
6. Полосин А.В. Шаг вперед: проблема мировоззрения в современной России // Вестник Московского Университета. Серия 12. Политические науки. 2022. № 3. С.7-23.

Section No.4 Political structure of Russia

Duration of the lecture (in academic hours):	4

Purpose of the lecture:
Review the following questions with students:
1. What principles, values, and ideas are reflected in the Constitution of the Russian Federation?
2. What is the place of constitutional law in the legal system of the Russian Federation?
3. What are the most important constitutional documents of Russia and the USSR that served as the country's fundamental law, and what is the historical context of their origin?

4. What is the content, structure, and main features of the 1993 Constitution of the Russian Federation, as amended in subsequent years?
5. How is government structured in Russia according to the Constitution of the Russian Federation? How is the principle of separation of powers implemented?
6. How are federal, regional, and local government and administrative bodies formed? Is the current formation procedure optimal?
7. How are the adoption and revision of the Constitution of the Russian Federation conducted?
8. What is the balance of rights and responsibilities of citizens enshrined in the Constitution of the Russian Federation?

Lecture plan, order of presentation of its sections:

- Foundations of the constitutional order and Russian federalism. State, power, legitimacy. Main branches and levels of public authority

Recommended reading:

1. Шевырев А.П., Лапин В.В., Рогачев С.В. и др. Основы российской государственности: учебное пособие для студентов естественно-научных и инженерно-технических специальностей Москва: Издательский дом «Дело» РАНХиГС, 2023. https://delo.ranepa.ru/wp-content/uploads/2023/08/osnrosgos_posobie1_press.pdf
2. Мегатренды: основные траектории эволюции мирового порядка в XXI веке под. ред. Т. А. Шаклеиной, А. А. Байкова. Москва, 2022
3. Соловьев А.И. Принятие и исполнение государственных решений. М.: Аспект Пресс, 2017.
4. Шестопал Е.Б. Политическая психология. М, 2022.
5. Алексеева Т.А. Современная политическая мысль (XX–XXI вв.): Политическая теория и международные отношения. М.,2019.
6. Полосин А.В. Шаг вперед: проблема мировоззрения в современной России // Вестник Московского Университета. Серия 12. Политические науки. 2022. № 3. С.7-23.

Section No.5 Challenges of the future and development of the country

Duration of the lecture (in academic hours):	4

Purpose of the lecture:
1. tell students about global and regional challenges of the present, such as:
Demographic problems of modern Russia.
Social problems of modern Russia.
Problems of regional development;
Technological development and digitalization;
Problems at the municipal level, etc.

Lecture plan, order of presentation of its sections:

- Foundations of foreign policy and security (development strategies). Russia in a changing world: global challenges and adaptation. The future of Russia

Recommended reading:

1. Шевырев А.П., Лапин В.В., Рогачев С.В. и др. Основы российской государственности: учебное пособие для студентов естественно-научных и инженерно-технических специальностей Москва: Издательский дом «Дело» РАНХиГС, 2023. https://delo.ranepa.ru/wp-content/uploads/2023/08/osnrosgos_posobie1_press.pdf
2. Мегатренды: основные траектории эволюции мирового порядка в XXI веке под. ред. Т. А. Шаклеиной, А. А. Байкова. Москва, 2022
3. Соловьев А.И. Принятие и исполнение государственных решений. М.: Аспект Пресс, 2017.
4. Шестопал Е.Б. Политическая психология. М, 2022.

5. Алексеева Т.А. Современная политическая мысль (XX–XXI вв.): Политическая теория и международные отношения. М.,2019.
6. Полосин А.В. Шаг вперед: проблема мировоззрения в современной России // Вестник Московского Университета. Серия 12. Политические науки. 2022. № 3. С.7-23.

3. SUBJECT GUIDES FOR PRACTICAL CLASSES

Table 1. Subject Guides for Practical **Б1.В.04 Fundamentals of Russian statehood** Classes

Section No.1 What is Russia	
Duration of the practical class (in academic hours):	8
Purpose of the practical class: 1. consolidate acquired knowledge about the diversity of Russian regions; 2. during the discussion, outline the topic "Russia: Geographical Factors and Natural Resources"; 3. develop an understanding of Russia's challenges and victories; 4. during the discussion, outline the topic "Heroes of the Country, Heroes of the People"	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: Preparing a report / slides presentation on the topic. Working with working with study materials	
Methods of evaluation of acquired knowledge and skills: classroom questioning, tests, discussion of the reports	
Recommended reading: 1. Шевырев А.П., Лапин В.В., Рогачев С.В. и др. Основы российской государственности: учебное пособие для студентов естественно-научных и инженерно-технических специальностей Москва: Издательский дом «Дело» РАНХиГС, 2023. https://delo.ranepa.ru/wp-content/uploads/2023/08/osnrosgos_posobie1_press.pdf 2. Мегатренды: основные траектории эволюции мирового порядка в XXI веке под. ред. Т. А. Шаклеиной, А. А. Байкова. Москва, 2022 3. Соловьев А.И. Принятие и исполнение государственных решений. М.: Аспект Пресс, 2017. 4. Шестопал Е.Б. Политическая психология. М, 2022. 5. Алексеева Т.А. Современная политическая мысль (XX–XXI вв.): Политическая теория и международные отношения. М.,2019. 6. Полосин А.В. Шаг вперед: проблема мировоззрения в современной России // Вестник Московского Университета. Серия 12. Политические науки. 2022. № 3. С.7-23.	
Section No.2 Russia as civilization state	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate acquired knowledge on the topic "Applicability and alternatives of the civilization approach"; 2. during the discussion, outline Russian civilization in historical dynamics and in academic discourse; 3. thoroughly go over Russian civilizational identity in the current stage and the patterns of constitutional order in the Russian Federation.	

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student:
Preparing a report / slides presentation on the topic. Working with working with study materials

Methods of evaluation of acquired knowledge and skills: classroom questioning, tests, discussion of the reports

Recommended reading:
1. Шевырев А.П., Лапин В.В., Рогачев С.В. и др. Основы российской государственности: учебное пособие для студентов естественно-научных и инженерно-технических специальностей Москва: Издательский дом «Дело» РАНХиГС, 2023. https://delo.ranepa.ru/wp-content/uploads/2023/08/osnrosgos_posobie1_press.pdf
2. Мегатренды: основные траектории эволюции мирового порядка в XXI веке под. ред. Т. А. Шаклеиной, А. А. Байкова. Москва, 2022
3. Соловьев А.И. Принятие и исполнение государственных решений. М.: Аспект Пресс, 2017.
4. Шестопал Е.Б. Политическая психология. М, 2022.
5. Алексеева Т.А. Современная политическая мысль (XX–XXI вв.): Политическая теория и международные отношения. М.,2019.
6. Полосин А.В. Шаг вперед: проблема мировоззрения в современной России // Вестник Московского Университета. Серия 12. Политические науки. 2022. № 3. С.7-23.

Section No.3 Historical stages of development, the Russian worldview and the values of Russian civilization

Duration of the practical class (in academic hours):	8

Purpose of the practical class:
1. consolidate acquired knowledge of the value challenges of contemporary politics;
2. during the discussion, outline the concept of worldview in the social sciences;
3. develop a systemic model of worldview;
4. thoroughly go over fundamental values of Russian civilization.

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student:
Preparing a report / slides presentation on the topic. Working with working with study materials

Methods of evaluation of acquired knowledge and skills: classroom questioning, tests, discussion of the reports

Recommended reading:
1. Шевырев А.П., Лапин В.В., Рогачев С.В. и др. Основы российской государственности: учебное пособие для студентов естественно-научных и инженерно-технических специальностей Москва: Издательский дом «Дело» РАНХиГС, 2023. https://delo.ranepa.ru/wp-content/uploads/2023/08/osnrosgos_posobie1_press.pdf
2. Мегатренды: основные траектории эволюции мирового порядка в XXI веке под. ред. Т. А. Шаклеиной, А. А. Байкова. Москва, 2022
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4. Шестопал Е.Б. Политическая психология. М, 2022.
5. Алексеева Т.А. Современная политическая мысль (XX–XXI вв.): Политическая теория и международные отношения. М.,2019.

6. Полосин А.В. Шаг вперед: проблема мировоззрения в современной России // Вестник Московского Университета. Серия 12. Политические науки. 2022. № 3. С.7-23.

Section No.4 Political structure of Russia

Duration of the practical class (in academic hours):	12

Purpose of the practical class:
1. consolidate acquired knowledge of the foundations of the state as a political institution;
2. during the discussion, outline the topic of " Power and legitimacy in constitutional terms ";
3. thoroughly go over definitions of "Levels and branches of government";
4. study the phenomenon of civic participation and civil society in modern Russia;
5. learn how future planning is carried out: national projects and state programs;
6. examine the Priority National Projects in the Far Eastern Federal District

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student:
Preparing a report / slides presentation on the topic. Working with working with study materials

Methods of evaluation of acquired knowledge and skills: classroom questioning, tests, discussion of the reports

Recommended reading:
1. Шевырев А.П., Лапин В.В., Рогачев С.В. и др. Основы российской государственности: учебное пособие для студентов естественно-научных и инженерно-технических специальностей Москва: Издательский дом «Дело» РАНХиГС, 2023. https://delo.ranepa.ru/wp-content/uploads/2023/08/osnrosgos_posobie1_press.pdf
2. Мегатренды: основные траектории эволюции мирового порядка в XXI веке под. ред. Т. А. Шаклеиной, А. А. Байкова. Москва, 2022
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5. Алексеева Т.А. Современная политическая мысль (XX–XXI вв.): Политическая теория и международные отношения. М.,2019.
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Section No.5 Challenges of the future and development of the country

Duration of the practical class (in academic hours):	8

Purpose of the practical class:
1. consolidate acquired knowledge of external and internal challenges to social development;
2. during the discussion, outline the topic "Russia and global challenges" during the discussion;
3. thoroughly go over visions of Russia's future;
4. develop guidelines for Russia's strategic development.

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student:
Preparing a report / slides presentation on the topic. Working with working with study materials

Methods of evaluation of acquired knowledge and skills: classroom questioning, tests, discussion of the reports
Recommended reading: 1. Шевырев А.П., Лапин В.В., Рогачев С.В. и др. Основы российской государственности: учебное пособие для студентов естественно-научных и инженерно-технических специальностей Москва: Издательский дом «Дело» РАНХиГС, 2023. https://delo.ranepa.ru/wp-content/uploads/2023/08/osnrosgos_posobie1_press.pdf 2. Мегатренды: основные траектории эволюции мирового порядка в XXI веке под. ред. Т. А. Шаклеиной, А. А. Байкова. Москва, 2022 3. Соловьев А.И. Принятие и исполнение государственных решений. М.: Аспект Пресс, 2017. 4. Шестопал Е.Б. Политическая психология. М, 2022. 5. Алексеева Т.А. Современная политическая мысль (XX–XXI вв.): Политическая теория и международные отношения. М.,2019. 6. Полосин А.В. Шаг вперед: проблема мировоззрения в современной России // Вестник Московского Университета. Серия 12. Политические науки. 2022. № 3. С.7-23.

4. GUIDELINES FOR CONTINUOUS AND INTERIM ASSESSMENT

Table 3. Guidelines for Conducting Continuous and Interim Assessment during the **Б1.В.04 Fundamentals of Russian statehood** Course

Type of assessment	Assessment format
Continuous assessment	- conducting and evaluating oral or written quizzes during lectures and practical classes; - assessment and evaluation of completion and results of assignments given during practical classes; - assess and evaluate completion and results of individual assignments and exam tasks given during practical classes; - assessment and evaluation of lecture notes quality.
Interim certification	is conducted in graded test format (test on a computer); it allows to assess the development of students' competencies correlating with types of professional activity.

5 ASPECTS OF THE IMPLEMENTATION OF THE COURSE FOR STUDENTS WITH DISABILITIES AND SPECIAL NEEDS

5.1. Availability of accessible environment

For students with disabilities and special needs, if a written application is submitted, lectures and practical classes are carried out taking into account health limitations, individual capabilities and medical status (hereinafter referred to as individual characteristics) of the student. Compliance with the following general requirements is ensured: teaching aids for collective and individual use are provided, required technical assistance is provided by an assistant, buildings and premises where lectures and practical classes are taking place meet accessibility requirements, other arrangements lack of which makes it impossible or difficult to master the discipline are made.

5.2. Compliance with general requirements

When lectures and practical classes are carried out at the written application of the student, the following general requirements are met: lectures and practical classes for students with disabilities and special needs take place at the same location as for students who do not have disabilities, if this does not cause difficulties for students; an assistant (assistants), who provide(s)

students with the necessary technical assistance taking into account individual characteristics of the student, is (are) provided; necessary teaching aids are provided, taking into account individual characteristics of the student.

5.3. Availability of the internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia to students with disabilities in a form accessible to them.

All internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia concerning the discipline are made available to students with disabilities in a form accessible to them.

5.4. Increase in the duration of interim assessment of students with disabilities and special needs in relation to the established duration

Format of the interim assessment of academic performance within the scope of the discipline for students with disabilities and special needs is selected taking into account individual characteristics (orally, by writing on paper, by typing on a computer, as a test, etc.). The duration of the interim assessment in relation to the established duration is increased at the written application of the student with disabilities. Time limit for the student's preparation for the test is increased by at least 0.5 hours

6. STAFFING REQUIREMENTS OF THE DISCIPLINE

Academic teaching personnel that ensure the implementation of the discipline education process meet the requirements of the Federal State Educational Standard of Higher Education for the 31.05.01 General Medicine specialty; list of the aforementioned personnel is available on the website of the educational organization.