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Federal State Budget Educational Institution
of Higher Education
Pacific State Medical University
of the Ministry of Health of the Russian Federation

APPROVED BY
First Vice-Rector

_____ / Trankovskaya L.V./
"9" июня 2025

# DISCIPLINE WORK PROGRAM

## Б1.О.56 Foreign language

(name of discipline)

| | |
|---|---|
| **Specialty** | **31.05.01 General Medicine for international students (in English)** (code, name) |
| **Degree** | Specialist's degree |
| **Profile** | 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system) |
| **Mode of study** | Full-time |
| **Period of mastering the BEP** | **6 years** (nominal length of study) |
| **Department** | of Foreign Languages |

Vladivostok, 2025

Program of the discipline **Б1.О.56 Foreign language** is based on:
1) Federal State Educational Standard of Higher Education for the specialty approved by the Order No. 988 of Ministry of Science and Higher Education of the Russian Federation dated August 12, 2020.
2) Changes that are made to the Federal State Educational Standard of Higher Education by the order of Ministry of Science and Higher Education of the Russian Federation No. 208, dated February 27, 2023.
3) Curriculum for the 31.05.01 General Medicine for international students (in English), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), approved by the Academic Council of FSBEI HE PSMU of the Ministry of Health of Russia, Report No. 8/24-25 dated March 31, 2025.

Work program for the discipline was developed by the writing team of the Department of Foreign Languages of the FSBEI HE PSMU of the Ministry of Health of Russia, under the guidance of the Head of the Department, Candidate of Pedagogical Sciences, associate professor Rudenko E.E.

**Developed by:**

| | | |
|---|---|---|
| Head of the Department | Associate professor, Candidate of Pedagogical Sciences | Rudenko E.E. |
| (position held) | (academic degree, academic title) | (full name) |

## 1. GENERAL PROVISIONS

### 1.1. Purpose and Objectives of Mastering Б1.О.56 Foreign language

**The purpose** of mastering the discipline is achieving a level of proficiency in universal and general professional competences, namely the level of skills' proficiency that allow to use modern communication technologies, information, bibliographic resources, and medical and biological terminology (including in foreign languages) in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/ outpatient facilities of municipal health care system and medical institutions providing primary health care to the population.

**Objectives** of mastering the discipline:

1. To use acquired knowledge in: understanding the principles of searching for and exchanging information using information and communication technologies, information, bibliographic resources, and medical and biological terminology; choosing effective verbal and non-verbal communication technologies for academic and professional interaction (including in foreign languages).
2. To be able to use acquired knowledge in: understanding principles of searching for and exchanging information using information and communication technologies, information, bibliographic resources, and medical and biological terminology; choosing effective verbal and non-verbal communication technologies for academic and professional interaction (including in foreign languages).
3. To acquire skills in: understanding the principles of searching for and exchanging information using information and communication technologies, information, bibliographic resources, and medical and biological terminology; choosing effective verbal and non-verbal communication technologies for academic and professional interaction (including in foreign languages).

## 2. DISCIPLINE AS PART OF THE BASIC EDUCATIONAL PROGRAM

Discipline **Б1.О.56 Foreign language** is included in the Mandatory part of the Unit 1 of the basic educational program for the specialty 31.05.01 General Medicine for international students (in English), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), and is part of the 1st and 2nd semesters' curriculum.

## 3. PLANNED LEARNING OUTCOMES OF THE DISCIPLINE

3.1. Mastering the discipline **Б1.О.56 Foreign language** is aimed at the development of students' competencies. The discipline facilitates the development of students' competencies corresponding to the types of professional activity.

| Name of competency category (group) | **Code and Name of competency of the graduate** | **Competency Indicators** |
|---|---|---|
| **Universal competencies** | | |
| Communication | UC-4. Is able to use modern communication technologies for academic and professional interaction using native and foreign language(s) | CI.UC-$4_1$- successfully selects and uses verbal and non-verbal communication technologies for academic and professional interactions using native and foreign language(s) |
| **General Professional Competencies** | | |
| Information literacy | GPC-10. Has a grasp of modern information | CI.GPC-$10_1$- understands the principles of searching for and exchange of |

| | | |
|---|---|---|
| | technologies and is able to use them when working to achieve objectives of professional activity | information using professional communication technologies |

3.2. Types of professional activity corresponding to competencies developed over the course of mastering **Б1.О.56 Foreign language**:

Types of professional activity objectives

*1. Medical*

Kinds of professional activity objectives

*1. administrative work*

3.3. Planned learning outcomes of mastering the discipline are represented by knowledge, skills, abilities and/or experience, characterize the stages of developing competencies and ensure achievement of the planned outcomes of mastering the basic educational program. Learning outcomes of a discipline are correlated with competency indicators.

## 4. SCOPE AND CONTENT OF THE DISCIPLINE

4.1. Scope of the Discipline and Types of Academic Work

| **Type of Academic Work** | | **Total Hours** | **Semesters** | |
|---|---|---|---|---|
| | | | **1** | **2** |
| | | | **hours** | **hours** |
| 1 | | 2 | 3 | |
| **Classroom hours (total),** including: | | **96** | **48** | **48** |
| Lectures (L) | | - | - | - |
| Practical classes (C) | | 96 | 48 | 48 |
| **Independent work of the student (IW),** including: | | **48** | **24** | **24** |
| *Preparing for classes (CP)* | | 18 | 12 | 6 |
| *Preparing for continuous assessment (CAP)* | | 18 | 12 | 6 |
| *Preparation for interim assessment (IAP)* | | 12 | - | 12 |
| Interim assessment | | | | |
| **Type of interim assessment** | pass/fail test (T) | T | | T |
| | exam (E) | | | |
| **TOTAL: TOTAL credit value** | hrs. | **144** | **72** | **72** |
| | credits | **4** | **2** | **2** |

4.2. Contents of the Discipline

4.2.1. Topics of Discipline Lectures and Academic Hours per Semester

*No lectures are included in the Federal State Educational Standards of Higher Education 31.05.01 General Medicine for international students (in English).*

4.2.2. Topics of Discipline Practical Classes and Academic Hours per Semester

| **No.** | **Practical Class Topic** | **Hours** |
|---|---|---|
| 1 | 2 | 3 |
| | Semester No. 1 | |

| | | |
|---|---|---|
| 1 | Lesson 1.The skeleton. The "There is/are" construction. Basic forms of the verb "to be". Indefinite (Simple) Tenses | 10 |
| 2 | Lesson 2. The muscles. Continuous Tense group (Active Voice). Modal verbs: can, may, must. Functions and translation of the word “that” (“those”) | 10 |
| 3 | Lesson 3. Cardiovascular system. Blood. Circulation. Perfect Tense group (Active Voice). Degrees of comparison of adjectives | 12 |
| 4 | Lesson 4. Respiratory system. Indefinite, Continuous, Perfect Tense groups (Passive Voice) | 12 |
| 5 | Final lesson | 4 |
| **Hours per semester total** | | **48** |
| | Semester No. 2 | |
| 1 | Lesson 5. The digestive system. Indefinite pronouns: some, any, no. Object, attributive and adverbial clauses. Functions of the “it” pronoun | 10 |
| 2 | Lesson 6. The urinary system. Equivalents of the modal verbs “can” ,“may”, “must”. Functions of the words “since” and “as” | 12 |
| 3 | Lesson 7. The endocrine System. The Complex Object. Correlative conjunctions: “either…or” | 12 |
| 4 | Lesson 8. The nervous system. The Gerund. “-ing” forms in various functions | 10 |
| 5 | Final lesson | 4 |
| **Hours per semester total** | | **48** |

4.2.3. Independent Work of the Student

| No. | Name of the Discipline Section | Type of IW | Total Hours |
|---|---|---|---|
| 1 | 3 | 4 | 5 |
| | Semester No. 1 | | |
| 1 | Lesson 1-4 | Preparing for practical classes,<br>Preparing for continuous assessment | 12<br>12 |
| **Hours per semester total** | | | **24** |
| | Semester No. 2 | | |
| 2 | Lesson 5-8. | Preparing for practical classes,<br>Preparing for continuous assessment,<br>Preparing for interim assessment | 6<br>6<br>12 |
| **Hours per semester total** | | | **24** |

## 5. REQUIREMENTS FOR IMPLEMENTATION OF DISCIPLINE

### 5.1. Discipline Requirements for Educational Materials and Provided Information

Essential reading

| No. | Name/Title, Resource Type | Author(s)/Editor | Publisher Imprint, Web Address | Number of Copies (accesses) in the Library and Information Center |
|---|---|---|---|---|
| **1** | **2** | **3** | **4** | **5** |
| **1** | English language: textbook (e-resource) | Markovina I.Yu. Maksimova Z.K. Weistein M.B. | Moscow: GEOTAR-Media, 2025. – 368 p. – URL: https://www.studentlibrary.ru/book/ISBN9785970 | Unlimited access |

| | | | | |
|---|---|---|---|---|
| | | | 494868.html | |
| **2** | English for Academic Purposes: textbook (e-resource) | Baranovskaya T.A. Zakharova A.V. Pospelova T.V. Suvorova Yu.A. | URL: https://urait.ru/bcode/book/560849/ | Unlimited access |

Supplementary reading

| **No.** | **Name/Title, Resource Type** | **Author(s)/Editor** | **Publisher Imprint, Web Address** | **Number of Copies (accesses) in the Library and Information Center** |
|---|---|---|---|---|
| **1** | **2** | **3** | **4** | **5** |
| **1** | English for Medical Students (A2-B1 textbook (e-resource) | Egorova E.V. | Moscow: Yurait Publishing House,2024. - 402 p.Образовательная платформа Юрайт. – URL: https://urait.ru/bcode/534718 | Unlimited access |
| **2** | English for beginners: practical workbook (e-resource) | Andreeva I.S. Bogomazova A.A. Kadushko R.V. | Vitebsk: VGMU, 2021. – 162 p. – URL: https://www.books-up.ru/ru/book/anglijskij-yazyk-dlya-studentov-medikov-nachinayushih-13858357/ | Unlimited access |

Online resources

1. Electronic library system "Student Consultant" http://studmedlib.ru/
2. Electronic library system "University Library Online"http://www.biblioclub.ru/
3. Electronic library system "Urait" https://urait.ru/
4. Electronic library system "BookUp" https://www.books-up.ru/
5. Resources owned by the Library and Information Center of FSBEI HE PSMU of the Ministry of Health of Russia https://tgmu.ru/university/bibliotechno-informacionnyj-centr/resursy-bic/sobstvennye/

Online resources and respective user guides are available on the Library and Information Center website Library and Information Center — PSMU (tgmu.ru)

**5.2. Discipline Requirements for Facilities and Resources**

Information on the facility and resource availability and requirements of the discipline is available on the Facility and resource availability and requirements. FSBEI HE PSMU of the Ministry of Health of Russia (tgmu.ru)" page of the official website of the university.

**5.3. List of Information Technologies, Information and Reference Systems, Licensed and Free Software (Including Domestically-developed Software):**

1. Polycom Telepresence M100 Desktop Conferencing Application (videoconferencing session)
2. 7-PDF Split & Merge
3. ABBYY FineReader
4. Kaspersky Endpoint Security
5. Microsoft Windows 7
6. Microsoft Office Pro Plus 2013
7. MOODLE (modular object-oriented dynamic learning environment)
8. "Dialogue NIBELUNG" digital language laboratory software
9. Adobe Creative Cloud (Photoshop, Illustrator, InDesign, Acrobat Pro и т.д.)
10. ISpring Suite 9

## 6. ASPECTS OF THE IMPLEMENTATION OF THE DISCIPLINE FOR STUDENTS WITH DISABILITIES AND SPECIAL NEEDS

6.1. Availability of Accessible Environment

For students with disabilities and special needs, if a written application is submitted, lectures and practical classes are carried out taking into account health limitations, individual capabilities and medical status (hereinafter referred to as individual characteristics) of the student. Compliance with the following general requirements is ensured: teaching aids for collective and individual use are provided, required technical assistance is provided by an assistant; buildings and premises where lectures and practical classes are taking place meet accessibility requirements, other arrangements lack of which makes it impossible or difficult to master the discipline are made.

6.2. Ensuring Compliance with General Requirements

When lectures and practical classes are carried out at the written application of the student, the following general requirements are met: lectures and practical classes for students with disabilities and special needs take place at the same location as for students who do not have disabilities, if this does not cause difficulties for students; an assistant (assistants), who provide(s) students with the necessary technical assistance taking into account individual characteristics of the student, is (are) provided; necessary teaching aids are provided, taking into account individual characteristics of the student.

6.3. Availability of the Internal Policies and Procedures of FSBEI HE PSMU of the Ministry of Health of Russia to Students with Disabilities in a Format Accessible to Them.

All internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia concerning the discipline are made available to students with disabilities in a format accessible to them.

6.4. Increase in the Time Limit of Interim Assessment for Students with Disabilities and Special Needs in Relation to the Established duration

Format of the interim assessment of academic performance within the scope of the discipline conducted for students with disabilities and special needs is selected taking into account individual characteristics of the students (orally, by writing on paper, by typing on a computer, as a test, etc.). The duration of the interim assessment in relation to the established duration is increased at the written application of the student with disabilities. Time limit for the student's preparation for the test is increased by at least 0.5 hours.

## 7. STAFFING REQUIREMENTS OF THE DISCIPLINE

Academic teaching personnel that ensure the implementation of the discipline education process meet the requirements of the Federal State Educational Standard of Higher Education for the 31.05.01 General Medicine for international students (in English) specialty; list of the aforementioned personnel is available on the website of the educational organization.

**8. TUTORIAL WORK**

Tutorial work for the discipline is carried out in accordance with the Tutorial work program and Tutorial work schedule of the basic educational program for the 31.05.01 General Medicine for international students (in English) specialty.

The effectiveness and efficiency of the tutorial work are assessed and reviewed by the scientific and pedagogical staff of the Department of Foreign languages and discussed at the Educational and Methodological Board for the 31.05.01 General Medicine for international students (in English) specialty, profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system).