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Federal State Budget Educational Institution
of Higher Education
Pacific State Medical University
of the Ministry of Health of the Russian Federation

APPROVED BY

Director of the Institute
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_____ / Shestopalov E.Yu./
"14th" of April 2025

SUBJECT GUIDE FOR TEACHERS AND STUDENTS FOR

Б2.О.03(У) Introductory practical training (Medical rehabilitation and disease prevention)

(Name of discipline)

Specialty	**31.05.01 General Medicine for international students (in English)** (code, name)
Degree	Specialist's degree
Profile	02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system)
Mode of study	**Full-time**
Period of mastering the BEP	**6 years** (nominal length of study)
Institute	of Clinical Neurology and Medical Rehabilitation

Vladivostok, 2025

Subject guide for teachers and students for **Б2.О.03(У) Introductory practical training (Medical rehabilitation and disease prevention)** is based on:

1) Federal State Educational Standard of Higher Education for the specialty approved by the Order No. 988 of Ministry of Science and Higher Education of the Russian Federation dated August 12, 2020.

2) Curriculum for the 31.05.01 General Medicine for international students (in English), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), approved by the Academic Council of FSBEI HE PSMU of the Ministry of Health of Russia, Report No. 8/24-25 dated March 31, 2025.

Subject guide for teachers and students for **Б2.О.03(У) Introductory practical training (Medical rehabilitation and disease prevention)** was developed by the writing team of the Institute of Clinical Neurology and Medical Rehabilitation of the FSBEI HE PSMU of the Ministry of Health of Russia, under the guidance of the director of the institute, Candidate of Medical Sciences Shestopalov E.Yu.

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1. GENERAL PROVISIONS

Subject guide for **Б2.О.03(У) Introductory practical training (Medical rehabilitation and disease prevention)** is a set of recommendations and explanations that facilitate to optimal organization of mastering this practical training.

Special attention should be paid to the content of the main provisions and conclusions, explanation of phenomena and facts, and clarification of the practical application of theoretic aspects of topic when preparing for a practical class. During this process students should aim to understand and remember the main provisions of the material under consideration, examples provided, as well as understand the illustrative material.

Collections of assessment tools are used to organize independent study of **Б2.О.03(У) Introductory practical training (Medical rehabilitation and disease prevention)**.

Independent work of students is facilitated by the following:

1. availability and accessibility of the necessary educational and reference material;
2. a system of regular quality control of completed independent work;
3. availability of teacher's advice.

Subject guides for self-study are presented as literary sources. Subject guides for independent work of students include a list of library resources of the educational institution and other materials accessible to students.

Independent work is a type of in-person extracurricular work of teachers and students of **Б2.О.03(У) Introductory practical training (Medical rehabilitation and disease prevention)**. Control of independent work is conducted by the leading teacher. Evaluation of independent work results is taken into account when conducting interim examination of students throughout **Б2.О.03(У) Introductory practical training (Medical rehabilitation and disease prevention)** course.

Continuous assessment during **Б2.О.03(У) Introductory practical training (Medical rehabilitation and disease prevention)** course is implemented in order to check indicators of achieving competencies, to stimulate students' academic work, and improve methods of mastering new knowledge. Continuous assessment during **Б2.О.03(У) Introductory practical training (Medical rehabilitation and disease prevention)** course is conducted during the semester to assess all types and sections of the practical training that encompass the competencies developed by the discipline. Continuous assessment of students' knowledge and results of their preparation for practical classes is conducted during every class session.

Interim assessment aims to determine the level of mastery of competency indicators. It is conducted in the graded test format after the student has mastered all sections of **Б2.О.03(У) Introductory practical training (Medical rehabilitation and disease prevention)** and takes into account learning outcomes for all types of student work over the entire period of mastering **Б2.О.03(У) Introductory practical training (Medical rehabilitation and disease prevention)** course.

Time allotted for interim assessment is indicated in the schedule.

Assignments given during practical training, as well as assignments aimed to prepare students for continuous and interim assessment, are included in the collection of assessment tools for **Б2.О.03(У) Introductory practical training (Medical rehabilitation and disease prevention)**. If necessary, students should contact the teacher for advice. It is necessary to thoroughly think over questions that need clarification before seeking teacher's advice.

2. SUBJECT GUIDES FOR SECTIONS OF THE PRACTICAL TRAINING

The practical training consists of practical classes and independent work of the students monitored by the practical training supervisor. The majority of time is allotted for practical work aimed at developing necessary practical skills.

Implementation of the practical training should involve active use of facilities and resources of the location of the practical training aimed at allowing students to perform professional activity.

When mastering the practice, the student must

Know:

- scores implemented as a part of rehabilitation process;

Be able to:

- assess the physical development of a patient, measure the range of motion in the major joints, conduct functional tests;

Master*:*

- skills of monitoring medical rehabilitation process.

The practical training consists of practical classes, independent work of the students monitored by the practical training supervisor, working with tests, and simulation training workshops.

Work with educational resources should be performed in the allotted time.

Every student of FSBEI HE PSMU has unlimited access to the library resources.

Practical training results is written into the student's transcript by the practical training supervisor (provided by FSBEI HE PSMU of the Ministry of Health of Russia); the final grade is based on the results of interim assessment in the form of test, evaluation of the Practical Training Log, characteristics of the student's work, and the results of the interview conducted by the practical training supervisor.

3 ASPECTS OF THE IMPLEMENTATION OF THE COURSE FOR STUDENTS WITH DISABILITIES AND SPECIAL NEEDS

4.1. Availability of accessible environment

For students with disabilities and special needs, if a written application is submitted, lectures and practical classes are carried out taking into account health limitations, individual capabilities and medical status (hereinafter referred to as individual characteristics) of the student. Compliance with the following general requirements is ensured: teaching aids for collective and individual use are provided, required technical assistance is provided by an assistant, buildings and premises where lectures and practical classes are taking place meet accessibility requirements, other arrangements lack of which makes it impossible or difficult to master the discipline are made.

4.2. Compliance with general requirements

When lectures and practical classes are carried out at the written application of the student, the following general requirements are met: lectures and practical classes for students with disabilities and special needs take place at the same location as for students who do not have disabilities, if this does not cause difficulties for students; an assistant (assistants), who provide(s) students with the necessary technical assistance taking into account individual characteristics of the student, is (are) provided; necessary teaching aids are provided, taking into account individual characteristics of the student.

4.3. Availability of the internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia to students with disabilities in a form accessible to them.

All internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia concerning the discipline are made available to students with disabilities in a form accessible to them.

4.4. Increase in the duration of interim assessment of students with disabilities and special needs in relation to the established duration

Format of the interim assessment of academic performance within the scope of the discipline for students with disabilities and special needs is selected taking into account individual characteristics (orally, by writing on paper, by typing on a computer, as a test, etc.). The duration of the interim assessment in relation to the established duration is increased at the written application of the student with disabilities. Time limit for the student's preparation for the test is increased by at least 0.5 hours

4. STAFFING REQUIREMENTS OF THE DISCIPLINE

Academic teaching personnel that ensure the implementation of the discipline education process meet the requirements of the Federal State Educational Standard of Higher Education for the **31.05.01 General Medicine for international students (in English)** specialty; list of the aforementioned personnel is available on the website of the educational organization.