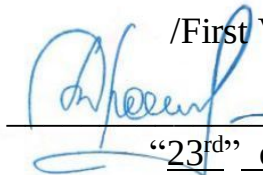


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Должность: И.о. ректора
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Federal State Budget Educational Institution
of Higher Education
Pacific State Medical University
of the Ministry of Health of the Russian Federation

APPROVED BY

/First Vice-Rector



/ Dvoynikova E.R./

“23rd” of June 2026

DISCIPLINE WORK PROGRAM

B1.C.34 Outpatient therapy

(name of discipline)

Specialty

31.05.01 General Medicine (English-language program)

(code, name)

Degree

Specialist's degree

Profile

02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system)

Mode of study

Full-time

Period of mastering the BEP

6 years

(nominal length of study)

Institute

of Therapy (Internal Medicine) and Instrumental Diagnostics

Program of the discipline **B1.C.34 Outpatient therapy** is based on:

1) Federal State Educational Standard of Higher Education for the specialty approved by the Order No. 988 of Ministry of Science and Higher Education of the Russian Federation dated August 12, 2020.

2) Curriculum for the 31.05.01 General Medicine (English-language program), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), approved by the Academic Council of FSBEI HE PSMU of the Ministry of Health of Russia, Report No. 1-7/25-26 dated March 27, 2026.

Work program for the discipline was developed by the writing team of the Institute of Therapy (Internal Medicine) and Instrumental Diagnostics of the FSBEI HE PSMU of the Ministry of Health of Russia, under the guidance of the director of the Institute, Doctor of Medical Sciences, Professor Nevzorova V.A.

Developed by:

Assistant Professor (position held)	Candidate of Medical Sciences (academic degree, academic title)	Yurlova S.V. (full name)
Assistant Professor (position held)	Candidate of Medical Sciences (academic degree, academic title)	Rodionova L.V. (full name)

1. GENERAL PROVISIONS

1.1. Purpose and Objectives of Mastering B1.C.34 Outpatient therapy

The purpose of mastering the discipline is achieving general professional and professional competencies necessary for performing work activities within the framework of labor functions of the Occupational standard (Order of the Ministry of Labor and Social Protection No.293n "On approval of the Occupational standard "Physician, M.D." dated March 21, 2017).

Objectives of mastering the discipline:

1. Developing skills of patient examination and treatment in an outpatient setting;
2. Developing skills of conducting temporary disability examinations;
3. Developing skills of conducting preventive medical examinations, periodic health examinations, and follow-up care and observation measures;
4. Developing skills of maintaining medical documents.

2. DISCIPLINE AS PART OF THE BASIC EDUCATIONAL PROGRAM

Discipline **B1.C.34 Outpatient therapy** is included in the Compulsory part of the basic educational program for the specialty 31.05.01 General Medicine (English-language program), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), and is part of the 9th, 10th, and 11th semesters' curriculum

3. PLANNED LEARNING OUTCOMES OF THE DISCIPLINE

3.1. Mastering the discipline **B1.C.34 Outpatient therapy** is aimed at the development of students' competencies. The discipline facilitates the development of students' competencies corresponding to the types of professional activity.

Name of competency category (group)	Code and Name of competency of the graduate	Competency Indicators
General Professional Competencies		
Instrumental Diagnostics	GPC-4. Able to use medical devices included in the healthcare guidelines, as well as perform medical examination to make a diagnosis	AI.GPC-4 ₁ - uses medical devices for diagnosis, treatment and rehabilitation in accordance with healthcare guidelines AI.GPC-4 ₂ - performs medical examination of a patient using basic and general clinical skills, laboratory tests and diagnostic procedures AI.GPC-4 ₃ - evaluates medical examination results in order to make a diagnosis
Treatment of diseases and conditions	GPC-7. Able to prescribe treatment and monitor its efficacy and safety	AI.GPC-7 ₁ - prescribes treatment, selects dosage of medications and treatment regimens in accordance with existing guidelines with no outside help AI.GPC-7 ₂ - monitors the efficacy of treatment and adjusts the medication regimen if necessary AI.GPC-7 ₃ - considers contraindications when prescribing treatment and identifies adverse drug reaction
Medical rehabilitation	GPC-8. Able to implement and monitor medical rehabilitation of a patient, including implementation of individual rehabilitation programs and habilitation programs for people with disabilities, as well as assess ability to work of a patient	AI.GPC-8 ₁ - decides on the type of medical rehabilitation AI.GPC-8 ₂ - evaluates the results of rehabilitation measures, selects methods of monitoring the implementation of individual rehabilitation programs and habilitation programs for people with disabilities AI.GPC-8 ₃ - assesses the patient's ability to work, determines the duration of temporary disability

Professional Competencies		
A/02.7 Examination of the patient in order to make a diagnosis	PC-3 Ability and readiness to collect and analyze complaints that a patient presents with, anamnestic data, examination results, results of laboratory and instrumental tests, biopsy and other studies in order to identify patient's condition or establish the presence or absence of a disease	AI.PC-3 ₁ - collects patient's anamnesis, conducts examination, palpation, percussion and auscultation in healthy people with noninfectious and infectious diseases of internal organs, provides a diagnostic assessment of the identified symptoms, diagnoses syndromes; AI.PC-3 ₂ - identifies pathogenetic and pathomorphological features of diseases of internal organs; AI.PC-3 ₃ - selects required additional diagnostic methods, evaluates their results in order to recognize patient's condition, establish the presence or absence of the disease
	PC-4 Ability and readiness to identify main pathological conditions, syndromes, symptoms of diseases, specific diseases of a patient in accordance with International Statistical Classification of Diseases and Related Health Problems	AI.PC-4 ₁ - diagnoses syndromes and makes preliminary diagnoses based on the results of a physical examination in noninfectious and infectious diseases of internal organs; AI.PC-4 ₂ - conducts differential diagnosis of noninfectious and infectious diseases of internal organs, assesses the prognosis, formulates the need for additional counseling by doctors of different specialties; AI.PC-4 ₃ - makes the final diagnosis and formats it in accordance with the ICD
A/03.7 Prescribing treatment and monitoring its efficiency and safety	PC-5 Ability and readiness to select patient management tactic with decision on risk factors correction program, plan of pharmacological and non-pharmacological treatment and assessment of their efficiency and safety in patients with diseases of internal organs, taking into account the diagnosis, age of the patient, and clinical picture of the disease in settings including day hospital	AI.PC-5 ₁ - identifies priority areas in risk factor correction programs, pharmacological and non-pharmacological treatment plans based on the diagnosis, taking into account medical guidelines and current procedures for providing medical care; AI.PC-5 ₂ - assesses patient compliance, monitors the effectiveness of the treatment, determines the safety of using medications, and adjusts the prescribed treatment taking into account treatment goals; AI.PC-5 ₃ - identifies the need for personalized therapy in certain categories of patients, including pregnant women, elderly and senile patients, taking into account polymorbidity; determines the need for outpatient or combined treatment at home and in a day hospital
	PC-6 Ability and readiness to select a type of patient routing based on current medical care procedures	AI.PC-6 ₁ - has a grasp of the distribution of patient flows depending on the patient's reason for seeking medical help; AI.PC-6 ₂ - identifies indications for referral of patients for specialized and high-tech medical care
A/04.7 Implementation and monitoring of the effectiveness of medical rehabilitation of patients, including implementation of individual rehabilitation or habilitation programs for	PC-7 Ability and readiness to conduct an examination of temporary disability, participate in disability medical exam	AI.PC-7 ₁ - has a grasp of the legislation of the Russian Federation regulating medical examination procedures, procedure of issuing temporary disability certificates; has a grasp of medical indications for referral of patients with impaired body functions for disability medical exam, preparation of

people with disabilities; assessment of the patient's ability to work		medical documentation procedures and requirements; AI.PC-7 ₂ - demonstrates skills of identifying signs of temporary disability and signs of a persistent or significant disability of patients; demonstrates skills of issuing temporary disability certificates, as well as participation in the temporary disability examination carried out by the Medical Examining Board of a medical organization; AI.PC-7 ₃ - has a grasp of medical documentation requirements of disability medical exam in federal state institutions of disability evaluation, as well as temporary disability examination and disability medical exam of patients
A/05.7 Implementation of disease prevention measures for the adult population groups based on age and health status, as well as health and hygiene education of the population and monitoring their effectiveness	PC-8 Ability and readiness to perform preventive medical examinations, periodic health examination and follow-up care	AI.PC-8 ₁ - has a grasp of periodic health examination and follow-up care procedures, medical examinations aimed at identifying pathological conditions, diseases and risk factors; AI.PC-8 ₂ - is able to perform periodic health examinations and follow-up care, medical examinations aimed at identifying pathological conditions, diseases and risk factors; AI.PC-8 ₃ - has a grasp of methods population health status assessment of various sex and age groups, as well as methods of implementing primary specific and nonspecific disease prevention measures, periodic health examinations and follow-up care

3.2. Types of professional activity corresponding to competencies developed over the course of mastering **B1.C.34 Outpatient therapy**:

Types of professional activity objectives

1. *Medical*

Kinds of professional activity objectives

1. *Diagnostics*

2. *Treatment*

3. *Rehabilitation*

4. *Disease prevention*

5. *Administrative work*

3.3. Planned learning outcomes of mastering the discipline are represented by knowledge, skills, abilities and/or experience, characterize the stages of developing competencies and ensure achievement of the planned outcomes of mastering the basic educational program. Learning outcomes of a discipline are correlated with competency indicators.

4. SCOPE AND CONTENT OF THE DISCIPLINE

4.1. Scope of the Discipline and Types of Academic Work

Type of Academic Work	Total Hours	Semesters		
		9	10	11
		hours	hours	hours
1	2	3	4	5

Classroom hours (total), including:		230	72	72	86
Lectures (L)		66	20	20	26
Practical classes (C)		164	52	52	60
Independent work of the student (IW), including:		130	36	36	58
<i>Writing a medical record</i>		14	14		
<i>Preparing medical documentation</i>		50	7	21	22
<i>Preparing for classes (CP)</i>		40	12	12	16
<i>Preparing for continuous assessment (CAP)</i>		10	3	3	4
<i>Preparation for interim assessment (IAP)</i>		16			16
Interim assessment		36			36
Type of interim assessment	pass/fail test (T)				
	exam (E)	E			E
TOTAL: TOTAL credit value	hrs.	396	108	108	180
	credits	11	3	3	5

4.2. Contents of the Discipline

4.2.1. Topics of Discipline Lectures and Academic Hours per Semester

No.	Lecture Topic	Hours
1	2	3
Semester No. 9		
1.	Procedure of providing primary healthcare. Organization of the work of an outpatient clinic (polyclinic). Professional duties of a district doctor	2
2.	Clinical guidelines, procedures and standards of providing medical aid in the work of a general practitioner	2
3.	Standardized forms of documentation in the practice of a district general practitioner (prescription, informed consent form, outpatient medical record, appointment slips, certificate for obtaining a voucher for health resort treatment, health resort treatment card)	2
4.	Temporary disability examination in the practice of a district doctor	2
5.	Permanent disability examination in the practice of a district doctor	2
6.	Preventive medical examinations and periodic health examinations in adult population: goals, objectives, procedure, documents management	2
7.	Follow-up care and observation in patients with chronic non-infectious diseases. Legislation covering follow-up care and observation in patients with high risk of developing chronic non-infectious diseases and patients with those diseases	2
8.	Acute diseases of the upper airways (ARVI, tonsillitis, acute bronchitis) in the practice of a district doctor. Community-acquired pneumonia	2
9.	Chronic obstructive pulmonary disease (COPD) in the practice of a district doctor	2
10.	Bronchial asthma in the practice of a district doctor	2
	Hours per semester total	20
Semester No. 10		
1.	Hypertension in the practice of a district doctor	2
2.	Non-coronary diseases of myocardium (myocarditis, hypertrophic and dilated	2

	cardiomyopathy) in the practice of a district doctor	
3.	Stable angina pectoris in the practice of a district doctor	2
4.	Unstable angina pectoris in the practice of a district doctor	2
5.	Atrial fibrillation in the practice of a district doctor	2
6.	Arrhythmias and conduction disorders in the practice of a district doctor	2
7.	Congestive heart failure in the practice of a district doctor	2
8.	Consequences of acute cerebrovascular accidents in the practice of a district doctor	2
9.	Syncope and acquired heart defects in the practice of a district doctor	2
10.	Prevention of cardiovascular complications and mortality in the practice of a general practitioner	2
	Hours per semester total	20
Semester No. 11		
1.	Diabetes mellitus in the practice of a district doctor	2
2.	Diseases of the esophagus, stomach, and duodenum in the practice of a district doctor	2
3.	Intestinal diseases in the practice of a district doctor	2
4.	Diseases of the pancreas in the practice of a district doctor	2
5.	Diseases of the liver in the practice of a district doctor (non-alcoholic fatty liver disease, hepatitis, cirrhosis)	2
6.	Diseases of the kidney in the practice of a district doctor (acute and chronic pyelonephritis, glomerulonephritis)	2
7.	Chronic kidney disease in the practice of a district doctor	2
8.	Pathology of hemostasis in the practice of a district doctor	2
9.	Anemia in the practice of a district doctor (iron deficiency anemia, B12 deficiency anemia, anemia of pregnancy)	2
10.	Geriatric patient in the practice of a district doctor: aspects of somatic pathology in geriatric patients. Pharmacological treatment of geriatric patients	2
11.	Frailty syndrome: diagnostic algorithm, follow-up care and observation	2
12.	Oncological alertness in the practice of a district doctor: screening, diagnostic algorithm in patients with suspected oncology	2
13.	Palliative care in outpatient setting	2
	Hours per semester total	26

4.2.2. Topics of Discipline Practical Classes and Academic Hours per Semester

No.	Practical Class Topic	Hours
1	2	3
Semester No. 9		
1	Procedure of providing primary healthcare in the Russian Federation. Organization of the work of an outpatient clinic (polyclinic). Professional duties of a district doctor	4
2	Clinical guidelines, procedures and standards of providing medical aid in the work of a general practitioner	4
3	Standardized forms of documentation in the practice of a district general practitioner (prescription, informed consent form, outpatient medical record, appointment slips, certificate for obtaining a voucher for health resort treatment, health resort treatment card)	4
4	Temporary disability examination in the practice of a district doctor	4
5	Permanent disability examination in the practice of a district doctor	4
6	Preventive medical examinations and periodic health examinations in adult population: goals, objectives, procedure, documents management	4

7	Follow-up care and observation in patients with chronic non-infectious diseases. Legislation covering follow-up care and observation in patients with high risk of developing chronic non-infectious diseases and patients with those diseases	4
8	Acute diseases of the upper airways (ARVI, tonsillitis, acute bronchitis) in the practice of a district doctor. Community-acquired pneumonia	4
9	Chronic obstructive pulmonary disease (COPD) in the practice of a district doctor	4
10	Bronchial asthma in the practice of a district doctor	4
11	Prediabetes in the practice of a district doctor	4
12	Diabetes mellitus in the practice of a district doctor	4
13	Diseases of the thyroid in the practice of a district doctor	4
	Hours per semester total	52
Semester No. 10		
1	Hypertension in the practice of a district doctor	4
2	Non-coronary diseases of myocardium (myocarditis, hypertrophic and dilated cardiomyopathy) in the practice of a district doctor	4
3	Stable angina pectoris in the practice of a district doctor	4
4	Unstable angina pectoris in the practice of a district doctor	4
5	Atrial fibrillation in the practice of a district doctor	4
6	Arrhythmias and conduction disorders in the practice of a district doctor	4
7	Congestive heart failure in the practice of a district doctor	4
8	Syncopal states in the practice of a district doctor	4
9	Syncope and acquired heart defects in the practice of a district doctor	4
10	Prevention of cardiovascular complications and mortality in the practice of a general practitioner	
11	Consequences of acute cerebrovascular accidents in the practice of a district doctor	
12	Acute infectious diseases in the practice of a general practitioner. Procedures at the site of infection	
13	Diseases of the joints in the practice of a district doctor (osteoarthritis, gout, rheumatic arthritis, rheumatoid arthritis)	
	Hours per semester total	52
Semester No. 11		
1	Back pain in the practice of a district doctor	4
2	Osteoporosis in the practice of a district doctor	4
3	Diseases of the esophagus in the practice of a district doctor	4
4	Diseases of the stomach and duodenum in the practice of a district doctor	4
5	Intestinal diseases in the practice of a district doctor	4
6	Diseases of the pancreas in the practice of a district doctor	4
7	Diseases of the liver in the practice of a district doctor (non-alcoholic fatty liver disease, hepatitis, cirrhosis)	4
8	Diseases of the kidney in the practice of a district doctor (acute and chronic pyelonephritis, glomerulonephritis)	4
9	Chronic kidney disease in the practice of a district doctor	4
10	Pathology of hemostasis in the practice of a district doctor	4
11	Anemia in the practice of a district doctor (iron deficiency anemia, B12 deficiency anemia, anemia of pregnancy)	4
12	Geriatric patient in the practice of a district doctor: aspects of somatic pathology in geriatric patients. Pharmacological treatment of geriatric patients	4
13	Frailty syndrome: diagnostic algorithm, follow-up care and observation	4
14	Oncological alertness in the practice of a district doctor: screening, diagnostic	4

	algorithm in patients with suspected oncology	
15	Palliative care in outpatient setting	4
	Hours per semester total	60

4.2.3. Independent Work of the Student

No.	Name of the Discipline Section	Type of IW	Total Hours
1	3	4	5
Semester No. 9			
1	Standardized forms of documentation in the practice of a district doctor	Preparing medical documentation (prescription, informed consent form, outpatient medical record, appointment slips, certificate for obtaining a voucher for health resort treatment, health resort treatment card)	16
2	Procedure of providing primary healthcare in the Russian Federation. Organization of the work of an outpatient clinic (polyclinic)	Preparing for classes, preparing for continuous assessment, selecting and working with literary sources and regulatory legal acts	6
3	Bronchopulmonary pathology in the practice of a district doctor	Preparing for classes, preparing for continuous assessment, selecting and working with literary sources and regulatory legal acts; writing a medical record	14
	Hours per semester total		36
Semester No. 10			
1	Diseases of internal organs in the practice of a district doctor	Preparing for classes, preparing for continuous assessment, selecting and working with literary sources and regulatory legal acts	20
2		Registration of reporting documentation	6
3		Preparing for classes	6
4		Preparing for continuous assessment	4
	Hours per semester total		36
Semester No. 11			
1	Diseases of internal organs in the practice of a district doctor	Registration of reporting documentation	15
2		Preparing for classes	15
3		Preparing for continuous assessment	14
4		Preparing for interim assessment	14
	Hours per semester total		58

5. REQUIREMENTS FOR IMPLEMENTATION OF DISCIPLINE

5.1. Discipline Requirements for Educational Materials and Provided Information

Essential reading

No.	Name/Title, Resource Type	Author(s)/Editor	Publisher Imprint, Web Address	Number of Copies (accesses) in the Library and
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				Information Center
1	2	3	4	5
1	Outpatient therapy: textbook	edited by Larina V.N.	M.: GEOTAR-Media, 2023. - 456 p. - ISBN 978-5-9704-7708-3	Unlimited access
2	Outpatient therapy: textbook	edited by Drapkina O.M., Davydkin I.L.	M.: GEOTAR-Media, 2026. - 688 p. - ISBN 978-5-9704-9793-7	Unlimited access

Supplementary reading

No.	Name/Title, Resource Type	Author(s)/Editor	Publisher Imprint, Web Address	Number of Copies (accesses) in the Library and Information Center
1	2	3	4	5
1	Electronic methodological recommendations	Alekseeva E.S., Rylatka A.V.	Filling in patients medical record for outpatient clinics, 2026, ISBN 978-985-21-2334-1. https://rep.bsmu.by/bitstreams/af4c0dee-4405-4e61-b534-66ff8d491cd7/download	Unlimited access

Online resources

1. Electronic library system "Student Consultant" <http://studmedlib.ru/>
2. Electronic library system "University Library Online" <http://www.biblioclub.ru/>
3. Electronic library system "Urait" <https://urait.ru/>
4. Electronic library system "BookUp" <https://www.books-up.ru/>
5. Resources owned by the Library and Information Center of FSBEI HE PSMU of the Ministry of Health of Russia <https://tgmu.ru/university/bibliotechno-informacionnyj-centr/resursy-bic/sobstvennye/>

Online resources and respective user guides are available on the Library and Information Center website [Library and Information Center — PSMU \(tgmu.ru\)](http://tgmu.ru)



5.2. Discipline Requirements for Facilities and Resources

Information on the facility and resource availability and requirements of the discipline is available on the [Facility and resource availability and requirements. FSBEI HE PSMU of the Ministry of Health of Russia \(tgmu.ru\)](http://tgmu.ru) page of the official website of the university.



5.3. List of Information Technologies, Information and Reference Systems, Licensed and Free Software (Including Domestically-developed Software):

1. PolycomTelepresence M100 Desktop Conferencing Application (Videoconference system)
2. SunRav Software tTester
3. 7-PDF Split & Merge

4. ABBYYFineReader
5. Kaspersky Endpoint Security
6. INDIGO online testing system
7. Microsoft Windows 7
8. Microsoft Office Pro Plus 2013
9. 1C:University
10. GARANT system
11. MOODLE (Modular Object-Oriented Dynamic Learning Environment)

6. ASPECTS OF THE IMPLEMENTATION OF THE DISCIPLINE FOR STUDENTS WITH DISABILITIES AND SPECIAL NEEDS

6.1. Availability of Accessible Environment

For students with disabilities and special needs, if a written application is submitted, lectures and practical classes are carried out taking into account health limitations, individual capabilities and medical status (hereinafter referred to as individual characteristics) of the student. Compliance with the following general requirements is ensured: teaching aids for collective and individual use are provided, required technical assistance is provided by an assistant; buildings and premises where lectures and practical classes are taking place meet accessibility requirements, other arrangements lack of which makes it impossible or difficult to master the discipline are made.

6.2. Ensuring Compliance with General Requirements

When lectures and practical classes are carried out at the written application of the student, the following general requirements are met: lectures and practical classes for students with disabilities and special needs take place at the same location as for students who do not have disabilities, if this does not cause difficulties for students; an assistant (assistants), who provide(s) students with the necessary technical assistance taking into account individual characteristics of the student, is (are) provided; necessary teaching aids are provided, taking into account individual characteristics of the student.

6.3. Availability of the Internal Policies and Procedures of FSBEI HE PSMU of the Ministry of Health of Russia to Students with Disabilities in a Format Accessible to Them.

All internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia concerning the discipline are made available to students with disabilities in a format accessible to them.

6.4. Increase in the Time Limit of Interim Assessment for Students with Disabilities and Special Needs in Relation to the Established duration

Format of the interim assessment of academic performance within the scope of the discipline conducted for students with disabilities and special needs is selected taking into account individual characteristics of the students (orally, by writing on paper, by typing on a computer, as a test, etc.). The duration of the interim assessment in relation to the established duration is increased at the written application of the student with disabilities. Time limit for the student's preparation for the test is increased by at least 0.5 hours.

7. STAFFING REQUIREMENTS OF THE DISCIPLINE

Academic teaching personnel that ensure the implementation of the discipline education process meet the requirements of the Federal State Educational Standard of Higher Education for the 31.05.01 General Medicine specialty; list of the aforementioned personnel is available on the website of the educational organization.



8. TUTORIAL WORK

Type of tutorial work	Forms and approaches to tutorial work	Assessment criteria
Assistance in personal growth	Overt Talks and problem-centric debates aimed at promotion of healthy lifestyle.	Portfolio

	Participation in interdepartmental conferences aimed at formation of healthy lifestyle and development of skills necessary to preserve and improve health.	
	Covert – creating atmosphere and infrastructure. Developing a culture of healthy lifestyle, the ability to preserve and improve health. Creating atmosphere of kindness and respect with a high level of communication during implementation of the discipline.	
Civic position and values	Overt Conducting events that facilitate development of civil culture (roundtable discussions, discussions/debates, and talks). Short discussions on current significant events in case the latter occur.	Portfolio
	Covert Focusing on civic values-oriented position and legal awareness. Cultivating mindful social position during professional activity.	
Social values	Overt Highlighting aspects of organization of healthy lifestyle based on health-preserving technologies. Highlighting ecology-related questions, environmental issues as a factor affecting population health and select population risks.	Portfolio
	Covert Identification in social structure during period of education and in professional activity.	