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Federal State Budget Educational Institution  
of Higher Education

Pacific State Medical University

of the Ministry of Health of the Russian Federation

APPROVED BY

First Vice-Rector

  
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/ Trankovskaya L.V./  
" 9 " \_\_\_\_\_ 2025

## DISCIPLINE WORK PROGRAM

### B1.B.03 Russian as second language

(name of discipline)

Specialty

**31.05.01 General Medicine  
for international students (in English)**  
(code, name)

Degree

Specialist's degree

Profile

02 "Healthcare"  
(in the field of providing primary health care  
to the population in medical organizations:  
polyclinics, outpatient clinics,  
inpatient/outpatient facilities of the municipal  
health care system)

Mode of study

Full-time

Period of mastering the BEP

**6 years**

(nominal length of study)

Department

of Foreign Languages

Vladivostok, 2025

Program of the discipline **Б1.Б.03 Russian as second language** is based on:

- 1) Federal State Educational Standard of Higher Education for the specialty approved by the Order No. 988 of Ministry of Science and Higher Education of the Russian Federation dated August 12, 2020.
- 2) Changes that are made to the Federal State Educational Standard of Higher Education by the order of Ministry of Science and Higher Education of the Russian Federation No. 208, dated February 27, 2023.
- 3) Curriculum for the 31.05.01 General Medicine for international students (in English), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), approved by the Academic Council of FSBEI HE PSMU of the Ministry of Health of Russia, Report No. 8/24-25 dated March 31, 2025.

Work program for the discipline was developed by the writing team of the Department of Foreign Languages of the FSBEI HE PSMU of the Ministry of Health of Russia, under the guidance of the Head of the Department, Candidate of Pedagogical Sciences, associate professor Rudenko E.E.

**Developed by:**

<hr/> <b>Head of the Department</b> (position held)	Associate professor, Candidate of Pedagogical Sciences (academic degree, academic title)	<hr/> <b>Rudenko E.E.</b> (full name)
<hr/> <b>Assistant Professor</b> (position held)	Candidate of Philological Sciences (academic degree, academic title)	<hr/> <b>Makusheva Zh. N.</b> (full name)

## 1. GENERAL PROVISIONS

### 1.1. Purpose and Objectives of Mastering Б1.Б.03 Russian as second language

The purpose of mastering the discipline is achieving a level of proficiency in universal and general professional competences, namely the level of skills' proficiency that allow to use modern communication technologies (including in foreign languages) in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of municipal health care system and medical institutions providing primary health care to the population.

**Objectives** of mastering the discipline:

1. To use acquired knowledge in: complying with the norms of public speech, presenting information in an accessible manner in oral and written speech, and conducting discussions of conditions requiring urgent medical intervention in a foreign language competently.
2. To be able to use acquired knowledge in: complying with the norms of public speech, presenting information in an accessible manner in oral and written speech, and conducting discussions of conditions requiring urgent medical intervention in a foreign language competently.
3. To acquire skills in: complying with the norms of public speech, presenting information in an accessible manner in oral and written speech, and conducting discussions of conditions requiring urgent medical intervention in a foreign language competently.

## 2. DISCIPLINE AS PART OF THE BASIC EDUCATIONAL PROGRAM

Discipline **Б1.Б.03 Russian as second language** is included in the Part developed by the parties of educational process of the basic educational program for the specialty 31.05.01 General Medicine for international students (in English), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), and is part of the 4th semester's curriculum.

## 3. PLANNED LEARNING OUTCOMES OF THE DISCIPLINE

3.1. Mastering the discipline **Б1.Б.03 Russian as second language** is aimed at the development of students' competencies. The discipline facilitates the development of students' competencies corresponding to the types of professional activity.

Name of competency category (group) / Labor function	Code and Name of competency of the graduate	Competency Indicators
<b>Universal competencies</b>		

Health and Safety	UC-8. Is able to create and maintain safe living conditions and workplace while preserving the natural environment and ensuring sustainable societal development, including under the danger and occurrence of emergencies or military conflicts	CI.UC-8 <sub>1</sub> - estimates life safety conditions necessary to preserve the natural environment and ensure sustainable societal development CI.UC-8 <sub>2</sub> - identifies harmful occupational agents and hazardous conditions within the framework of professional activity, follows safety precautions and takes measures to prevent emergencies in the process of achieving objectives of professional activity CI.UC-8 <sub>3</sub> - understands the scope of professional activity during natural and man-made emergencies or military conflicts
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<b>Professional Competencies</b>		
A/01.7 Providing emergency or urgent medical care to the patient	PC-1. Ability and readiness to provide emergency medical care in conditions requiring urgent medical intervention	CI.PC -1 <sub>1</sub> - has a grasp of conditions requiring emergency and urgent medical care; CI.PC -1 <sub>2</sub> - identifies main priority methods of emergency medical care; CI.PC -1 <sub>3</sub> - demonstrates skills of providing emergency or urgent care for conditions requiring urgent medical intervention

3.2. Types of professional activity corresponding to competencies developed over the course of mastering **B1.B.03 Russian as second language**:

Types of professional activity objectives

1. *Medical*

Kinds of professional activity objectives

1. *administrative work*

3.3. Planned learning outcomes of mastering the discipline are represented by knowledge, skills, abilities and/or experience, characterize the stages of developing competencies and ensure achievement of the planned outcomes of mastering the basic educational program. Learning outcomes of a discipline are correlated with competency indicators.

#### **4. SCOPE AND CONTENT OF THE DISCIPLINE**

4.1. Scope of the Discipline and Types of Academic Work

<b>Type of Academic Work</b>	<b>Total Hours</b>	<b>Semesters</b>
		<b>4</b>
		<b>hours</b>
1	2	3
<b>Classroom hours (total), including:</b>	<b>40</b>	<b>40</b>
Lectures (L)	10	10
Practical classes (C)	30	30
<b>Independent work of the student (IW), including:</b>	<b>32</b>	<b>32</b>
<i>Preparing for classes (CP)</i>	10	10

<i>Preparing for continuous assessment (CAP)</i>	10	10
<i>Preparation for interim assessment (IAP)</i>	12	12
Interim assessment		
<b>Type of interim assessment</b>	pass/fail test (T)	T
	exam (E)	
<b>TOTAL: TOTAL credit value</b>	hrs.	<b>72</b>
	credits	<b>2</b>

#### 4.2. Contents of the Discipline

##### 4.2.1. Topics of Discipline Lectures and Academic Hours per Semester

No.	Lecture Topic	Hours
1	2	3
Semester No. 4		
1.	Topic No. 1: Noun. Lexical and grammatical categories of nouns	2
2.	Topic No. 2: Grammatical number of nouns	2
3.	Topic No. 3: Grammatical case of a nouns	2
4.	Topic No. 4: Adjectives as a part of speech. Lexical and grammatical categories of adjectives	2
5.	Topic No. 5: Declension of adjectives. The category of completeness-brevity and the category of degrees of comparison of an adjective	2
<b>Hours per semester total</b>		<b>10</b>

##### 4.2.2. Topics of Discipline Practical Classes and Academic Hours per Semester

No.	Practical Class Topic	Hours
1	2	3
Semester No. 4		
1	Topic No. 1: How to name parts of the human body? Formation of adjectives. Constructions: “где находится что, что находится где, где располагается что, что располагается где, где расположено что, что расположено где, где имеется что”	6
2	Topic No. 2: How do you define a concept? What do you call an object? (Basic concepts of human anatomy). Constructions: “это что, что называется чем, что называют чем”	6
3	Topic No. 3: How do you describe the structure of an object? (The human skeleton, the structure of bone tissue). Structure from whole to part (constructions: “что состоит из чего, что включает в себя что, что имеет в своём составе что, что образовано чем”); structure from part to whole (constructions: “что входит в состав чего, что образует что”)	6
4	Topic No. 4: How do we talk about the classification of objects? (Classification of bones, bone connections). Constructions: “по какому признаку что делится, подразделяется, разделяется на что? Что относится / принадлежит чему?”	6
5	Revision	4
6	Final lesson. Pass/fail test	2
<b>Hours per semester total</b>		<b>30</b>

#### 4.2.3. Independent Work of the Student

No.	Name of the Discipline Section	Type of IW	Total Hours
1	3	4	5
Semester No. 1			
1	Topic No. 1	Preparing for practical classes; Preparing for continuous assessment; Preparing for interim assessment	10
2	Topic No. 2		10
3	Topic No. 3		12
4	Topic No. 4		
<b>Hours per semester total</b>			<b>32</b>

## 5. REQUIREMENTS FOR IMPLEMENTATION OF DISCIPLINE

### 5.1. Discipline Requirements for Educational Materials and Provided Information

Essential reading

No.	Name/Title, Resource Type	Author(s)/Editor	Publisher Imprint, Web Address	Number of Copies (accesses) in the Library and Information Center
1	2	3	4	5
1	Russian as a Foreign Language for Medical Students: a Study Guide (Electronic Resource)	Linnik L.A. Petrosyan M.M. Leonova A. S.	Moscow: GEOTAR-Media, 2021. – 160 p. : ELS «Student Advisor». – URL: <a href="https://www.studentlibrary.ru/book/ISBN9785970461112.html">https://www.studentlibrary.ru/book/ISBN9785970461112.html</a>	Unlimited access
2	Russian language: spelling, morphology: a tutorial (electronic resource)	Rogacheva E.N., Frolova O.A.	M.: FLINTA, 2020. – 160 p. (Russian as a foreign language) ELS «Student Advisor». – URL: <a href="https://www.studentlibrary.ru/book/ISBN9785976518520.html">https://www.studentlibrary.ru/book/ISBN9785976518520.html</a>	Unlimited access
3	Russian as a Foreign Language. Medical Vocabulary: A Study Guide (Electronic Resource)	Sannikova A.V. Gladysheva M.K. Lyudchik N.N. Sharapa A.A.	Minsk: Higher School, 2019. – 272 p. «Student Advisor» – URL: <a href="https://www.studentlibrary.ru/book/ISBN9789850631497.html">https://www.studentlibrary.ru/book/ISBN9789850631497.html</a>	Unlimited access

Supplementary reading

No.	Name/Title, Resource Type	Author(s)/Editor	Publisher Imprint, Web Address	Number of Copies (accesses) in the Library and Information Center
1	2	3	4	5
1	Russian as a Foreign Language:	Vishnyakov	M.: FLINTA, 2020. –	Unlimited

	Textbook (Electronic Resource)	S.A.	240 p. ELS «Student Advisor». – URL: <a href="https://www.studentlibraru/book/ISBN97858934963901021.html">https://www.studentlibraru/book/ISBN97858934963901021.html</a>	access
2	Russian as a Foreign Language. Watch!: Practicum for the Audiovisual Course (electronic resource)	Romanova I.S.	SPb: ITMO, 2017. – 51 p. Electronic Library System "BookUp". – URL: <a href="https://www.books-up.ru/ru/book/russkij-yazyk-kak-inostrannyj-posmotrite-10146844/">https://www.books-up.ru/ru/book/russkij-yazyk-kak-inostrannyj-posmotrite-10146844/</a>	Unlimited access
3	Modern Russian. Morphemics. Word Formation. Morphology: A Study Guide (electronic resource)	Malysheva E.G. Rogaleva O.S.	M.: FLINTA, 2019. – 328 p. ELS «Student Advisor». – URL: <a href="https://www.studentlibraru/book/ISBN9785976516304.html">https://www.studentlibraru/book/ISBN9785976516304.html</a>	Unlimited access

#### Online resources

1. Electronic library system "Student Consultant" <http://studmedlib.ru/>
2. Electronic library system "University Library Online" <http://www.biblioclub.ru/>
3. Electronic library system "Urait" <https://urait.ru/>
4. Electronic library system "BookUp" <https://www.books-up.ru/>
5. Resources owned by the Library and Information Center of FSBEI HE PSMU of the Ministry of Health of Russia <https://tgmu.ru/university/bibliotechno-informacionnyj-centr/resursy-bic/sobstvennye/>

Online resources and respective user guides are available on the Library and Information Center website [Library and Information Center — PSMU \(tgmu.ru\)](https://tgmu.ru/university/bibliotechno-informacionnyj-centr/)



#### 5.2. Discipline Requirements for Facilities and Resources

Information on the facility and resource availability and requirements of the discipline is available on the [Facility and resource availability and requirements. FSBEI HE PSMU of the Ministry of Health of Russia \(tgmu.ru\)](https://tgmu.ru/university/bibliotechno-informacionnyj-centr/) page of the official website of the university.



#### 5.3. List of Information Technologies, Information and Reference Systems, Licensed and Free Software (Including Domestically-developed Software):

1. Polycom Telepresence M100 Desktop Conferencing Application (videoconferencing session)
2. 7-PDF Split & Merge
3. ABBYY FineReader
4. Kaspersky Endpoint Security

5. Microsoft Windows 7
6. Microsoft Office Pro Plus 2013
7. MOODLE (modular object-oriented dynamic learning environment)
8. "Dialogue NIBELUNG" digital language laboratory software
9. Adobe Creative Cloud (Photoshop, Illustrator, InDesign, Acrobat Pro и т.д.)
10. ISpring Suite 9

## **6. ASPECTS OF THE IMPLEMENTATION OF THE DISCIPLINE FOR STUDENTS WITH DISABILITIES AND SPECIAL NEEDS**

### **6.1. Availability of Accessible Environment**

For students with disabilities and special needs, if a written application is submitted, lectures and practical classes are carried out taking into account health limitations, individual capabilities and medical status (hereinafter referred to as individual characteristics) of the student. Compliance with the following general requirements is ensured: teaching aids for collective and individual use are provided, required technical assistance is provided by an assistant; buildings and premises where lectures and practical classes are taking place meet accessibility requirements, other arrangements lack of which makes it impossible or difficult to master the discipline are made.

### **6.2. Ensuring Compliance with General Requirements**

When lectures and practical classes are carried out at the written application of the student, the following general requirements are met: lectures and practical classes for students with disabilities and special needs take place at the same location as for students who do not have disabilities, if this does not cause difficulties for students; an assistant (assistants), who provide(s) students with the necessary technical assistance taking into account individual characteristics of the student, is (are) provided; necessary teaching aids are provided, taking into account individual characteristics of the student.

### **6.3. Availability of the Internal Policies and Procedures of FSBEI HE PSMU of the Ministry of Health of Russia to Students with Disabilities in a Format Accessible to Them.**

All internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia concerning the discipline are made available to students with disabilities in a format accessible to them.

### **6.4. Increase in the Time Limit of Interim Assessment for Students with Disabilities and Special Needs in Relation to the Established duration**

Format of the interim assessment of academic performance within the scope of the discipline conducted for students with disabilities and special needs is selected taking into account individual characteristics of the students (orally, by writing on paper, by typing on a computer, as a test, etc.). The duration of the interim assessment in relation to the established duration is increased at the written application of the student with disabilities. Time limit for the student's preparation for the test is increased by at least 0.5 hours.

## **7. STAFFING REQUIREMENTS OF THE DISCIPLINE**

Academic teaching personnel that ensure the implementation of the discipline education process meet the requirements of the Federal State Educational Standard of Higher Education for the 31.05.01 General Medicine for international students (in English) specialty; list of the aforementioned personnel is available on the website of the educational organization.



## **8. TUTORIAL WORK**

Tutorial work for the discipline is carried out in accordance with the Tutorial work program and Tutorial work schedule of the basic educational program for the 31.05.01 General Medicine for international students (in English) specialty.

The effectiveness and efficiency of the tutorial work are assessed and reviewed by the scientific and pedagogical staff of the Department of Foreign languages and discussed at the Educational and Methodological Board for the 31.05.01 General Medicine for international students (in English) specialty, profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system).