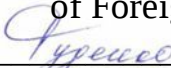


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Federal State Budget Educational Institution
of Higher Education
Pacific State Medical University
of the Ministry of Health of the Russian Federation

APPROVED BY

Head of the Department
of Foreign Languages

 / Rudenko E.E. /
"14th" of April 2026

COLLECTION OF ASSESSMENT TOOLS

B1.C.56 Foreign language of the basic educational program of Higher Education

Specialty	31.05.01 General Medicine (English-language program) (code, name)
Degree	Specialist's degree
Profile	02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system)
Mode of study	Full-time
Period of mastering the BEP	6 years (nominal length of study)
Department	of Foreign Languages

Vladivostok, 2026

1. INTRODUCTION

1.1. Collection of Assessment Tools is a document that regulates the format, content, and types of assessment tools for continuous assessment, interim examination and final (state final) examination, and graded criteria for each type of assessment tools.

1.2. Assessment tools allows to evaluate the development of universal, general professional, and professional competencies (UCs, GPCs and PCs respectively) outlined in Federal State Educational Standard of Higher Education and defined in the basic educational program of higher education for the specialty 31.05.01 General Medicine (English-language program), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system).

([BEP HE for the 31.05.01 General Medicine \(English-language program\)](#)), section 3. Learning Outcomes Requirements of the Basic Educational Program of Higher Education)

2. DOCUMENT BODY

2.1. Types of Assessment, Formats of Assessment Tools

No.	Types of assessment	Assessment Tools Format
1	Continuous assessment	Tests
		Interview Questions
		Mini-Case Studies
2	Interim assessment	Tests
		Interview Questions
		Mini-Case Studies

3. The contents of assessment tools for continuous and interim examination are prepared by the teacher of the course

Test questions

	Code	Competence description / name of labor function / name of work activity / text
S	31.05.01	General Medicine (English-language program)
C	UC-4	Able to apply modern communicative technologies, including those that require the knowledge of foreign languages, for academic and professional interaction
C	GPC-10	A grasp of modern information technologies and is able to use them when working to achieve objectives of professional activity
F	A/05.7	Implementation of disease prevention measures for the adult population groups based on age and health status, as well as health and hygiene education of the population and monitoring their effectiveness
I		ANSWER LEVEL 1 TEST QUESTIONS (ONE CORRECT ANSWER)
		01 The grammatically correct option is +A) The patient was prescribed tonics and sedatives as he complained of weakness and sleeplessness.

- B) The patient were prescribed tonics and sedatives as he complained of weakness and sleeplessness.
C) The patient was prescribed tonics and sedatives as he complains of weakness and sleeplessness.
D) The patient was prescribed tonics and sedatives as he complains of weakness.

02 The grammatically correct option is

- +A) This drug may be administered both intramuscularly and orally.
B) This drug may be administer both intramuscularly and orally.
C) This drug may be administered both and intramuscularly and orally.
D) This drug may be administered both intramuscularly and oral.

03 The grammatically correct option is

- +A) Take this medicine carefully, follow the doctor's directions because its overdosage may cause an untoward reaction.
B) Take these medicine carefully, follow the doctor's directions because its overdosage may cause an untoward reaction.
C) Take this medicine carefully, follows the doctor's directions because its overdosage may cause an untoward reaction.
D) Take this medicine carefully, follow the doctor's directions because its overdosage may causes an untoward reaction.

04 The grammatically correct option is

- +A) The nurse sponged the skin with alcohol before giving an injection.
B) The nurse sponged the skin with alcohols before giving an injection.
C) The nurse sponged to skin with alcohol before giving an injection.
D) The nurse sponged the skin with alcohol before gaving an injection.

05 The grammatically correct option is

- +A) The doctor has prescribed me the mixture which will relieve the cough and help me to be well again soon.
B) The doctor has prescribe me the mixture which will relieve the cough and help me to be well again soon.
C) The doctor has prescribed me the mixture which will relieves the cough and help me to be well again soon.
D) The doctor has prescribed me the mixture which will relieve the cough and help me to been well again soon.

06 The grammatically correct option is

- +A) Do you feel any pain in the right side on physical exertion?
B) Do you feel any pain in the right side on physicals exertions?
C) Does you feel any pain in the right side on physical exertion?
D) Do you feels any pain in the right side on physical exertion?

07 The grammatically correct option is

- +A) You will take this mixture until you stop coughing.
B) You will take this mixture until you stops coughing.

		C) You will take this mixture until you stop cough. D) You will take this mixtures until you stop coughing.
		ANSWER LEVEL 2 TEST QUESTIONS (MULTIPLE CORRECT ANSWERS)
		08 The doctor listened to patient's ____, his heart sounds were ____ +A) heart B) lung +C) normal D) arm 09 After that the patient took deep ____ in and out while the doctor checked his ____ +A) breaths B) heart +C) lungs D) feet 10 The doctor said that the pain of what we called ____ occurred when there was not enough oxygen delivered to the ____ +A) angina B) cold C) throat +D) heart 11 The doctor advised to check a few tests and some ____ for the ____ A) drug B) pain +C) treatment +D) patient 12 The doctor checked patient's _____. It was quite normal, seventy per ____ A) hour B) drug +C) pulse +D) minute 13 The patient first noticed a bad ____ in his ____ A) head +B) pain C) treatment +D) chest 14 The patient also felt a pain in his ____, and tingling in his ____ A) pain B) tingling +C) toes +D) fingers

		15 Some congenital heart defects are apparent at ____, whereas others may not be detected until later in ____ A) heart +B) birth C) year +D) life																																								
		ANSWER LEVEL 3 TEST QUESTIONS (MATCHING QUESTIONS)																																								
		16. Match the following <table><tr><td>1) позвоночник</td><td>A) the vertebral column</td></tr><tr><td>2) форма черепа</td><td>B) the form of the skull</td></tr><tr><td>3) вентральная часть черепа</td><td>C) the spinal column</td></tr><tr><td></td><td>D) the ventral part of the skull</td></tr></table> Correct answers: 1 – A, C: 2 – B: 3 – D 17. Match the following <table><tr><td>1) сердечная мышца</td><td>A) heart muscle</td></tr><tr><td>2) операция на сердце</td><td>B) the operation on the heart</td></tr><tr><td>3) гладкая мышца</td><td>C) the cardiac muscle</td></tr><tr><td></td><td>D) the smooth muscle</td></tr></table> Correct answers: 1 – A, C: 2 – B: 3 – D 18. Match the following <table><tr><td>1) предсердие</td><td>A) the atrium</td></tr><tr><td>2) пальцы на нижней конечности</td><td>B) the toes in the lower limb</td></tr><tr><td>3) пальцы на верхней конечности</td><td>C) the auricle</td></tr><tr><td></td><td>D) the fingers in the upper limb</td></tr></table> Correct answers: 1 – A, C: 2 – B: 3 – D 19. Match the following <table><tr><td>1) грудная клетка</td><td>A) the chest</td></tr><tr><td>2) под непроизвольным контролем</td><td>B) under involuntary control</td></tr><tr><td>3) с помощью мышц</td><td>C) the thorax</td></tr><tr><td></td><td>D) by means of muscles</td></tr></table> Correct answers: 1 – A, C: 2 – B: 3 – D 20. Match the following <table><tr><td>1) эндокринные железы</td><td>A) the endocrine glands</td></tr><tr><td>2) обогащённая кислородом кровь</td><td>B) the well-oxygenated blood</td></tr><tr><td>3) восходящая аорта</td><td>C) the glands of internal secretion</td></tr><tr><td></td><td>D) the ascending aorta</td></tr></table> Correct answers: 1 – A, C: 2 – B: 3 – D	1) позвоночник	A) the vertebral column	2) форма черепа	B) the form of the skull	3) вентральная часть черепа	C) the spinal column		D) the ventral part of the skull	1) сердечная мышца	A) heart muscle	2) операция на сердце	B) the operation on the heart	3) гладкая мышца	C) the cardiac muscle		D) the smooth muscle	1) предсердие	A) the atrium	2) пальцы на нижней конечности	B) the toes in the lower limb	3) пальцы на верхней конечности	C) the auricle		D) the fingers in the upper limb	1) грудная клетка	A) the chest	2) под непроизвольным контролем	B) under involuntary control	3) с помощью мышц	C) the thorax		D) by means of muscles	1) эндокринные железы	A) the endocrine glands	2) обогащённая кислородом кровь	B) the well-oxygenated blood	3) восходящая аорта	C) the glands of internal secretion		D) the ascending aorta
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Assessment criteria

"Very good" – over 80% correct answers of questions of every level

"Good" – 70-79% correct answers of questions of every level

"Satisfactory" – 55-69% correct answers of questions of every level

"Unsatisfactory" – less than 55% correct answers of questions of every level

Interview questions

	Code	Competence description / name of labor function / name of work activity / text
S	31.05.01	General Medicine (English-language program)
C	UC-4	Able to apply modern communicative technologies, including those that require the knowledge of foreign languages, for academic and professional interaction
C	GPC-10	A grasp of modern information technologies and is able to use them when working to achieve objectives of professional activity
F	A/05.7	Implementation of disease prevention measures for the adult population groups based on age and health status, as well as health and hygiene education of the population and monitoring their effectiveness
I		ANSWER THE QUESTIONS 01 Describe the structure of the skull and cranial bones. Correct answer. The main part of the head and face is called the skull. The skull is composed of twenty-six bones. These bones form two basic parts of the skull that is facial and cranial parts. The bones of the skull are connected with the first cervical vertebra. The bones of the skull are connected together so firmly that it is very difficult to separate them. The bones of the skull form one large cavity and some smaller cavities. The large cavity is called the cranial cavity. The brain is in the cranial cavity. One of the smaller cavities is the cavity of the nose. The other two cavities are the orbits. The eyeballs are in the orbits. 02 Describe the structure of skeletal and smooth muscles Correct answer. Skeletal muscles are complex in structure. They consist of muscle fibers of different length (up to 12 cm); the fibers are usually parallel to each other and are united in bundles. Each muscle contains many such bundles. There are tendons at the ends of muscles by means of which they are bound to bones. Smooth muscles form the muscular coat of internal organs such as esophagus, stomach and intestines, bladder, uterus and so on. They also form a part of the capsule and the trabeculae of the spleen; they are present as single cells or as little cylindrical bundles of cells in the skin. They also form the walls of arteries, veins and some of the larger lymphatics. Smooth muscles are not rich in blood vessels, as are striated muscles. A smooth muscle is capable of spontaneous contraction and can contract in two ways. Firstly, individual cells may contract completely and secondly, a wave of contractions may pass from one end of the muscle to another. Smooth muscle cells are usually elongated cells. In the skin and intestines they are long and thin, but in the arteries they are short and thick. They vary in length from 12-15

mm in small blood vessels to 0,5 mm in the human uterus but their average length in an organ such as the intestine is about 200 m. These cells have an oval nucleus that encloses nucleoli, and when the cell is contracting the nucleus may become folded or twisted.

03 Describe the mechanism of muscle sensations.

Correct answer.

Proprioception. Everyone knows what pain and touch are, but proprioception («muscle sense») may be less familiar. It is a very important sense since it is the sensory link of a reflex controlling muscle tone and contraction; and it also gives the brain important information about the location or position of the limbs. Muscle spindles are tiny, spindle-shaped structures scattered throughout muscles, and they are most numerous around the tendons and joints. The stimulus exciting them» is muscle contraction and joint movement. Since muscles are never completely at rest — one portion or another is contracting all the time — there is a constant flow of nerve impulses into the spinal cord over the muscle sense fibres. Any activity of muscles, such as walking, augments the flow. Let us analyze the fact of walking. One foot is lifted from the ground, moved forward, and, as it descends, the weight of the body is shifted to this foot. The other foot is then lifted, moved, etc. Once a child has learned to walk, he accomplishes this action not noticing it; it is done reflexly, and this reflex is one in which the sensory information comes over the fibres of proprioception.

04 Describe the nature of the heart attack.

Correct answer.

The fact that the heart, completely removed from the body, will go on to beat for a time shows that its beat is «automatic», i.e. does not require nerve impulses. The beat is rhythmic: it is not jerky; the ventricles relax fully before the next contraction. This is explained by a special property of cardiac muscle tissue. The period of time during which the muscle is not responsive to a stimulus is called the refractory period. It is characteristic of the heart muscle to have a long refractory period. When the heart muscle is stimulated, it will contract but will not respond again to that stimulus (though it may respond to a stronger one) until it has relaxed. This rest period is occupied by the heart filling with blood, in preparation for the next beat. Even the heart forced to beat rapidly maintains a perfectly rhythmic beat; although the beats come closer together, there is always that little rest period in between. The heart is a pump, but a double pump; the volume expelled by the right ventricle is the same as that expelled by the left. When exercise is suddenly undertaken, the «venous return», i.e. the blood returned to the heart through the veins, is suddenly increased. For a few beats the right ventricle does put out more blood than the left, but soon the additional blood has passed through the lungs and is entering the left ventricle. From then on, both put out the same amount.

05 Explain how breathing is controlled by the nervous system.

Correct answer.

Respiration is subjected to the control of the cerebral cortex; this being demonstrated by the fact that a person can voluntarily hold his breath for a very short time or change both the rate and depth of respiration. Cortical regulation of respiration is also evident in the acceleration of respiration during emotional states. Protective acts, such as coughing and sneezing, are associated with respiration. Both of them are performed reflexly; the centres of the reflexes are situated in the medulla oblongata. Nervous control of breathing. The muscles of breathing have no independent or automatic rhythm, they contract only responding to impulses from the brain down the spinal cord. These impulses arise and are coordinated in a specialised area in the brain, the respiratory centre, which is in the medulla. The medulla is at the base of the brain and is a bulbous continuation of the spinal cord within the skull. The respiratory centre has to adjust the volume of air breathed and to maintain a uniform alkalinity of the blood; the centre effects the reciprocal alteration both of inspiration and expiration.

06 Give the following information: what is the blood circulation.

Correct answer.

Now we know that the venous blood from the systemic and portal circulation is brought to the right atrium of the heart. When the pressure in the right atrium has increased the blood passes into the right ventricle from the right atrium. During the systole of the ventricle the blood is pumped from the right ventricle into the pulmonary artery. When the right ventricle has pumped the venous blood into the pulmonary artery it enters the pulmonary circulation. The blood is brought to the lungs through the pulmonary artery. In the lungs the venous blood discharges out carbon dioxide. When the blood has discharged out carbon dioxide it takes in oxygen in the lungs. The blood which has become oxygenated passes from the venous part of the pulmonary capillary system into the venules and veins. When the oxygenated blood has passed the four pulmonary veins it is brought to the left atrium of the heart. Under the pressure in the left atrium the arterial blood which the pulmonary veins have brought to the heart is pumped into the left ventricle. During the prolonged contraction of the left ventricle, the so-called ventricular systole, the arterial blood is pumped into the aorta — the main artery of the vascular system. When the left ventricle has pumped the arterial blood into the aorta it is carried through the arteries to all the parts of the body.

07 Describe how gas exchange occurs in the lungs.

Correct answer.

The exchange of gases takes place in the alveoli of the lungs. Oxygen passes into the blood and carbon dioxide passes into the atmospheric air. The exchange of oxygen and carbon dioxide is due to the difference of partial pressure of these gases in the

alveolar air and in the venous blood. The partial pressure of oxygen in the alveolar air is higher than in the venous blood. The transfer of oxygen from the atmospheric air into the blood is due to this difference of pressures. The partial pressure of carbon dioxide is higher in the venous blood and this enables carbon dioxide to pass from the blood into alveolar air. The process of transfer of gases into the medium with a lower partial pressure is called diffusion. Hemoglobin is that substance of the blood which transfers oxygen in the blood. The oxygen capacity of the blood averages to 18-20 millilitres (ml) per 100 gr of blood. Carbon dioxide is transferred in combination with hemoglobin and as bicarbonic salts. The combination of oxygen and hemoglobin is called oxyhemoglobin, that of carbon dioxide and hemoglobin — carbohemoglobin.

08 Expand on the following:

1. It is advisable to study the movements of the stomach by means of X-rays. 2. The pyloric portion consists of the pyloric vestibule. 3. When food has been swallowed some of it passes to the pyloric part of the stomach. 4. Peristalsis begins near the middle of the stomach. 5. The contractions last throughout the whole period of gastric digestion.

Correct answer.

It is advisable to study the movements of the stomach by direct observation by means of the X-rays. In order to make the shape of the stomach visible the food — bread and milk — is mixed with a quantity of barium sulphate. The presence of this substance does not interfere with the processes of digestion, but renders the gastric contents to the Rontgen rays. In the human stomach the term fundus is limited to that part of the stomach situated above the cardiac orifice (in the erect position). The body of the stomach is marked off from the pyloric part by the incisura angularis on the lesser curvature represented in many animals by a strong «transverse band». The pyloric portion consists of the pyloric vestibule (or atrium) and the pyloric canal, the latter being a tubular portion with thick muscular walls about 3 cm in length, especially well-marked in children. When food has been swallowed (in the erect position) its weight is sufficient to overcome the resistance of the contracted gastric wall and some of it rapidly passes to the pyloric part. The remainder stays in the body of the stomach. It is due to constant pressure on its contents, that is forced them towards the pylorus. Peristalsis begins almost at once, each constriction starting near the middle of the stomach, and deepening as it slowly progresses towards the pylorus. These waves succeed one another, so that the pyloric part may present a series of constrictions. Their effect is to force towards the pylorus the food which has been mixed with gastric juice. The longer the pylorus remains -closed the longer the food cannot escape and therefore is squeezed back, forming an axial reflux stream towards the body. These contractions last throughout the whole period of gastric digestion, and become more marked as it proceeds. Due to their action a thorough mixture of food and gastric juice results. Movements of the stomach may be observed even on a stomach

	which has been excised and placed in warm water-salt solution. They must therefore have their origin in the walls of the stomach itself. 09 Give the following information: what does vitamin mean; what information can be given about the origin of vitamin. Correct answer. Vitamin means life. The story of vitamins actually begins in 1911, when a Polish chemist by the name of Kazimir Funk extracted from rice polishings' a crystalline substance. This substance was capable to cure beri-beri. Analyses of these crystals revealed the presence of nitrogen in basic combination, i.e. the «amino»-nitrogen; Funk therefore called this substance «vita-mine». The root «vita» indicates that the substance is essential to life and health. In this way, the word vitamin was born. For four years before Funk's discovery a series of studies had begun in the USA to determine the value of cereals such as wheat, corn and oats as a cattle diet. Eventually it was found necessary to resort to rats to solve the problem of cereal differences. 10 Expand on the following: 1. The spinal canal contains a cord. 2. The diaphragm divides the trunk into two cavities. 3. The alimentary canal transverses them. 4. The oesophagus opens into the pharynx. Correct answer. The whole body is bilaterally symmetrical. There are special bones in the trunk which are bound together by a very strong and tough substance into a long column, which lies nearer the dorsal (or back) than ventral (or front) part of the body. The bones are called the vertebrae. They separate a long narrow canal, the spinal canal, which lies upon the dorsal side. The spinal canal contains a long white cord (the spinal cord) which is an important part of the nervous system. The diaphragm divides the ventral chamber into two cavities, the thorax and abdomen. The alimentary canal transverses these cavities from one end to the other and pierces the diaphragm. In the abdomen there are also two kidneys, which lie against each side of the vertebral column, the ureters, the bladder, the liver, the pancreas and the spleen. The thorax encloses the heart and two lungs. The latter lie one on each side of the heart. The dorsal chamber, or cavity of the skull, opens into the spinal canal. It contains the brain, which is continuous with the spinal cord. The brain and the spinal cord together constitute the cerebrospinal system. The ventral chamber, or cavity of the face encloses mouth and pharynx, into which the upper end of the alimentary canal (gullet or oesophagus) opens.
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Assessment criteria

"**Very good**" – over 80% correct answers of questions of every level

"**Good**" – 70-79% correct answers of questions of every level

"**Satisfactory**" – 55-69% correct answers of questions of every level

"**Unsatisfactory**" – less than 55% correct answers of questions of every level

Standardized case studies and checklists for the **B1.C.56 Foreign language** course

Case Study No. 1

	Code	Competence description / name of labor function / name of work activity / text
S	31.05.01	General Medicine (English-language program)
C	UC-4	Able to apply modern communicative technologies, including those that require the knowledge of foreign languages, for academic and professional interaction
C	GPC-10	A grasp of modern information technologies and is able to use them when working to achieve objectives of professional activity
F	A/05.7	Implementation of disease prevention measures for the adult population groups based on age and health status, as well as health and hygiene education of the population and monitoring their effectiveness
I		READ THE PROVIDED CASE DESCRIPTION AND GIVE DETAILED ANSWERS TO THE QUESTIONS A 51-year-old woman was first seen in the out-patient department in November, 2020 presenting complaints of gastric distress, some pain in the midepigastrum following meals and severe vomiting in the past few weeks. The pain was dull in character and was limited to the epigastrum. She noted a weight loss of approximately 12 pounds during the two months prior to entry. Only rarely did ingestion of food relieve her abdominal distress, but in the recent past vomiting seemed to give some relief. A gastrointestinal X-ray examination done in the out-patient department showed a constant defect in the second portion of the duodenum. There was no obstruction to the flow of barium, but irregularity and narrowing of the lumen were noted just proximal and distal to the constant filling defect. The members of the X-ray department considered that the most likely explanation was neoplasm of the duodenum.
Q	1	Question: Using the text above, find the English equivalents of the following: <i>‘желудочное расстройство’</i> 1. gastric distress 2. gastrointestinal distress 3. abdominal distress 4. distress of abdomen
Q	2	Question: Identify the patient’s complaints in the text above: 1. A 51-year-old woman was first seen in the out-patient department in November, 2020 presenting complaints of gastric distress, some pain in the midepigastrum following meals and severe vomiting in the past few weeks. 2. The pain was dull in character. 3. The pain was dull in character and was limited to the epigastrum.

		4. A 51-year-old woman was first seen in the out-patient department in November, 2020 presenting complaints of gastric distress, some pain in the midepigastrium.
Q	3	Question: Translate the following sentence into Russian: ‘<i>Only rarely did ingestion of food relieve her abdominal distress, but in the recent past vomiting seemed to give some relief.</i>’ 1. Лишь изредка приём пищи облегчал ее абдоминальное расстройство, но в недавнем прошлом рвота, казалось, приносила некоторое облегчение. 2. Лишь изредка приём пищи облегчал ее абдоминальное расстройство, но в недавнем прошлом рвота оказывала какое-то облегчение. 3. Лишь изредка приём пищи облегчал ее абдоминальное расстройство, но на днях рвота, казалось, приносила некоторое облегчение. 4. Лишь изредка приём пищи облегчал ее абдоминальное расстройство.
Q	4	Question: Summarize the X-ray findings from the text above in one sentence. 1. A gastrointestinal X-ray examination done in the out-patient department showed a constant defect in the second portion of the duodenum. 2. A gastrointestinal X-ray examination done in the out-patient department showed a constant defect in the first portion of the duodenum. 3. A gastrointestinal X-ray examination done in the out-patient department showed a constant defect in some portion of the duodenum. 4. A gastrointestinal X-ray examination done in the out-patient department showed a constant defect in the duodenum.
Q	5	Question: Using examples from the text above, explain why the staff of the radiology department considered a duodenal neoplasm (tumor) the most likely cause of the X-ray findings. 1. There was no obstruction to the flow of barium, but irregularity and narrowing of the lumen were noted just proximal and distal to the constant filling defect. 2. There was no obstruction to the flow of barium, but irregularity of the lumen was noted just proximal and distal to the constant filling defect. 3. There was no obstruction to the flow of barium, but narrowing of the lumen was noted just proximal and distal to the constant filling defect. 4. There was no obstruction to the flow of barium.

Case Study No.1 Checklist

	Code	Competence description / name of labor function / name of work activity / text
S	31.05.01	General Medicine (English-language program)

C	UC-4	Able to apply modern communicative technologies, including those that require the knowledge of foreign languages, for academic and professional interaction
C	GPC-10	A grasp of modern information technologies and is able to use them when working to achieve objectives of professional activity
F	A/05.7	Implementation of disease prevention measures for the adult population groups based on age and health status, as well as health and hygiene education of the population and monitoring their effectiveness
I		READ THE PROVIDED CASE DESCRIPTION AND GIVE DETAILED ANSWERS TO THE QUESTIONS A 51-year-old woman was first seen in the out-patient department in November, 2020 presenting complaints of gastric distress, some pain in the midepigastrium following meals and severe vomiting in the past few weeks. The pain was dull in character and was limited to the epigastrium. She noted a weight loss of approximately 12 pounds during the two months prior to entry. Only rarely did ingestion of food relieve her abdominal distress, but in the recent past vomiting seemed to give some relief. A gastrointestinal X-ray examination done in the out-patient department showed a constant defect in the second portion of the duodenum. There was no obstruction to the flow of barium, but irregularity and narrowing of the lumen were noted just proximal and distal to the constant filling defect. The members of the X-ray department considered that the most likely explanation was neoplasm of the duodenum.
Q	1	Question: Using the text above, find the English equivalents of the following: <i>‘желудочное расстройство’</i> 1. gastric distress 2. gastrointestinal distress 3. abdominal distress 4. distress of abdomen
A		Correct answer: 1. gastric distress 3. abdominal distress
R2	Very good	Full answer given (1, 3)
R1	Good/Satisfactory	“Good” grade (1 mistake was made) – 1, 2 “Satisfactory” grade (2 mistakes were made) – 2, 3, 4
R0	Fail	Incorrect answer given (2, 4)
Q	2	Question: Identify the patient’s complaints in the text above: 1. A 51-year-old woman was first seen in the out-patient department in November, 2020 presenting complaints of gastric distress, some pain in the midepigastrium following meals and severe vomiting in the past few weeks. 2. The pain was dull in character. 3. The pain was dull in character and was limited to the epigastrium.

		4. A 51-year-old woman was first seen in the out-patient department in November, 2020 presenting complaints of gastric distress, some pain in the midepigastrium.
A		Correct answer: 1. A 51-year-old woman was first seen in the out-patient department in November, 2020 presenting complaints of gastric distress, some pain in the midepigastrium following meals and severe vomiting in the past few weeks. 3. The pain was dull in character and was limited to the epigastrium.
R2	Very good	Full answer given (1, 3)
R1	Good/Satisfactory	“Good” grade (1 mistake was made) – 1, 4 “Satisfactory” grade (2 mistakes were made) – 2, 3, 4
R0	Fail	Incorrect answer given (2, 4)
Q	3	Question: Translate the following sentence into Russian: ‘ <i>Only rarely did ingestion of food relieve her abdominal distress, but in the recent past vomiting seemed to give some relief.</i> ’ 1. Лишь изредка приём пищи облегчал ее абдоминальное расстройство, но в недавнем прошлом рвота, казалось, приносила некоторое облегчение. 2. Лишь изредка приём пищи облегчал ее абдоминальное расстройство, но в недавнем прошлом рвота оказывала какое-то облегчение. 3. Лишь изредка приём пищи облегчал ее абдоминальное расстройство, но на днях рвота, казалось, приносила некоторое облегчение. 4. Лишь изредка приём пищи облегчал ее абдоминальное расстройство.
A		Correct answer: 1. Лишь изредка приём пищи облегчал ее абдоминальное расстройство, но в недавнем прошлом рвота, казалось, приносила некоторое облегчение.
R2	Very good	Full answer given (1)
R1	Good/Satisfactory	“Good” grade (1 mistake was made) – 1, 2 “Satisfactory” grade (2 mistakes were made) – 1, 2, 3
R0	Fail	Incorrect answer given (2, 3, 4)
Q	4	Question: Summarize the X-ray findings from the text above in one sentence. 1. A gastrointestinal X-ray examination done in the out-patient department showed a constant defect in the second portion of the duodenum. 2. A gastrointestinal X-ray examination done in the out-patient department showed a constant defect in the first portion of the duodenum. 3. A gastrointestinal X-ray examination done in the out-patient department showed a constant defect in some portion of the duodenum. 4. A gastrointestinal X-ray examination done in the out-patient department showed a constant defect in the duodenum.

A		Correct answer: 1. A gastrointestinal X-ray examination done in the out-patient department showed a constant defect in the second portion of the duodenum.
R2	Very good	Full answer given (1)
R1	Good/Satisfactory	“Good” grade (1 mistake was made) – 1, 2 “Satisfactory” grade (2 mistakes were made) – 1, 2, 3
R0	Fail	Incorrect answer given (2, 3, 4)
Q	5	Question: Using examples from the text above, explain why the staff of the radiology department considered a duodenal neoplasm (tumor) the most likely cause of the X-ray findings. 1. There was no obstruction to the flow of barium, but irregularity and narrowing of the lumen were noted just proximal and distal to the constant filling defect. 2. There was no obstruction to the flow of barium, but irregularity of the lumen was noted just proximal and distal to the constant filling defect. 3. There was no obstruction to the flow of barium, but narrowing of the lumen was noted just proximal and distal to the constant filling defect. 4. There was no obstruction to the flow of barium.
A		Correct answer: 1. There was no obstruction to the flow of barium, but irregularity and narrowing of the lumen were noted just proximal and distal to the constant filling defect.
R2	Very good	Full answer given (1)
R1	Good/Satisfactory	“Good” grade (1 mistake was made) – 1, 2 “Satisfactory” grade (2 mistakes were made) – 1, 2, 3
R0	Fail	Incorrect answer given (2, 3, 4)

Case Study No. 2

	Code	Competence description / name of labor function / name of work activity / text
S	31.05.01	General Medicine (English-language program)
C	UC-4	Able to apply modern communicative technologies, including those that require the knowledge of foreign languages, for academic and professional interaction
C	GPC-10	A grasp of modern information technologies and is able to use them when working to achieve objectives of professional activity
F	A/05.7	Implementation of disease prevention measures for the adult population groups based on age and health status, as well as health and hygiene education of the population and monitoring their effectiveness
I		READ THE PROVIDED CASE DESCRIPTION AND GIVE DETAILED ANSWERS TO THE QUESTIONS

		A 62-year-old woman was first seen in the clinic on April 2018. On admission the following data of her history were obtained from her. For about one year she had experienced vague episodic upper abdominal pains. She said that on several occasions the pain had awakened her from a sound sleep and was relieved only by ingestion of food. Abdominal examination revealed moderate tenderness in the right hypochondric region. No abdominal masses were palpable. Routine laboratory examinations were within normal limits. Cholecystography revealed multiple calculi. The upper gastrointestinal roentgenologic examination was normal. The surgeon said operation was indispensable. As the patient refused to be operated on the surgeon sent her for a course of treatment at the out-patient department. She returned for cholecystomy in a month after having been treated in the operation was performed it was successful and the patient's postoperative course was uneventful.
Q	1	Question: Using the text above, find the English equivalents of the following: <i>‘нечёткие эпизодические боли в верхней части живота’</i>, <i>‘умеренная болезненность в правом подреберье’</i> 1. vague episodic upper abdominal pains 2. episodic upper abdominal pains 3. moderate tenderness in the right hypochondric region 4. moderate tenderness in the left hypochondric region
Q	2	Question: Summarize the patient's anamnesis (i.e. information on the history of her disease obtained by the doctor) in a few sentences. 1. For about one year she had experienced episodic upper abdominal pains. 2. For about one year she had experienced vague episodic upper abdominal pains. 3. She said that on several occasions the pain had awakened her at night and was relieved only by ingestion of food. 4. She said that on several occasions the pain had awakened her from a sound sleep and was relieved only by ingestion of food.
Q	3	Question: Translate the following sentence into Russian: <i>‘She returned for cholecystomy in a month after having been treated in the operation was performed it was successful and the patient's postoperative course was uneventful.’</i> 1. Она вернулась на холецистотомию через месяц после лечения, операция прошла успешно, и послеоперационное восстановление пациента протекало без осложнений. 2. Она вернулась на холецистотомию через месяц после лечения, послеоперационное восстановление пациента протекало без осложнений. 3. Она вернулась на холецистотомию через полмесяца после лечения, операция прошла успешно, и послеоперационное восстановление пациента протекало без осложнений. 4. Она вернулась на холецистотомию через месяц после лечения, операция прошла успешно.
Q	4	Question:

		Summarize the results of laboratory tests and X-ray findings from the text above in a few sentences. 1. Routine laboratory examinations were within normal limits. 2. Routine laboratory examinations were abnormal. 3. Cholecystography revealed multiple calculi. The upper gastrointestinal roentgenologic examination was normal. 4. Cholecystography revealed multiple calculi. The upper gastrointestinal roentgenologic examination was abnormal.
Q	5	Question: Using examples from the text above, explain why the patient's postoperative recovery proceeded without complications. 1. She returned for cholecystomy in a month after having been treated in the operation was performed it was successful and the patient's postoperative course was uneventful. 2. The surgeon said operation was indispensable. 3. Abdominal examination revealed moderate tenderness in the right hypochondric region. 4. She returned for cholecystomy in a month after having been treated in the operation was performed it was successful.

Case Study No.2 Checklist

	Code	Competence description / name of labor function / name of work activity / text
S	31.05.01	General Medicine (English-language program)
C	UC-4	Able to apply modern communicative technologies, including those that require the knowledge of foreign languages, for academic and professional interaction
C	GPC-10	A grasp of modern information technologies and is able to use them when working to achieve objectives of professional activity
F	A/05.7	Implementation of disease prevention measures for the adult population groups based on age and health status, as well as health and hygiene education of the population and monitoring their effectiveness
I		READ THE PROVIDED CASE DESCRIPTION AND GIVE DETAILED ANSWERS TO THE QUESTIONS A 62-year-old woman was first seen in the clinic on April 2018. On admission the following data of her history were obtained from her. For about one year she had experienced vague episodic upper abdominal pains. She said that on several occasions the pain had awakened her from a sound sleep and was relieved only by ingestion of food. Abdominal examination revealed moderate tenderness in the right hypochondric region. No abdominal masses were palpable. Routine laboratory examinations were within normal limits. Cholecystography revealed multiple calculi. The upper gastrointestinal roentgenologic examination was normal. The surgeon said operation was indispensable. As the patient refused to be operated on the surgeon sent her for a course of treatment at the out-patient department. She returned for cholecystomy in a month after having been treated in the

		operation was performed it was successful and the patient's postoperative course was uneventful.
Q	1	Question: Using the text above, find the English equivalents of the following: 'нечёткие эпизодические боли в верхней части живота', 'умеренная болезненность в правом подреберье' 1. vague episodic upper abdominal pains 2. episodic upper abdominal pains 3. moderate tenderness in the right hypochondric region 4. moderate tenderness in the left hypochondric region
A		Correct answer: 1. vague episodic upper abdominal pains 3. moderate tenderness in the right hypochondric region
R2	Very good	Full answer given (1, 3)
R1	Good/Satisfactory	"Good" grade (1 mistake was made) – 1, 2 "Satisfactory" grade (2 mistakes were made) – 2, 3, 4
R0	Fail	Incorrect answer given (2, 4)
Q	2	Question: Summarize the patient's anamnesis (i.e. information on the history of her disease obtained by the doctor) in a few sentences. 1. For about one year she had experienced episodic upper abdominal pains. 2. For about one year she had experienced vague episodic upper abdominal pains. 3. She said that on several occasions the pain had awakened her at night and was relieved only by ingestion of food. 4. She said that on several occasions the pain had awakened her from a sound sleep and was relieved only by ingestion of food
A		Correct answer: 2. For about one year she had experienced vague episodic upper abdominal pains. 4. She said that on several occasions the pain had awakened her from a sound sleep and was relieved only by ingestion of food
R2	Very good	Full answer given (2, 4)
R1	Good/Satisfactory	"Good" grade (1 mistake was made) – 1, 2 "Satisfactory" grade (2 mistakes were made) – 1, 2, 3
R0	Fail	Incorrect answer given (1, 3)
Q	3	Question: Translate the following sentence into Russian: 'She returned for cholecystomy in a month after having been treated in the operation was performed it was successful and the patient's postoperative course was uneventful.' 1. Она вернулась на холецистомию через месяц после лечения, операция прошла успешно, и послеоперационное восстановление пациента протекало без осложнений. 2. Она вернулась на холецистомию через месяц после лечения, послеоперационное восстановление пациента протекало без осложнений. 3. Она вернулась на холецистомию через полмесяца после лечения, операция прошла успешно, и послеоперационное восстановление пациента протекало без осложнений. 4. Она вернулась на холецистомию через месяц после лечения, операция прошла успешно.

A		Correct answer: 1. Она вернулась на холецистотомию через месяц после лечения, операция прошла успешно, и послеоперационное восстановление пациента протекало без осложнений.
R2	Very good	Full answer given (1)
R1	Good/Satisfactory	“Good” grade (1 mistake was made) – 1, 2 “Satisfactory” grade (2 mistakes were made) – 1, 2, 3
R0	Fail	Incorrect answer given (2, 3, 4)
Q	4	Question: Summarize the results of laboratory tests and X-ray findings from the text above in a few sentences. 1. Routine laboratory examinations were within normal limits. 2. Routine laboratory examinations were abnormal. 3. Cholecystography revealed multiple calculi. The upper gastrointestinal roentgenologic examination was normal. 4. Cholecystography revealed multiple calculi. The upper gastrointestinal roentgenologic examination was abnormal.
A		Correct answer: 1. Routine laboratory examinations were within normal limits. 3. Cholecystography revealed multiple calculi. The upper gastrointestinal roentgenologic examination was normal.
R2	Very good	Full answer given (1, 3)
R1	Good/Satisfactory	“Good” grade (1 mistake was made) – 1, 2 “Satisfactory” grade (2 mistakes were made) – 2, 3, 4
R0	Fail	Incorrect answer given (2, 4)
Q	5	Question: Using examples from the text above, explain why the patient’s postoperative recovery proceeded without complications. 1. She returned for cholecystomy in a month after having been treated in the operation was performed it was successful and the patient’s postoperative course was uneventful. 2. The surgeon said operation was indispensable. 3. Abdominal examination revealed moderate tenderness in the right hypochondric region. 4. She returned for cholecystomy in a month after having been treated in the operation was performed it was successful.
A		Correct answer: 1. She returned for cholecystomy in a month after having been treated in the operation was performed it was successful and the patient’s postoperative course was uneventful.
R2	Very good	Full answer given (1)
R1	Good/Satisfactory	“Good” grade (1 mistake was made) – 1, 2 “Satisfactory” grade (2 mistakes were made) – 1, 2, 3
R0	Fail	Incorrect answer given (2, 3, 4)

4. Assessment criteria for learning outcomes

"Pass" is given to a student who has shown a sufficiently strong knowledge of the basic concepts of the subject; is able to complete specific practical tasks outlined in the program with no outside help, use recommended reference material, and correctly evaluate the results.

"Fail" is given to a student who has significant gaps in knowledge of the basic concepts of the subject, is not able reach the correct solution to a specific practical task outlined in the curriculum even with outside help.