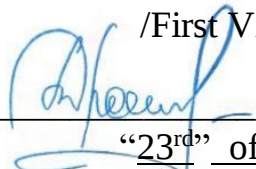


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Federal State Budget Educational Institution
of Higher Education
Pacific State Medical University
of the Ministry of Health of the Russian Federation

APPROVED BY

/First Vice-Rector

 / Dvoynikova E.R./
“23rd” of June 2026

PRACTICAL TRAINING WORK PROGRAM

Type of practical training Practical placement

**B2.C.07(P) Practical training aimed at obtaining professional skills and
experience of professional activity as medium-level medical personnel**

B2.C.07.01(P) Nursing practical training

Credit value

5 credits / 3 2/6 weeks

(credit points/ weeks)

Format of practical training

continuous

(continuous/ discrete)

Practical training method

stationary

(stationary/on-site)

Specialty

**31.05.01 General Medicine (English-language
program)**

Degree

Specialist's degree

Profile

02 "Healthcare"

(in the field of providing primary health care to the
population in medical organizations: polyclinics, outpatient
clinics, inpatient/outpatient facilities of the municipal health
care system)

Mode of study

Full-time

Period of mastering the BEP

6 years

(nominal length of study)

Institute

of Simulation and Training Technology

Academic training program for **B2.C.07(P) Practical training aimed at obtaining professional skills and experience of professional activity as medium-level medical personnel;**
B2.C.07.01(P) Nursing practical training is based on:

1) Federal State Educational Standard of Higher Education for the specialty approved by the Order No. 988 of Ministry of Science and Higher Education of the Russian Federation dated August 12, 2020.

2) Curriculum for the 31.05.01 General Medicine (English-language program), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), approved by the Academic Council of FSBEI HE PSMU of the Ministry of Health of Russia, Report No. 1-7/25-26 dated March 27, 2026.

Practical training work program was developed by the writing team of the Institute of Simulation and Training Technology of the FSBEI HE PSMU of the Ministry of Health of Russia, under the guidance of the director of the institute, Gnezdilov V.V.

Developed by:

<u>Director of the Institute</u> (position held)	<u>(academic degree, academic title)</u> Doctor of Medical Sciences, Associate Professor	<u>Gnezdilov V.V.</u> (full name)
<u>Professor</u> (position held)	<u>(academic degree, academic title)</u>	<u>Solyanik E.V.</u> (full name)
<u>Assistant professor</u> (position held)	<u>Candidate of Medical Sciences</u> (academic degree, academic title)	<u>Maystrovskaya Y.V.</u> (full name)

1. GENERAL PROVISIONS

1.1. Purpose and Objectives of the Practical Training B2.C.07(P) Practical training aimed at obtaining professional skills and experience of professional activity as medium-level medical personnel; B2.C.07.01(P) Nursing practical training

Purpose Consolidation and deeper insight into knowledge in emergency medical care gained during theoretical training, acquisition of skills necessary for work as medium-level medical personnel (a nurse), using medical equipment and instruments required for primary health care, including emergency medical procedures.

Gaining experience in independent professional work as a nurse with direct participation in the activities of public and medical organizations through volunteer work.

Development and enhancement of competencies necessary for performing work activities within the framework of labor functions of **02.009 Physician, M.D. (primary care physician, district doctor) Occupational standard.**

In addition, the **objectives** of academic training **B2.C.07(P) Practical training aimed at obtaining professional skills and experience of professional activity as medium-level medical personnel; B2.C.07.01(P) Nursing practical training** are

- to consolidate and deepen knowledge of the key stages of a nurse's work, duties and responsibilities in working with patients with internal diseases from the perspective of nursing staff in various departments of a multidisciplinary hospital;
- to develop practical skills in organizing the work of medical personnel in medical organizations, defining functional responsibilities and the optimal algorithm for their implementation;
- to develop skills in organizing occupational health and safety measures, preventing occupational diseases, monitoring compliance with and ensuring environmental safety;
- develop communication skills in interacting with patients and their relatives using the principles of ethics and medical deontology;
- develop skills in communicating with a team.

1.2 Practical Training B2.C.07(P) Practical training aimed at obtaining professional skills and experience of professional activity as medium-level medical personnel; B2.C.07.01(P) Nursing practical training as a Part of the Basic Educational Program of Higher Education of the Specialty 31.05.01 General Medicine (English-language program), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system).

1.2.1 B2.C.07(P) Practical training aimed at obtaining professional skills and experience of professional activity as medium-level medical personnel; B2.C.07.01(P) Nursing practical training is a part of Block 2 "Academic (educational) training / practical placement" of the 31.05.01 General Medicine (English-language program) specialty curriculum.

1.2.2 Practical training is carried out during semester No. 4.

Type of practical training: practical placement;

Practical training method: stationary;

Practical training format: continuous.

1.3 Planned learning outcomes of practical training, correlated with the planned outcomes of mastering the basic educational program of higher education for specialty 31.05.01 General Medicine (English-language program), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system).

Name of Competency Category (Group)	Code and Name of Competency	Competency Indicators
Universal Competencies		

Development and implementation of projects	UC-2. Able to manage all stages of the project life cycle	AI.UC-2 ₁ - formulates a professional project goal and ways to solve it AI.UC-2 ₂ - develops a strategy and plan for project execution, foresees possible risks and ways to deal with them, as well as necessary resources AI.UC-2 ₃ - controls and monitors the progress of project execution and mitigates any risks, introduces further changes to project execution plan
General Professional Competencies		
Ethical and legal basis of professional activity	GPC-1. Able to abide by moral and legal norms, ethical and deontological principles in the professional activity	AI.GPC-1 ₁ - abides by ethical norms and deontological principles when working to achieve objectives of professional activity AI.GPC-1 ₂ - has an understanding of moral and legal norms of the professional and social spheres of life AI.GPC-1 ₃ - abides by moral and legal norms when working to achieve objectives of professional activity
Healthy lifestyle	GPC-2. Able to conduct and monitor the effectiveness of disease prevention measures, actions aimed at development of a healthy lifestyle, and health and hygiene education of the population	AI.GPC-2 ₁ - plans disease prevention measures and evaluates their efficiency AI.GPC-2 ₂ - proposes actions aimed at development of a healthy lifestyle AI.GPC-2 ₃ - uses different types of health and hygiene education of the population when working to achieve objectives of professional activity AI.GPC-2 ₄ - has a grasp of methods of primary prevention, assessment of natural, medical and social factors influencing disease progression
Instrumental Diagnostics	GPC-4. Able to use medical devices included in the healthcare guidelines, as well as perform medical examination to make a diagnosis	AI.GPC-4 ₁ - uses medical devices for diagnosis, treatment and rehabilitation in accordance with healthcare guidelines AI.GPC-4 ₂ - performs medical examination of a patient using basic and general clinical skills, laboratory tests and diagnostic procedures AI.GPC-4 ₃ - evaluates medical examination results in order to make a diagnosis
Primary health care	GPC-6. Able to manage patient care, provide primary health care, ensure efficient decision-making at prehospital stage in case of medical emergencies, in emergency situations, during epidemics, and in areas affected by weapons of mass destruction	AI.GPC-6 ₁ - defines objectives and manages patient care AI.GPC-6 ₂ - provides primary health care at prehospital stage in case of medical emergencies AI.GPC-6 ₃ - - identifies necessary types and scope of primary health care during emergencies, epidemics, and in areas affected by weapons of mass destruction

Planned learning outcomes of practical training are represented by knowledge, skills, abilities and experience, characterize the stages of developing competencies and ensure achievement of the planned outcomes of mastering the basic educational program. Learning outcomes of a discipline are correlated with indicators of achieving the competence.

2. SCOPE AND CONTENTS OF THE PRACTICAL TRAINING

2.1 Scope of B2.C.07(P) Practical training aimed at obtaining professional skills and experience of professional activity as medium-level medical personnel; B2.C.07.01(P) Nursing practical training

Type of Activity		Total Hours	Semesters
			No. 4
			hours
1		2	3
Safety briefing		2	2
Work in departments under the supervision of the practical training supervisor		110	110
Completing an individual task		22	22
Information support for participants in disease prevention events and the development of healthy lifestyle skills		4	4
Preparation for presenting a report on carrying out a part of a research activity		4	4
Preparation for interim assessment		6	6
Independent work of a student		22	22
Filling out the practical training log		10	10
Interim assessment			
Type of interim assessment	graded test (GT)	GT	GT
TOTAL: TOTAL credit value	hrs.	180	180
	credits	5	5

2.2. Sections of Practical Training, Types of Activities

No.	Sections of Practical Training, Types of Activities	Hours
1	2	3
Semester No. 4		
1	Department work organization. Safety precautions. Nurse work organization	10
2	Organization of a nurse's workstation. Duties of a ward nurse. Regulatory documents. Ethics and deontology in the work of a ward nurse	10
3	Organization of the treatment room. Duties of the treatment room nurse. Regulatory documents. Ethics and deontology in the work of the treatment room nurse	10
4	Admission and registration rules for patients admitted to departments. Patient transportation, types. Monitoring compliance with hospital treatment and protective regimens	10
5	Rules for working with doctor's prescription sheets. Registration of doctor's prescriptions in the ward nurse's journals. Thermometry and filling in the temperature sheet log. Rules of asepsis and antisepsis, storage and treatment of medical instruments	10
6	Concept of nutritional treatment, types of diets. Monitoring patient nutrition	10

7	Technique of intramuscular, subcutaneous, and intradermal injections	10
8	Rules for the storage and transportation of medications. Rules for distributing medications. Monitoring compliance with doctor's prescriptions	10
9	Preparing patients for diagnostic and therapeutic procedures. Monitoring urine and sputum collection. Writing referrals for laboratory tests. Preparing patients for endoscopic, X-ray, and ultrasound diagnostic procedures	10
10	Aspects of a nurse's work in different departments. Aspects of a nurse's work in surgical departments	10
11	Aspects of a nurse's work in intensive care and treatment wards. Diagnosis of emergency conditions, rules for notifying of emergency situations. First aid and immediate actions of a nurse in the event of an emergency	10
12	Preparing reporting documents on Practical training work	
12.1	Completing a research report	4
12.2	Completing individual assignment	22
12.3	Completing a report on sanitary and hygienic education	4
12.4	Filling out the Practical Training Log	10
12.5	Preparation for interim assessment	6
	Total:	180

2.3 Practical Training Report Forms:

Practical training log

Research activity summary

3. REQUIREMENTS FOR IMPLEMENTATION OF PRACTICAL TRAINING

3.1 Practical Training Requirements for Educational Materials and Provided Information

Essential reading

No.	Name/Title, Resource Type	Author(s)/Editor	Publisher Imprint, Web Address	Number of Copies (accesses) in the Library and Information Center
1	2	3	4	5
1	Nursing in a Therapeutic Clinic: A Textbook [Electronic resource]	V.N. Oslopov, O.V. Bogoyavlenskaya	Moscow: GEOTAR Media, 2013. URL: http://www.studmedlib.ru	Unlimited access
2	Nursing Care Plans: Diagnoses, Interventions, and Outcomes	Judith L. Myers R.N	8th Edition MegGulanick PhD APRN FAAN	Unlimited access
3	Nursing Student Book Collection (Cheat Sheet, Priorities, Medsurg, Case Studies)	Jon Haws	http://insizenfwind.blog.free.fr/index.phppost/2017/10/04/Nursing-Student-Book-Collection-ebook	Unlimited access
4	Nursing Basics for Clinical Practice	Anne-Marie Malone	https://doi.org/10.1016/J.NEPR.2011.04.004	Unlimited access

Supplementary reading

No.	Name/Title, Resource Type	Author(s)/Editor	Publisher Imprint, Web Address	Number of Copies (accesses) in the Library and Information Center
1	2	3	4	5

1	Evidence-based practice	Robert Nussbaum	https://libguides.tulane.edu/geneticsed	Unlimited access
2	Medical-Surgical Nursing Made Incredibly Easy! (Incredibly Easy! Series)	Lippincott Williams & Wilkins	https://libcats.org/g/LippinWilliam	Unlimited access
3	Nursing School Study Pack	Kindle Edition, Jon Haws	NRSNG.com NursingStudentBooks.com	Unlimited access

Online resources

1. Electronic library system "Student Consultant" <http://studmedlib.ru/>
2. Electronic library system "University Library Online" <http://www.biblioclub.ru/>
3. Electronic library system "Urait" <https://urait.ru/>
4. Electronic library system "BookUp" <https://www.books-up.ru/>
5. Resources owned by the Library and Information Center of FSBEI HE PSMU of the Ministry of Health of Russia <https://tgm.ru/university/bibliotechno-informacionnyj-centr/resursy-bic/sobstvennye/>

Online resources and respective user guides are available on the Library and Information Center website [Library and Information Center — PSMU \(tgm.ru\)](http://Library and Information Center — PSMU (tgm.ru))



3.2 Practical Training Requirements for Facilities and Resources

Practical training is carried out on the basis of contracts with specialized organizations that fit the following requirements: able to provide facility and resource that comply with the current fire safety rules and regulations and facilitate all types of disciplinary and interdisciplinary training, practical work and research activities of students within the scope of practical training; operate in a way that corresponds to the occupational competencies acquired within the framework of the educational program.

Practical training aimed at obtaining primary occupational skills and professional experience is carried out on specific premises that meet requirements for facilities, resources, and educational materials and include the following:

Premises and subdivisions of a medical facility fitted with medical equipment and suitable for independent work within the scope of practical training, as well as continuous assessment.

Classroom for interim assessment is equipped with specialized (classroom) furniture, teaching aids for studying and assessment of practical skills.

Equipment status of selected premises and premises for independent work is reflected on the page for facility and resource requirements of the basic educational program of higher education (specialist's degree program) on the educational organization website.

3.3. List of Information Technologies, Information and Reference Systems, Licensed and Free Software (Including Domestically-developed Software) Used for Education During Practical Training Period:

1. Polycom Telepresence M100 Desktop Conferencing Application (Videoconference system)
2. SunRav Software tTester
3. 7-PDF Split & Merge
4. ABBYY FineReader
5. Kaspersky Endpoint Security
6. INDIGO online testing system
7. Microsoft Windows 7
8. Microsoft Office Pro Plus 2013
9. 1C:University
10. GARANT system
11. MOODLE (Modular Object-Oriented Dynamic Learning Environment)

4. ASPECTS OF IMPLEMENTATION OF PRACTICAL TRAINING FOR STUDENTS WITH DISABILITIES AND SPECIAL NEEDS

4.1 Requirements of Practical Training for Students with Disabilities and Special Needs.

Students with disabilities are provided with printed and/or electronic educational materials that are adapted to their individual needs and abilities.

4.2 Aspects of Implementation of Practical Training for Students with Disabilities and Special Needs

For students with disabilities and special needs, if a written application is submitted, the practical training is carried out taking into account health limitations, individual capabilities and medical status (hereinafter referred to as individual characteristics) of the student. Location of practical training for people with disabilities and special needs is selected at the personal request of the student, taking into account the accessibility requirements. Academic training/practical placement location for people with disabilities and special needs is chosen taking into account the recommendations of the medical and social assessment that are reflected in the individual rehabilitation program with consideration of working conditions and kinds of labor.

Compliance with the following general requirements is ensured: teaching aids for collective and individual use are provided, required technical assistance is provided by an assistant, buildings and premises where the practical training is carried out meet accessibility requirements, other arrangements lack of which makes it impossible or difficult to complete the practical training are made.

When practical training is carried at the written application of the student, the following general requirements are met: practical training for students with disabilities and special needs is carried out at the same location as for students who do not have disabilities, if this does not cause difficulties for the latter; an assistant (assistants), who provide(s) students with the necessary technical assistance taking into account individual characteristics of the student, is (are) provided at the written application; necessary teaching aids are provided, taking into account individual characteristics of the student.

All internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia on the implementation of practical training are made available to students with disabilities in a form accessible to them.

Format of the interim assessment of academic performance within the scope of practical training conducted for students with disabilities and special needs is selected taking into account individual characteristics (orally, by writing on paper, by typing on a computer, as a test, etc.). The duration of the interim assessment in relation to the established duration is increased at the written application of the student with disabilities. Time limit for the student's preparation for the test is increased by at least 0.5 hours.

5. STAFFING REQUIREMENTS OF PRACTICAL TRAINING

Academic teaching personnel that ensure the implementation of ***B2.C.07(P) Practical training aimed at obtaining professional skills and experience of professional activity as medium-level medical personnel; B2.C.07.01(P) Nursing practical training*** meet the requirements of the Federal State Educational Standard of Higher Education for the 31.05.01 General Medicine specialty; list of the aforementioned personnel is available on the website of the educational organization.



8. TUTORIAL WORK

Type of tutorial work	Forms and approaches to tutorial work	Assessment criteria
Assistance in personal growth	Overt Talks and problem-centric debates aimed at promotion of healthy lifestyle. Participation in interdepartmental conferences aimed at formation of healthy lifestyle and development of skills necessary to preserve and improve health.	Portfolio
	Covert – creating atmosphere and infrastructure. Developing a culture of healthy lifestyle, the ability to preserve and improve health. Creating atmosphere of kindness and respect with a high level of communication during implementation of the discipline.	
Civic position and values	Overt Conducting events that facilitate development of civil culture (roundtable discussions, discussions/debates, and talks). Short discussions on current significant events in case the latter occur.	Portfolio
	Covert Focusing on civic values-oriented position and legal awareness. Cultivating mindful social position during professional activity.	
Social values	Overt Highlighting aspects of organization of healthy lifestyle based on health-preserving technologies. Highlighting ecology-related questions, environmental issues as a factor affecting population health and select population risks.	Portfolio
	Covert Identification in social structure during period of education and in professional activity.	

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PRACTICAL TRAINING LOG

**B2.C.07(P) Practical training aimed at obtaining professional skills and
experience of professional activity as medium-level medical personnel**
B2.C.07.01(P) Nursing practical training

(Full name of the student)

__ Year, group No. ____, specialty 31.05.01. General Medicine
(English-language program)

Location of practical training:

Full name and address of the practical training location

Duration of practical training:

from “ ” until “ ”

training supervisor (provided
by FSBEI HE PSMU of the
Ministry of Health of Russia)

signature

(surname, initials)

Grade

very good, good, satisfactory, unsatisfactory

Vladivostok
20__/20__

1. Students in the specialty 31.05.01 General Medicine (English-language program) master the practical training program in semester No.4.

Purpose: Consolidation and deeper insight into knowledge gained during theoretical training, acquisition of skills necessary for the work of a nurse. Learning to handle medical equipment, gaining experience of independent professional activity as a nurse through direct participation in the day-to-day of inpatient and outpatient medical organizations, as well as development and enhancement of competencies necessary for performing work activities within the framework of labor functions of 02.009 Physician, M.D. (primary care physician, district doctor) Occupational standard.

2. Content of practical training:

- Activities in nursing staff positions
- Work within the framework of the duties and job descriptions of the ward nurse overseen by the training supervisor on the basis of practical training
- Work on preparation of reporting documents
- Interim assessment

3. Planned practical training outcomes:

When mastering the practice, the student must

Know:

- job descriptions and features of the work of the ward nurse, rules and techniques of manipulation required in the work of the ward nurse, possible problems of the patient in the presence of diseases of internal organs.

Be able to:

- carry out activities within the framework of the office instructions of the ward nurse, interact with patients, their relatives and other participants in medical activities, prepare and submit reporting documentation, use the opportunities of network interaction within the framework of the duties of the ward nurse.

Master:

- the skills of the ward nurse, methods of anthropometric and other types of measurements necessary to assess the patient's condition.

4. Assessment criteria for the level of professional competencies developed during the practical training period.

Practical training results is written into the student's transcript by the practical training supervisor (provided by FSBEI HE PSMU of the Ministry of Health of Russia); the final grade is based on the results of interim assessment in the form of test, evaluation of the Practical Training Log, characteristics of the student's work, and the results of the interview conducted by the practical training supervisor.

Forms of assessment of the level of professional competencies implemented during the practical training period:

1. Practical Training Log;
2. Review of the training supervisor
3. Individual assignment.
4. Research activities.
5. Compliance with the epidemiological regimen.

"Very good" - threshold or high level of competence formation in period of practice, high level of competency achievement indicators, active approach to solving professional tasks of varying degree of complexity provided for by a program of practice in accordance with the FSES HE and occupational standard.

"Good" - threshold or high level of competence formation, in period of practice, adequate level of competency achievement indicators, adequate degree of practical skills, adequate ability to solve standard professional tasks provided for by the practice program in accordance with the FSES HE and occupational standard.

"Satisfactory" - threshold level of competence formation in period of practice, threshold level of competency achievement indicators, degrees practical skills are sufficient to solve typical professional tasks provided for by the practice program in accordance with the FSES HE and occupational standard and/or qualification characteristics.

"Unsatisfactory" - threshold or lower level of formation competencies during the practice period, low level of competency achievement indicators, the level of knowledge and the degree of practical skills are not enough to solve standard professional tasks provided for by the program of practice in accordance with professional standard.

Individual assignment
Content of practical training
Planned practical training outcomes
Practice training schedule

"Approved by"
Practical training supervisor
(provided by FSBEI HE PSMU of the
Ministry of Health of Russia)

Signature

Full name

"Approved by"
Practical training supervisor
provided by

full name of the organization

Signature

Full name

Types of activities implemented during the practical training

[illegible]

[illegible]

INDIVIDUAL ASSIGNMENT

Describe:

- rules for the storage and distribution of oral medication;
- rules for filling the temperature sheet;
- ward nurse's procedure in case of suspected pulmonary bleeding;

Create:

- temperature sheet log in a patient with a persistent fever
- temperature sheet log in patient with reflux fever

Craft an information leaflet on the prevention of communicable and non-communicable diseases and the promotion of healthy lifestyles (optional):

- on the topic of prevention of respiratory diseases
- on the topic of prevention of arterial hypertension
- on the topic of prevention of metabolic syndrome
- on the topic of non-specific prevention of respiratory infections

Patient Talk Topics

Department	Date	Topic of the talk	Number of patients in the audience

FEEDBACK

On the work and conduct of the student _____

(Full name of the student)

of group No. _____, specialty 31.05.01 General Medicine (English-language program), who attended the **B2.C.07(P) Practical training aimed at obtaining professional skills and experience of professional activity as medium-level medical personnel; B2.C.07.01(P) Nursing practical training** from "___" _____ 20__ until "___" _____ 20__.

Over the course of the practical training (discipline, diligence, appearance, manifestation of interest in the specialty, regularity of managing a diary, individual characteristics, moral and volitional qualities, honesty, initiative, poise, endurance etc.):

Conclusions, recommendations:

Practice leader from FSBEI HE
PSMU of
Ministry of Health of Russia

(signature)

(surname, initials)

Interim examination results

1. Practical Training Log quality _____
2. Fulfillment of an individual assignment _____
3. Fulfillment of the work schedule (plan) of the practice _____
4. Review of the training supervisor _____
5. Test control: date _____ result _____

Final grade: _____

Training supervisor _____ / _____ /
signature Full name

Date: _____