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ФИО: Стегний Кирилл Владимирович
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Federal State Budget Educational Institution
of Higher Education
Pacific State Medical University
of the Ministry of Health of the Russian Federation

APPROVED BY

Director of the Institute of Therapy (Internal
Medicine) and Instrumental Diagnostics

_____/ Nevzorova V.A
"2nd" of April 2026

SUBJECT GUIDE FOR TEACHERS AND STUDENTS FOR

B1.C.34 Outpatient therapy

(Name of discipline)

Specialty

**31.05.01 General Medicine (English-
language program)**

(code, name)

Degree

Specialist's degree

Profile

02 "Healthcare"

(in the field of providing primary health care to the
population in medical organizations: polyclinics,
outpatient clinics, inpatient/outpatient facilities of the
municipal health care system)

Mode of study

Full-time

Period of mastering the BEP

6 years

(nominal length of study)

Institute

of Therapy (Internal Medicine) and
Instrumental Diagnostics

Subject guide for teachers and students for **B1.C.34 Outpatient therapy** is based on:

1) Federal State Educational Standard of Higher Education for the specialty approved by the Order No. 988 of Ministry of Science and Higher Education of the Russian Federation dated August 12, 2020.

2) Curriculum for the 31.05.01 General Medicine (English-language program), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), approved by the Academic Council of FSBEI HE PSMU of the Ministry of Health of Russia, Report No. 1-7/25-26 dated March 27, 2026.

Subject guide for teachers and students for **B1.C.34 Outpatient therapy** was developed by the writing team of the Institute of Therapy (Internal Medicine) and Instrumental Diagnostics of the FSBEI HE PSMU of the Ministry of Health of Russia, under the guidance of the director of the Institute, Doctor of Medical Sciences, Professor Nevzorova V.A.

Developed by:

<u>Assistant Professor</u> (position held)	<u>-</u> (academic degree, academic title)	<u>Rodionova L.V.</u> (full name)
<u>Assistant Professor</u> (position held)	<u>-</u> (academic degree, academic title)	<u>Moldovanova L.M.</u> (full name)

1. GENERAL PROVISIONS

Subject guide for **B1.C.34 Outpatient therapy** is a set of recommendations and explanations that facilitate to optimal organization of mastering this discipline.

Regular analysis of lecture materials and work with end-of-the-text questions are necessary for better understanding of the material and systematization of knowledge of **B1.C.34 Outpatient therapy**. Particular attention should be paid to emerging questions, confusing terms, and conflicts of points of view during the independent review of the lecture material. If necessary, a student should contact the teacher for advice. Lecture material streamlines students' thinking, while practical classes provide deeper insight into the material of the discipline.

Special attention should be paid to the content of the main provisions and conclusions, explanation of phenomena and facts, and clarification of the practical application of theoretic aspects of topic when preparing for a practical class. During this process students should aim to understand and remember the main provisions of the material under consideration, examples provided, as well as understand the illustrative material.

Collections of assessment tools are used to organize independent study of topics of **B1.C.34 Outpatient therapy**.

Independent work of students is facilitated by the following:

1. availability and accessibility of the necessary educational and reference material;
2. a system of regular quality control of completed independent work;
3. availability of teacher's advice.

Subject guides for self-study are presented as literary sources. Subject guides for independent work of students include a list of library resources of the educational institution and other materials accessible to students.

Independent work is a type of in-person extracurricular work of teachers and students of **B1.C.34 Outpatient therapy**. Control of independent work is conducted by the leading teacher. Evaluation of independent work results is taken into account when conducting interim examination of students throughout the **B1.C.34 Outpatient therapy** course.

Continuous assessment during **B1.C.34 Outpatient therapy** course is implemented in order to check indicators of achieving competencies, to stimulate students' academic work, and improve methods of mastering new knowledge. Continuous assessment during **B1.C.34 Outpatient therapy** course is conducted during the semester to assess all types and sections of the academic discipline that encompass the competencies developed by the discipline: classroom questioning, conducting discussions, working with tests, preparing reports. Continuous assessment of students' knowledge and results of their preparation for practical classes is conducted during every class session.

Interim assessment aims to determine the level of mastery of competency indicators. It is conducted in the exam format after the student has mastered all sections of **B1.C.34 Outpatient therapy** and takes into account learning outcomes for all types of student work over the entire period of mastering **B1.C.34 Outpatient therapy** course.

Time allotted for interim assessment is indicated in the schedule.

Assignments given during practical classes, as well as assignments aimed to prepare students for continuous and interim assessment, are included in the collection of assessment tools for **B1.C.34 Outpatient therapy**. If necessary, students should contact the teacher for advice. It is necessary to thoroughly think over questions that need clarification before seeking teacher's advice.

2. SUBJECT GUIDES FOR LECTURE CLASSES

Table 1. Subject Guides for **B1.C.34 Outpatient therapy** Lectures

Semester 9	
Topic No.1 Procedure of providing primary healthcare. Organization of the work of an outpatient clinic (polyclinic). Professional duties of a district doctor	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on organizing the work of a clinic.	
Lecture plan, order of presentation of its sections: - The procedure for providing primary health care in the Russian Federation - Organization of the work of the clinic - Professional responsibilities of a district general practitioner	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.2 Clinical guidelines, procedures and standards of providing medical aid in the work of a general practitioner	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on issues of procedures, standards and clinical guidelines in the work of a district general practitioner.	
Lecture plan, order of presentation of its sections: - Procedures for providing medical care depending on the disease profile - Standards of medical care - Clinical guidelines	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.3 Standardized forms of documentation in the practice of a district general practitioner (prescription, informed consent form, outpatient medical record, appointment slips, certificate for obtaining a voucher for health resort treatment, health resort treatment card)	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on the specifics of maintaining medical records in outpatient healthcare.	
Lecture plan, order of presentation of its sections: - Unified forms of documentation in the work of a district general practitioner - Procedure for filling out unified forms - Electronic document management	

Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.4 Temporary disability examination in the practice of a district doctor	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge of students on issues of temporary disability examination.	
Lecture plan, order of presentation of its sections: - Medical examination: definition, types - Temporary disability examination (TDE): definition, classification, levels - Functions of the district physician-therapist during the implementation of the TDE - Procedure for filling out a sick leave form - Regulatory and legal acts used in conducting the TDE	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.5 Permanent disability examination in the practice of a district doctor	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on issues of medical and social expertise (MSE).	
Lecture plan, order of presentation of its sections: - Medical examination: definition, types - MSE: definition, classification - Functions of the district physician and the medical commission when referring to the Medical and Social Expertise - Procedure for filling out a referral form for the Medical and Social Expertise (MSE) - Regulatory and legal acts used in conducting medical and social examination	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.6 Preventive medical examinations and periodic health examinations in adult population: goals, objectives, procedure, documents management	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on the diagnosis and treatment of comorbid conditions in elderly and senile individuals.	

Lecture plan, order of presentation of its sections: - Preventive measures carried out in the clinic - Medical examinations: types - Procedure for conducting a medical examination - Health groups - Brief preventive counseling for identifying risk factors for chronic non-communicable diseases	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.7 Follow-up care and observation in patients with chronic non-infectious diseases. Legislation covering follow-up care and observation in patients with high risk of developing chronic non-infectious diseases and patients with those diseases	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on issues of dispensary observation.	
Lecture plan, order of presentation of its sections: - Procedure for dispensary observation - Functions of the district physician-therapist during dispensary observation - Plan of dispensary observation in accordance with the list of nosologies subject to examination and testing - Criteria for the effectiveness of dispensary observation	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.8 Acute diseases of the upper airways (ARVI, tonsillitis, acute bronchitis) in the practice of a district doctor. Community-acquired pneumonia	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve knowledge of the diagnosis and treatment of acute respiratory viral infections and community-acquired pneumonia.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature	

1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3
2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7

Topic No.9 Chronic obstructive pulmonary disease (COPD) in the practice of a district doctor

Duration of the lecture (in academic hours):

2

Purpose of the lecture:

1. improve the level of knowledge on the diagnosis and treatment of COPD.

Lecture plan, order of presentation of its sections:

- Relevance
- Etiology, classification
- Diagnostics at the clinic
- Routing
- Treatment, including emergency and urgent care
- Examination of temporary disability, indications for referral to a medical and social examination
- Rehabilitation, prevention

Recommended literature

1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3
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Topic No.10 Bronchial asthma in the practice of a district doctor

Duration of the lecture (in academic hours):

2

Purpose of the lecture:

1. improve the level of knowledge of students on issues of diagnosis and treatment of bronchial asthma.

Lecture plan, order of presentation of its sections:

- Relevance
- Etiology, classification
- Diagnostics at the clinic
- Routing
- Treatment, including emergency and urgent care
- Examination of temporary disability, indications for referral to a medical and social examination
- Rehabilitation, prevention

Recommended literature

1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3
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Semester A

Topic No.1 Hypertension in the practice of a district doctor

Duration of the lecture (in academic hours):

2

Purpose of the lecture: 1. improve the level of knowledge on the diagnosis and treatment of hypertension.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.2 Non-coronary diseases of myocardium (myocarditis, hypertrophic and dilated cardiomyopathy) in the practice of a district doctor	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on the diagnosis and treatment of non-coronary myocardial diseases.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.3 Stable angina pectoris in the practice of a district doctor	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge of students on the diagnosis and treatment of stable coronary heart disease.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic	

- Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.4 Unstable angina pectoris in the practice of a district doctor	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on the diagnosis and treatment of unstable coronary heart disease.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.5 Atrial fibrillation in the practice of a district doctor	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. to improve the level of knowledge on the diagnosis and treatment of atrial fibrillation.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3	

2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7

Topic No.6 Arrhythmias and conduction disorders in the practice of a district doctor

Duration of the lecture (in academic hours):

2

Purpose of the lecture:

1. improve the level of knowledge of students on issues of diagnosis and treatment of cardiac rhythm and conduction disorders.

Lecture plan, order of presentation of its sections:

- Relevance
- Etiology, classification
- Diagnostics at the clinic
- Routing
- Treatment, including emergency and urgent care
- Examination of temporary disability, indications for referral to a medical and social examination
- Rehabilitation, prevention

Recommended literature

1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3

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Topic No.7 Congestive heart failure in the practice of a district doctor

Duration of the lecture (in academic hours):

2

Purpose of the lecture:

1. improve the level of knowledge of students on the diagnosis and treatment of CHF.

Lecture plan, order of presentation of its sections:

- Relevance
- Etiology, classification
- Diagnostics at the clinic
- Routing
- Treatment, including emergency and urgent care
- Examination of temporary disability, indications for referral to a medical and social examination
- Rehabilitation, prevention

Recommended literature

1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3

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Topic No.8 Consequences of acute cerebrovascular accidents in the practice of a district doctor

Duration of the lecture (in academic hours):

2

Purpose of the lecture:

1. improve the level of knowledge on the diagnosis and treatment of syncopal conditions.

Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.9 Syncope and acquired heart defects in the practice of a district doctor	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on issues of diagnosis and treatment of acquired heart defects.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.10 Prevention of cardiovascular complications and mortality in the practice of a general practitioner	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on issues of prevention of cardiovascular complications and mortality in the practice of a general practitioner.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination	

- Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Semester 11 Topic No.1 Diabetes mellitus in the practice of a district doctor	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge of students on the diagnosis and treatment of diseases of the esophagus, stomach, and duodenum.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.2 Diseases of the esophagus, stomach, and duodenum in the practice of a district doctor	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on the diagnosis and treatment of diseases of the esophagus, stomach, and duodenum.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3	

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Topic No.3 Intestinal diseases in the practice of a district doctor

Duration of the lecture (in academic hours):

2

Purpose of the lecture:

1. improve the level of knowledge on the diagnosis and treatment of intestinal diseases.

Lecture plan, order of presentation of its sections:

- Relevance
- Etiology, classification
- Diagnostics at the clinic
- Routing
- Treatment, including emergency and urgent care
- Examination of temporary disability, indications for referral to a medical and social examination
- Rehabilitation, prevention

Recommended literature

1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3

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Topic No.4 Diseases of the pancreas in the practice of a district doctor

Duration of the lecture (in academic hours):

2

Purpose of the lecture:

1. improve the level of knowledge on the diagnosis and treatment of pancreatic diseases.

Lecture plan, order of presentation of its sections:

- Relevance
- Etiology, classification
- Diagnostics at the clinic
- Routing
- Treatment, including emergency and urgent care
- Examination of temporary disability, indications for referral to a medical and social examination
- Rehabilitation, prevention

Recommended literature

1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3

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Topic No.5 Diseases of the liver in the practice of a district doctor (non-alcoholic fatty liver disease, hepatitis, cirrhosis)

Duration of the lecture (in academic hours):

2

Purpose of the lecture:

1. improve the level of knowledge of students on the diagnosis and treatment of liver diseases

Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.6 Diseases of the kidney in the practice of a district doctor (acute and chronic pyelonephritis, glomerulonephritis)	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on the diagnosis and treatment of kidney diseases.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.7 Chronic kidney disease in the practice of a district doctor	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on the diagnosis and treatment of CKD.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	

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Topic No.8 Pathology of hemostasis in the practice of a district doctor	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on the diagnosis and treatment of diseases of the hemostasis system.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.9 Anemia in the practice of a district doctor (iron deficiency anemia, B12 deficiency anemia, anemia of pregnancy)	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve students' knowledge on the diagnosis and treatment of anemia.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.10 Geriatric patient in the practice of a district doctor: aspects of somatic pathology in geriatric patients. Pharmacological treatment of geriatric patients	

Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on geriatric issues.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.11 Frailty syndrome: diagnostic algorithm, follow-up care and observation	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on issues of frailty.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.12 Oncological alertness in the practice of a district doctor: screening, diagnostic algorithm in patients with suspected oncology	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve knowledge of oncological alertness.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing	

- Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.13 Palliative care in outpatient setting	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. improve the level of knowledge on palliative care issues in the Russian Federation.	
Lecture plan, order of presentation of its sections: - Relevance - Etiology, classification - Diagnostics at the clinic - Routing - Treatment, including emergency and urgent care - Examination of temporary disability, indications for referral to a medical and social examination - Rehabilitation, prevention	
Recommended literature 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	

3. SUBJECT GUIDES FOR PRACTICAL CLASSES

Table 2. Subject Guides for Practical **B1.C.34 Outpatient therapy** Classes

Semester 9 Topic No.1 Procedure of providing primary healthcare in the Russian Federation. Organization of the work of an outpatient clinic (polyclinic). Professional duties of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over the specifics of providing medical care in the outpatient healthcare sector and the functions of the district general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	

Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.

Recommended reading:

1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3

2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7

Topic No.2 Clinical guidelines, procedures and standards of providing medical aid in the work of a general practitioner

Duration of the practical class (in academic hours):

4

Purpose of the practical class:

1. consolidate knowledge acquired during lectures;
2. during the discussion, outline the regulatory and legal acts;
3. thoroughly go over patient routing issues;
4. develop algorithms for making clinical decisions based on procedures, standards for providing medical care, and clinical recommendations in the outpatient practice of a general practitioner

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.

Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.

Recommended reading:

1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3

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Topic No.3 Standardized forms of documentation in the practice of a district general practitioner (prescription, informed consent form, outpatient medical record, appointment slips, certificate for obtaining a voucher for health resort treatment, health resort treatment card)

Duration of the practical class (in academic hours):

4

Purpose of the practical class:

1. consolidate knowledge acquired during lectures;
2. during the discussion, outline the regulatory and legal acts;
3. thoroughly go over issues related to the procedure for filling out medical documentation;
4. develop algorithms for filling out medical documentation.

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.

Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.

Recommended reading: 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.4 Temporary disability examination in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over the issues of the TDE; 4. work out the algorithms of conducting TDE.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
Recommended reading: 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.5 Permanent disability examination in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over the issues of the MSE; 4. work out the algorithms of conducting MSE.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
Recommended reading: 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	

Topic No.6 Preventive medical examinations and periodic health examinations in adult population: goals, objectives, procedure, documents management	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over issues of medical examination and preventive counseling; 4. develop algorithms for preventive work.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
Recommended reading: 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.7 Follow-up care and observation in patients with chronic non-infectious diseases. Legislation covering follow-up care and observation in patients with high risk of developing chronic non-infectious diseases and patients with those diseases	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over issues of follow-up care and observation; 4. develop algorithms for follow-up care and observation.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
Recommended reading: 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.8 Acute diseases of the upper airways (ARVI, tonsillitis, acute bronchitis) in the practice of a district doctor. Community-acquired pneumonia	
Duration of the practical class (in academic hours):	4

Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
Recommended reading: 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.9 Chronic obstructive pulmonary disease (COPD) in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
Recommended reading: 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.10 Bronchial asthma in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines;	

4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
Recommended reading: 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.11 Prediabetes in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
Recommended reading: 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.12 Diabetes mellitus in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	

Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
Recommended reading: 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.13 Diseases of the thyroid in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
Recommended reading: 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Semester 10	
Topic No.1 Hypertension in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	

Recommended reading:

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Topic No.2 Non-coronary diseases of myocardium (myocarditis, hypertrophic and dilated cardiomyopathy) in the practice of a district doctor

Duration of the practical class (in academic hours):

4

Purpose of the practical class:

1. consolidate knowledge acquired during lectures;
2. during the discussion, outline the regulatory and legal acts;
3. thoroughly go over treatment standards from the perspective of clinical guidelines;
4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.

Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.

Recommended reading:

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Topic No.3 Stable angina pectoris in the practice of a district doctor

Duration of the practical class (in academic hours):

4

Purpose of the practical class:

1. consolidate knowledge acquired during lectures;
2. during the discussion, outline the regulatory and legal acts;
3. thoroughly go over treatment standards from the perspective of clinical guidelines;
4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.

Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.

Recommended reading:

1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3

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Topic No.4 Unstable angina pectoris in the practice of a district doctor

Duration of the practical class (in academic hours):

4

Purpose of the practical class:

1. consolidate knowledge acquired during lectures;
2. during the discussion, outline the regulatory and legal acts;
3. thoroughly go over treatment standards from the perspective of clinical guidelines;
4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.

Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.

Recommended reading:

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Topic No.5 Atrial fibrillation in the practice of a district doctor

Duration of the practical class (in academic hours):

4

Purpose of the practical class:

1. consolidate knowledge acquired during lectures;
2. during the discussion, outline the regulatory and legal acts;
3. thoroughly go over treatment standards from the perspective of clinical guidelines;
4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.

Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.

Recommended reading:

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Topic No.6 Arrhythmias and conduction disorders in the practice of a district doctor

Duration of the practical class (in academic hours):

4

Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
Recommended reading: 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.7 Congestive heart failure in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
Recommended reading: 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.8 Syncopal states in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines;	

4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
Recommended reading: 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.9 Syncope and acquired heart defects in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
Recommended reading: 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.10 Prevention of cardiovascular complications and mortality in the practice of a general practitioner	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	

Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
Recommended reading: 1. Outpatient therapy: textbook edited by Larina V.N. M.: GEOTAR-Media, 2023. - 456 p. – ISBN 978-5-9704-7708-3 2. Outpatient therapy: textbook edited by Drapkina O.M., Davydkin I.L. M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	
Topic No.11 Consequences of acute cerebrovascular accidents in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
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Topic No.12 Acute infectious diseases in the practice of a general practitioner. Procedures at the site of infection	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	

Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
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Topic No.13 Diseases of the joints in the practice of a district doctor (osteoarthritis, gout, rheumatic arthritis, rheumatoid arthritis)	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
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Semester 11	
Topic No.1 Back pain in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	

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Topic No.2 Osteoporosis in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
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Topic No.3 Diseases of the esophagus in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
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Topic No.4 Diseases of the stomach and duodenum in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
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Topic No.5 Intestinal diseases in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
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Topic No.6 Diseases of the pancreas in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures;	

2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
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Topic No.7 Diseases of the liver in the practice of a district doctor (non-alcoholic fatty liver disease, hepatitis, cirrhosis)	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
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Topic No.8 Diseases of the kidney in the practice of a district doctor (acute and chronic pyelonephritis, glomerulonephritis)	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines;	

4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
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Topic No.9 Chronic kidney disease in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
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Topic No.10 Pathology of hemostasis in the practice of a district doctor	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	

Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
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Topic No.11 Anemia in the practice of a district doctor (iron deficiency anemia, B12 deficiency anemia, anemia of pregnancy)	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.	
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Topic No.12 Geriatric patient in the practice of a district doctor: aspects of somatic pathology in geriatric patients. Pharmacological treatment of geriatric patients	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	

Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.

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Topic No.13 Frailty syndrome: diagnostic algorithm, follow-up care and observation

Duration of the practical class (in academic hours):

4

Purpose of the practical class:

1. consolidate knowledge acquired during lectures;
2. during the discussion, outline the regulatory and legal acts;
3. thoroughly go over treatment standards from the perspective of clinical guidelines;
4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.

Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.

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Topic No.14 Oncological alertness in the practice of a district doctor: screening, diagnostic algorithm in patients with suspected oncology

Duration of the practical class (in academic hours):

4

Purpose of the practical class:

1. consolidate knowledge acquired during lectures;
2. during the discussion, outline the regulatory and legal acts;
3. thoroughly go over treatment standards from the perspective of clinical guidelines;
4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.

Methods of evaluation of acquired knowledge and skills: classroom questioning, discussions of the reports, tests, working with case studies.

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Topic No.15 Palliative care in outpatient setting	
Duration of the practical class (in academic hours):	4
Purpose of the practical class: 1. consolidate knowledge acquired during lectures; 2. during the discussion, outline the regulatory and legal acts; 3. thoroughly go over treatment standards from the perspective of clinical guidelines; 4. develop algorithms for making clinical decisions based on clinical recommendations in the outpatient practice of a general practitioner.	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: working with clinical guidelines on the topic; preparing for continuous assessment; working with literary sources; preparing a report on the lecture.	
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4. GUIDELINES FOR CONTINUOUS AND INTERIM ASSESSMENT

Table 3. Guidelines for Conducting Continuous and Interim Assessment during **B1.C.34 Outpatient therapy** Course

Type of assessment	Assessment format
Continuous assessment	- conducting and evaluating oral quizzes during practical classes; - assessment and evaluation of completion and results of assignments given during practical classes; - assess and evaluate completion and results of individual assignments and exam tasks given during practical classes; - assessment and evaluation of lecture notes quality.
Interim certification	is conducted in exam format; it allows to assess the development of students' competencies correlating with types of professional activity.

5 ASPECTS OF THE IMPLEMENTATION OF THE COURSE FOR STUDENTS WITH DISABILITIES AND SPECIAL NEEDS

5.1. Availability of accessible environment

For students with disabilities and special needs, if a written application is submitted, lectures and practical classes are carried out taking into account health limitations, individual capabilities and medical status (hereinafter referred to as individual characteristics) of the student. Compliance with the following general requirements is ensured: teaching aids for collective and individual use are provided, required

technical assistance is provided by an assistant, buildings and premises where lectures and practical classes are taking place meet accessibility requirements, other arrangements lack of which makes it impossible or difficult to master the discipline are made.

5.2. Compliance with general requirements

When lectures and practical classes are carried out at the written application of the student, the following general requirements are met: lectures and practical classes for students with disabilities and special needs take place at the same location as for students who do not have disabilities, if this does not cause difficulties for students; an assistant (assistants), who provide(s) students with the necessary technical assistance taking into account individual characteristics of the student, is (are) provided; necessary teaching aids are provided, taking into account individual characteristics of the student.

5.3. Availability of the internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia to students with disabilities in a form accessible to them.

All internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia concerning the discipline are made available to students with disabilities in a form accessible to them.

5.4. Increase in the duration of interim assessment of students with disabilities and special needs in relation to the established duration

Format of the interim assessment of academic performance within the scope of the discipline for students with disabilities and special needs is selected taking into account individual characteristics (orally, by writing on paper, by typing on a computer, as a test, etc.). The duration of the interim assessment in relation to the established duration is increased at the written application of the student with disabilities. Time limit for the student's preparation for the test is increased by at least 0.5 hours

6. STAFFING REQUIREMENTS OF THE DISCIPLINE

Academic teaching personnel that ensure the implementation of the discipline education process meet the requirements of the Federal State Educational Standard of Higher Education for the 31.05.01 General Medicine specialty; list of the aforementioned personnel is available on the website of the educational organization.

