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Federal State Budget Educational Institution
of Higher Education
Pacific State Medical University
of the Ministry of Health of the Russian Federation

APPROVED BY
First Vice-Rector
_____ / Trankovskaya L.V./
"9" июня 2025

DISCIPLINE WORK PROGRAM

Б1.В.01 Psychology of communication in professional activity

(name of discipline)

Specialty	**31.05.01 General Medicine for international students (in English)** (code, name)
Degree	Specialist's degree
Profile	02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system)
Mode of study	Full-time
Period of mastering the BEP	**6 years** (nominal length of study)
Department	of General Psychology

Vladivostok, 2025

Program of the discipline **Б1.В.01 Psychology of communication in professional activity** is based on:
1) Federal State Educational Standard of Higher Education for the specialty approved by the Order No. 988 of Ministry of Science and Higher Education of the Russian Federation
dated August 12, 2020.

2) Curriculum for the 31.05.01 General Medicine for international students (in English), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), approved by the Academic Council of FSBEI HE PSMU of the Ministry of Health of Russia, Report No. 8/24-25 dated March 31, 2025.

Work program for the discipline was developed by the writing team of the Department of General Psychology of the FSBEI HE PSMU of the Ministry of Health of Russia, under the guidance of the head of the department, Doctor of Psychology, Associate Professor Kadyrov R.V.

Developed by:

Senior lecturer		Gaidai A.S.
(position held)	(academic degree, academic title)	(full name)

1. GENERAL PROVISIONS

1.1. Purpose and Objectives of Mastering Б1.В.01 Psychology of communication in professional activity

The purpose of mastering the discipline is to develop an understanding of the basic communication technologies as a system of integrative activity, become familiar with the basic mechanisms and patterns of communication, methods and means of effective interaction between people; as well as mastering the skills of effective communication and constructive interaction with the outside world.

Objectives of mastering the discipline:

1. developing the ability to adequately and fully understand oneself and other people;
2. developing effective communication skills as a professional quality necessary for successful professional activity;
3. mastering individual techniques of interpersonal interaction to increase its effectiveness;
4. increasing socio-psychological competence;
5. developing skills of communication within a team

2. DISCIPLINE AS PART OF THE BASIC EDUCATIONAL PROGRAM

Discipline **Б1.В.01 Psychology of communication in professional activity** is included in the Part developed by the parties of educational process of the basic educational program for the specialty 31.05.01 General Medicine for international students (in English), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), and is part of the 1st semester's curriculum.

3. PLANNED LEARNING OUTCOMES OF THE DISCIPLINE

3.1. Mastering the discipline **Б1.В.01 Psychology of communication in professional activity** is aimed at the development of students' competencies. The discipline facilitates the development of students' competencies corresponding to the types of professional activity.

Name of competency category (group) / Labor function	**Code and Name of competency of the graduate**	**Competency Indicators**
Universal Competencies		
Teamwork and leadership	UC-3. Able to assemble, manage and develop a strategy for a team, aiming to achieve the objective	CI.UC-3_1- exhibits qualities of a leader in team setting during planning and implementation stages of professional activities CI.UC-3_2- develops a team strategy and assembles a team aiming to achieve objectives as a part of professional activity CI.UC-3_3- articulates own opinion and presents options of determining participation and efficiency of every team member and the team as a whole in a well-argued manner

Communication	UC-4. Is able to use modern communication technologies for academic and professional interaction using native and foreign language(s)	CI.UC-4_1- successfully selects and uses verbal and non-verbal communication technologies for academic and professional interactions using native and foreign language(s) CI.UC-4_2- abides by norms of public speaking, presents information in oral and written formats clearly, participates in a discussion in a competent manner
Intercultural collaboration	UC-5. Is able to analyze and consider cultural diversity during intercultural interactions	CI.UC-5_1- analyzes and uses various types of social interaction accommodating for national, cultural and religious characteristics of others; presents information regarding professional activity during intercultural interaction in competent and comprehensive manner CI.UC-5_2- abides by the norms of professional ethics and moral norms of intercultural interaction CI.UC-5_3- understands the impact of historical events on the development of intercultural interaction
Self-organization, self-development (including health protection)	UC-6. Is able to set and focus on priorities regarding own actions and ways to improve them based on self-reflection and lifelong education	CI.UC-6_1- independently assesses personal and professional qualities CI.UC-6_2- sets self-improvement priorities, evaluates opportunities for personal and professional growth CI.UC-6_3- uses modern approaches to professional growth, such as continuous education
Professional Competencies		
A/02.7 Examination of the patient in order to make a diagnosis	PC-3 Ability and readiness to collect and analyze complaints that a patient presents with, anamnestic data, examination results, results of laboratory and instrumental tests, biopsy and other studies in order to identify patient's condition or establish the presence or absence of a disease	CI.PC-3_1- collects patient's anamnesis, conducts examination, palpation, percussion and auscultation in healthy people with noninfectious and infectious diseases of internal organs, provides a diagnostic assessment of the identified symptoms, diagnoses syndromes; CI.PC-3_2- identifies pathogenetic and pathomorphological features of diseases of internal organs; CI.PC-3_3- selects required additional diagnostic methods, evaluates their results in order to recognize patient's condition, establish the presence or absence of the disease

3.2. Types of professional activity corresponding to competencies developed over the course of mastering **Б1.В.01 Psychology of communication in professional activity**:

Types of professional activity objectives

1. Medical

Kinds of professional activity objectives

1. administrative work

3.3. Planned learning outcomes of mastering the discipline are represented by knowledge, skills, abilities and/or experience, characterize the stages of developing competencies and ensure achievement of the planned outcomes of mastering the basic educational program. Learning outcomes of a discipline are correlated with competency indicators.

4. SCOPE AND CONTENT OF THE DISCIPLINE

4.1. Scope of the Discipline and Types of Academic Work

Type of Academic Work		**Total Hours**	**Semesters**
			1
			hours
1		2	3
Classroom hours (total), including:		**36**	**36**
Lectures (L)		-	-
Practical classes (C)		36	36
Independent work of the student (IW), including:		**36**	**36**
Skills training		28	28
Preparing for classes (CP)		2	2
Preparing for continuous assessment (CAP)		2	2
Preparation for interim assessment (IAP)		2	2
Interim assessment		2	2
Type of interim assessment	pass/fail test (T)	T	T
	exam (E)		
TOTAL: TOTAL credit value	hrs.	**72**	**72**
	credits	**2**	**2**

4.2. Contents of the Discipline

4.2.1. Topics of Discipline Lectures and Academic Hours per Semester

No lectures are included in the Federal State Educational Standards of Higher Education 31.05.01 General Medicine for international students (in English).

4.2.2. Topics of Discipline Practical Classes and Academic Hours per Semester

No.	**Practical Class Topic**	**Hours**
1	2	3
	Semester No. 1	
1	Introduction, getting acquainted	2
2	Establishing contact, the ability to convey information. Non-verbal contact	2
3	The ability to listen and hear	2
4	Cooperation and collaboration. Team-building exercise "Development of civilization"	4
5	Cooperation and collaboration. Team-building exercise "Present. State and interstate relations"	4
6	Cooperation and collaboration. Team-building session "Future: building the	4

	desired future"	
7	Teamwork	2
8	Team interaction in a stressful situation. Team-building exercise "Catastrophe in the Ural Mountains"	6
9	Communication skills. Team-building session "Following one's own choices"	4
10	Team interaction in a stressful situation. Final class session	6
	Hours per semester total	**36**

4.2.3. Independent Work of the Student

No.	Name of the Discipline Section	Type of IW	Total Hours
1	3	4	5
	Semester No. 1		
1	The concept of "communication". Types and means of communication	Preparing for practical classes, preparing for continuous assessment, writing a paper	10
2	Cooperation and collaboration. Techniques of effective communication	Preparing for practical classes, preparing for interim assessment	8
3	Communication skills	Preparing for practical classes, preparing for continuous assessment, writing a paper	8
4	Self-regulation, increasing resilience in stressful situations	Preparing for practical classes, preparing for interim assessment	10
	Hours per semester total		**36**

5. REQUIREMENTS FOR IMPLEMENTATION OF DISCIPLINE

5.1. Discipline Requirements for Educational Materials and Provided Information

Essential reading

No.	Name/Title, Resource Type	Author(s)/Editor	Publisher Imprint, Web Address	Number of Copies (accesses) in the Library and Information Center
1	**2**	**3**	**4**	**5**
1	Fundamentals of Communicative Culture. Psychology of Communication: Textbook and Practice for Universities	Sadovskaya V. S., Remizov V. A.	M.: Yurait, 2024. - 169 p. URL: https://urait.ru/bcode/537853	Unlimited access
2	Psychology of communication: textbook and practical course	Sadovskaya V. S., Remizov V. A.	M.: Yurait, 2024. — 169 p. URL: https://urait.ru/bcode/538062	Unlimited access

Supplementary reading

No.	Name/Title, Resource Type	Author(s)/Editor	Publisher Imprint, Web Address	Number of Copies (accesses) in the Library and Information Center
1	**2**	**3**	**4**	**5**

1	Interpersonal cognition and its formation in schoolchildren and students: a teaching aid for universities	Berezina A. V., Melnikova I. V.	M.: Yurait, 2024. — 128 p. URL: https://urait.ru/bcode/544370	Unlimited access
2	Personal growth training: textbook and practical course for universities	Ramendik D. M.	M.: Yurait, 2024. — 136 p. URL: https://urait.ru/bcode/537435	Unlimited access
3	Social and psychological training as a means of developing constructive interaction and methods of resolving interpersonal conflicts in medical students: a teaching aid (printed)	Kadyrov R.V., Beregovskaya L.V., Bolenkova E.F.	Ulyanovsk: Zebra, 2015. 187 p.	Unlimited access

Online resources

1. Electronic library system "Student Consultant" http://studmedlib.ru/
2. Electronic library system "University Library Online"http://www.biblioclub.ru/
3. Electronic library system "Urait" https://urait.ru/
4. Electronic library system "BookUp" https://www.books-up.ru/
5. Resources owned by the Library and Information Center of FSBEI HE PSMU of the Ministry of Health of Russia https://tgmu.ru/university/bibliotechno-informacionnyj-centr/resursy-bic/sobstvennye/

Online resources and respective user guides are available on the Library and Information Center website Library and Information Center — PSMU (tgmu.ru)

5.2. Discipline Requirements for Facilities and Resources

Information on the facility and resource availability and requirements of the discipline is available on the Facility and resource availability and requirements. FSBEI HE PSMU of the Ministry of Health of Russia (tgmu.ru)" page of the official website of the university.

5.3. List of Information Technologies, Information and Reference Systems, Licensed and Free Software (Including Domestically-developed Software):

1. PolycomTelepresence M100 Desktop Conferencing Application (Videoconference system)
2. SunRav Software tTester
3. 7-PDF Split & Merge
4. ABBYYFineReader
5. Kaspersky Endpoint Security
6. INDIGO online testing system

7. Microsoft Windows 7
8. Microsoft Office Pro Plus 2013
9. 1C:University
10. GARANT system
11. MOODLE (Modular Object-Oriented Dynamic Learning Environment)

6. ASPECTS OF THE IMPLEMENTATION OF THE DISCIPLINE FOR STUDENTS WITH DISABILITIES AND SPECIAL NEEDS

6.1. Availability of Accessible Environment

For students with disabilities and special needs, if a written application is submitted, lectures and practical classes are carried out taking into account health limitations, individual capabilities and medical status (hereinafter referred to as individual characteristics) of the student. Compliance with the following general requirements is ensured: teaching aids for collective and individual use are provided, required technical assistance is provided by an assistant; buildings and premises where lectures and practical classes are taking place meet accessibility requirements, other arrangements lack of which makes it impossible or difficult to master the discipline are made.

6.2. Ensuring Compliance with General Requirements

When lectures and practical classes are carried out at the written application of the student, the following general requirements are met: lectures and practical classes for students with disabilities and special needs take place at the same location as for students who do not have disabilities, if this does not cause difficulties for students; an assistant (assistants), who provide(s) students with the necessary technical assistance taking into account individual characteristics of the student, is (are) provided; necessary teaching aids are provided, taking into account individual characteristics of the student.

6.3. Availability of the Internal Policies and Procedures of FSBEI HE PSMU of the Ministry of Health of Russia to Students with Disabilities in a Format Accessible to Them.

All internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia concerning the discipline are made available to students with disabilities in a format accessible to them.

6.4. Increase in the Time Limit of Interim Assessment for Students with Disabilities and Special Needs in Relation to the Established duration

Format of the interim assessment of academic performance within the scope of the discipline conducted for students with disabilities and special needs is selected taking into account individual characteristics of the students (orally, by writing on paper, by typing on a computer, as a test, etc.). The duration of the interim assessment in relation to the established duration is increased at the written application of the student with disabilities. Time limit for the student's preparation for the test is increased by at least 0.5 hours.

7. STAFFING REQUIREMENTS OF THE DISCIPLINE

Academic teaching personnel that ensure the implementation of the discipline education process meet the requirements of the Federal State Educational Standard of Higher Education for the 31.05.01 General Medicine specialty; list of the aforementioned personnel is available on the website of the educational organization.

8. TUTORIAL WORK

Type of tutorial work	Forms and approaches to tutorial work	Assessment criteria
Assistance in personal growth (Spiritual-moral and cultural-creative, Professional-personal, Scientific-educational education)	**Overt:** Cultural and leisure events with the participation of students and teachers (Freshman's Day, New Year, etc.) Events to prevent offenses and deviant behavior of students Excursions to museums, acquaintance with historical, cultural and ethnic heritage, attending theatrical performances, concerts	Presence of moral qualities, tolerance for the perception of other cultures regardless of their national, social, religious affiliation and worldview, motivation for mastering the educational program and independent work, focus on intellectual development and professional development, life self-determination, and motivation for research work in the student
	Covert: Development of the value-semantic sphere and spiritual culture; development of creative abilities of students, increasing their intellectual level, formation of a harmoniously developed personality	
	Covert: development of students' general civic value orientations and legal culture through inclusion in social and civic activities; development of a sense of patriotism, readiness to serve the Fatherland; development of socially significant personal qualities and independent experience of social activities	
Social values (Nurturing of a healthy lifestyle and environmental culture)	**Overt:** Participation in sports and physical culture and health events; participation in environmental campaigns; Participation in environmental and sports events, volunteer campaigns; Participation in round-table discussions dedicated to health preservation and health-saving technologies	Demonstration of ecological culture and a culture of health, safe behavior, a desire for a healthy lifestyle and sports, and the qualities of a psychologically healthy, physically developed and socially adapted personality
	Covert: Formation of a culture of healthy and safe lifestyle, development of the ability to maintain and improve health; Development of environmental awareness and sustainable environmental behavior	