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Federal State Budget Educational Institution  
of Higher Education  
Pacific State Medical University  
of the Ministry of Health of the Russian Federation

APPROVED BY  
First Vice-Rector

  
/ Trankovskaya L.V./  
" 9 " июля 2025

## DISCIPLINE WORK PROGRAM

### Б1.О.07 Biology

(name of discipline)

**Specialty**

**31.05.03 Dentistry**  
**for international students (in English)**  
(code, name)

**Degree**

Specialist's degree

**Profile**

02 "Healthcare"  
(in the field of providing health care in  
patients with dental pathology)

**Mode of study**

Full-time

**Period of mastering the BEP**

**5 years**  
(nominal length of study)

**Department**

of Biology, Botany and Ecology

Program of the discipline **B1.O.07 Biology** is based on:

1) Federal State Educational Standard of Higher Education for the specialty approved by the Order No. 984 of Ministry of Science and Higher Education of the Russian Federation dated August 12, 2020.

2) Curriculum for the 31.05.03 Dentistry for international students (in English), profile 02 "Healthcare" (in the field of providing health care in patients with dental pathology), approved by the Academic Council of FSBEI HE PSMU of the Ministry of Health of Russia Report No. 8/24-25 dated March 31, 2025.

Work program for the discipline was developed by the writing team of the Department of Biology, Botany and Ecology of the FSBEI HE PSMU of the Ministry of Health of Russia, under the guidance of the head of the department Candidate of Medical Sciences, Associate Professor Zenkina V.G.

**Developed by:**

Head of Department	Candidate of Medical Sciences, Associate Professor	Zenkina V.G.
_____	_____	_____
(position held)	(academic degree, academic title)	(full name)
Assistant Professor	Candidate of Medical Sciences	Solodkova O.A.
_____	_____	_____
(position held)	(academic degree, academic title)	(full name)

## 1. GENERAL PROVISIONS

### 1.1. Purpose and Objectives of Mastering B1.O.07 Biology

**The purpose** of mastering the discipline is acquiring systemic fundamental knowledge, developing skills and abilities related to general biological laws that are of greatest interest to practical health care; preparing for systematic perception of general medical, social, and clinical disciplines and developing one's natural science worldview and logic of biological thinking necessary for further development of the practical activity of a doctor.

**Objectives** of mastering the discipline:

1. Studying organization and functioning of living systems and general properties of living things; general patterns of passing down and changes in hereditary traits and properties in generations and their role in human hereditary pathology;
2. Learning general patterns of the embryogenesis, including human embryonic development;
3. Learning how to carry out diagnostic and preventive measures aimed at preventing parasitic diseases;
4. Learning about the main directions of evolution of systems and organs; general laws of biosphere development and the role of man as a creative ecological factor at different stages of anthropogenesis.

## 2. DISCIPLINE AS PART OF THE BASIC EDUCATIONAL PROGRAM

Discipline **B1.O.07 Biology** is included in the mandatory part of the Unit 1 of the basic educational program for the specialty 31.05.03 Dentistry for international students (in English), profile 02 "Healthcare" (in the field of providing health care in patients with dental pathology), and is part of the 1st and 2nd semesters' curriculum.

### 3. PLANNED LEARNING OUTCOMES OF THE DISCIPLINE

3.1. Mastering the discipline **B1.O.07 Biology** is aimed at the development of students' competencies. The discipline (module) facilitates the development of students' competencies corresponding to the types of professional activity.

Competency Code	Competency Description	Competency Indicators
General Professional Competencies		
Basis of fundamental and natural science knowledge	Is able to use basic concepts and methods of physics, chemistry, mathematics and natural sciences when working to achieve objectives of professional activities	CI.GPC-8 <sub>1</sub> - employs basic concepts of physics, chemistry, mathematics and natural sciences CI.GPC-8 <sub>2</sub> - has a grasp of basic methods of physics, chemistry, mathematics and natural sciences when working to achieve objectives of professional activity CI.GPC-8 <sub>3</sub> - evaluates the efficacy of basic methods of physics, chemistry, mathematics and natural sciences when working to achieve objectives of professional activity

3.2. Types of professional activity corresponding to competencies developed over the course of mastering **B1.O.07 Biology**:

Types of professional activity objectives

#### 1. Medical

Kinds of professional activity objectives

1. *Examination of the patient in order to make a diagnosis; prescribing pharmacological and non-pharmacological treatment and monitoring its efficiency and safety; implementation*

*and monitoring of the effectiveness of individual medical rehabilitation programs; implementation of anti-epidemic and other measures of public health protection as well as monitoring their effectiveness; implementation of health and hygiene education measures in general population and professionals aimed at development of a healthy lifestyle*

3.3. Planned learning outcomes of mastering the discipline are represented by knowledge, skills, abilities and/or experience, characterize the stages of developing competencies and ensure achievement of the planned outcomes of mastering the basic educational program. Learning outcomes of a discipline are correlated with competency indicators.

#### 4. SCOPE AND CONTENT OF THE DISCIPLINE

##### 4.1. Scope of the Discipline and Types of Academic Work

Type of Academic Work		Total Hours	Semesters	
			1	2
			hours	hours
1		2	3	4
<b>Classroom hours (total), including:</b>		<b>100</b>	<b>50</b>	<b>50</b>
Lectures (L)		20	10	10
Practical classes (C)		80	40	40
<b>Independent work of the student (IW), including:</b>		<b>44</b>	<b>22</b>	<b>22</b>
<i>Electronic educational resource (EER)</i>				
<i>Preparing for classes (CP)</i>		28	14	8
<i>Preparing for continuous assessment (CAP)</i>		16	8	8
<i>Preparation for interim assessment (IAP)</i>				6
Interim assessment				
<b>Type of interim assessment</b>	pass/fail test (T)	T		T
	exam (E)			
<b>TOTAL: TOTAL credit value</b>	hrs.	<b>144</b>	<b>72</b>	<b>72</b>
	credits	<b>4</b>	<b>2</b>	<b>2</b>

##### 4.2. Contents of the Discipline

##### 4.2.1. Topics of Discipline Lectures and Academic Hours per Semester

No.	Lecture Topic	Hours
1	2	3
Semester No. 1		
1.	Biology in the system of medical sciences. Biology of the eukaryotic cell. Cell proliferation	2
2.	Patterns of trait inheritance at the organism and cellular levels	2
3.	Patterns of inheritance at the molecular level. Forms of variability	2
4.	Human genetics. Examination methods	2
5.	Developmental biology	2
	<b>Hours per semester total</b>	<b>10</b>
Semester No. 2		
1.	Parasitism phenomenon. Medical protozoology	2

2.	Ecological basis of parasitism in the Platyhelminthes (Flatworms) phylum	2
3.	Ecological basis of parasitism in the Nematoda (Roundworms) phylum	2
4.	Medical arachnoentomology	2
5.	Phylogeny of the organ systems of the body. Congenital anomalies	2
	<b>Hours per semester total</b>	<b>10</b>

#### 4.2.2. Topics of Discipline Practical Classes and Academic Hours per Semester

No.	Practical Class Topic	Hours
1	2	3
Semester No. 1		
1	Configuration of optical devices. Microscopy rules	4
2	Biology of the eukaryotic cell	4
3	Morphology and function of interphase and mitotic nuclei	4
4	Cell proliferation. Meiosis. Gametogenesis	4
5	Post-module knowledge assessment: "Cell biology"	4
6	Patterns of trait inheritance at the organism level. Interaction of allelic and non-allelic genes	4
7	Patterns of trait inheritance at the cellular level. Genetics of sex. Gene linkage	4
8	Patterns of trait inheritance at the molecular level. Forms of variability	4
9	Human genetics. Examination methods	4
10	Post-module knowledge assessment: "Fundamentals of general and molecular genetics"	4
	<b>Hours per semester total</b>	<b>40</b>
Semester No. 2		
1	Parasitism phenomenon. Medical protozoology	4
2	Ecological basis of parasitism in the Platyhelminthes (Flatworms) phylum. Trematodes	4
3	Ecological basis of parasitism in the Platyhelminthes (Flatworms) phylum. Cestodes	4
4	Ecological basis of parasitism in the Nematoda (Roundworms) phylum	4
5	Medical arachnoentomology	4
6	Post-module knowledge assessment: "Parasitism phenomenon and bioecological diseases"	4
7	Developmental biology	4
8	Phylogeny of the organ systems of the body. Congenital anomalies	4
9	Anthropology. Somatotypes (body types)	4
10	Interim assessment (test format)	4
	<b>Hours per semester total</b>	<b>40</b>

#### 4.2.3. Independent Work of the Student

No.	Name of the Discipline Section	Type of IW	Total Hours
1	3	4	5
Semester No. 1			
1	Cell biology	Preparing for practical classes, tests, continuous assessment, solving practice problems, working with case studies, and working with microscope slides	10

2	Fundamentals of general and molecular genetics	Preparing for practical classes, tests, continuous assessment, solving practice problems, and working with case studies	12
	Hours per semester total		22
Semester No 2			
1	Parasitism phenomenon and bioecological diseases	Preparing for practical classes, tests, continuous assessment, solving practice problems, working with case studies, parasitology atlas, and working with microscope slides; Writing library-research papers	14
2	Developmental biology. Phylogeny of the organ systems of the body. Anthropogeny	Preparing for practical classes, tests, continuous assessment; Writing library-research papers	8
	Hours per semester total		22

## 5. REQUIREMENTS FOR IMPLEMENTATION OF DISCIPLINE

### 5.1. Discipline Requirements for Educational Materials and Provided Information

#### Essential reading

No.	Name/Title, Resource Type	Author(s)/Editor	Publisher Imprint, Web Address	Number of Copies (accesses) in the Library and Information Center
1	2	3	4	5
1	Биология: учебник: в 2 т. [Электронный ресурс] / под ред. В. Н. Ярыгина.	В.Н. Ярыгин	М.: Издательство Юрайт, 2025. - 823 с. - URL: <a href="https://urait.ru/">https://urait.ru/</a>	Unlimited access
2	Биология: учебник [Электронный ресурс]	М.М. Азова, О.Б. Гигани, О.О. Гигани	М.: ГЭОТАР-Медиа, 2023. - 712 с. URL: <a href="http://studentlibrary.ru">http://studentlibrary.ru</a>	Unlimited access

#### Supplementary reading

No.	Name/Title, Resource Type	Author(s)/Editor	Publisher Imprint, Web Address	Number of Copies (accesses) in the Library and Information Center
1	2	3	4	5
1	Учение о клетке: учеб. пособие для вузов	В.Г. Зенкина, О.А. Солодкова, Г.Г. Божко	Владивосток; Медицина ДВ, 2022. – 168 с. URL: <a href="http://books-up.ru/">http://books-up.ru/</a> URL: <a href="https://e.lanbook.com">https://e.lanbook.com</a>	Unlimited access
2	Медицинская арахноэнтомология: учеб. пособие	Г.Г. Божко, В.Г. Зенкина, О.А. Солодкова, А.А. Агибалова	Владивосток; Медицина ДВ, 2020. – 137 с. URL: <a href="https://books-up.ru">https://books-up.ru</a>	Unlimited access

3	Генетика человека: учеб. пособие	В.Г. Зенкина, О.А. Солодкова, Г.Г. Божко	Владивосток; Медицина ДВ, 2019. – 93 с. URL: <a href="https://www.books-up.ru/">https://www.books-up.ru/</a>	Unlimited access
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#### Online resources

1. Electronic library system "Student Consultant" <http://studmedlib.ru/>
2. Electronic library system "University Library Online" <http://www.biblioclub.ru/>
3. Electronic library system "Urait" <https://urait.ru/>
4. Electronic library system "BookUp" <https://www.books-up.ru/>
5. Resources owned by the Library and Information Center of FSBEI HE PSMU of the Ministry of Health of Russia <https://tgmru.ru/university/bibliotechno-informacionnyj-centr/resursy-bic/sobstvennye/>

Online resources and respective user guides are available on the Library and Information Center website [Library and Information Center — PSMU \(tgmru.ru\)](https://tgmru.ru/)



#### 5.2. Discipline (Module) Requirements for Facilities and Resources

Information on the facility and resource availability and requirements of the discipline is available on the [Facility and resource availability and requirements. FSBEI HE PSMU of the Ministry of Health of Russia \(tgmru.ru\)](https://tgmru.ru/) page of the official website of the university.



#### 5.3. List of Information Technologies, Information and Reference Systems, Licensed and Free Software (Including Domestically-developed Software):

1. PolycomTelepresence M100 Desktop Conferencing Application (Videoconference system)
2. SunRav Software tTester
3. 7-PDF Split & Merge
4. ABBYYFineReader
5. Kaspersky Endpoint Security
6. INDIGO online testing system
7. Microsoft Windows 7
8. Microsoft Office Pro Plus 2013
9. 1C:University
10. GARANT system
11. MOODLE (Modular Object-Oriented Dynamic Learning Environment)

## **6. ASPECTS OF THE IMPLEMENTATION OF THE DISCIPLINE FOR STUDENTS WITH DISABILITIES AND SPECIAL NEEDS**

### **6.1. Availability of Accessible Environment**

For students with disabilities and special needs, if a written application is submitted, lectures and practical classes are carried out taking into account health limitations, individual capabilities and medical status (hereinafter referred to as individual characteristics) of the student. Compliance with the following general requirements is ensured: teaching aids for collective and individual use are provided, required technical assistance is provided by an assistant; buildings and premises where lectures and practical classes are taking place meet accessibility requirements, other arrangements lack of which makes it impossible or difficult to master the discipline are made.

### **6.2. Ensuring Compliance with General Requirements**

When lectures and practical classes are carried out at the written application of the student, the following general requirements are met: lectures and practical classes for students with disabilities and special needs take place at the same location as for students who do not have disabilities, if this does not cause difficulties for students; an assistant (assistants), who provide(s) students with the necessary technical assistance taking into account individual characteristics of the student, is (are) provided; necessary teaching aids are provided, taking into account individual characteristics of the student.

6.3. Availability of the Internal Policies and Procedures of FSBEI HE PSMU of the Ministry of Health of Russia to Students with Disabilities in a Format Accessible to Them.

All internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia concerning the discipline are made available to students with disabilities in a format accessible to them.

6.4. Increase in the Time Limit of Interim Assessment for Students with Disabilities and Special Needs in Relation to the Established duration

Format of the interim assessment of academic performance within the scope of the discipline conducted for students with disabilities and special needs is selected taking into account individual characteristics of the students (orally, by writing on paper, by typing on a computer, as a test, etc.). The duration of the interim assessment in relation to the established duration is increased at the written application of the student with disabilities. Time limit for the student's preparation for the test is increased by at least 0.5 hours.

## **7. STAFFING REQUIREMENTS OF THE DISCIPLINE**

Academic teaching personnel that ensure the implementation of the discipline education process meet the requirements of the Federal State Educational Standard of Higher Education for the 31.05.03 Dentistry specialty; list of the aforementioned personnel is available on the website of the educational organization.



## **8. TUTORIAL WORK**

Type of tutorial work	Forms and approaches to tutorial work	Assessment criteria
Assistance in personal growth	Overt Discipline B1.O.07 Biology Talks and problem-centric debates aimed at promotion of healthy lifestyle. Participation in interdepartmental conferences aimed at formation of healthy lifestyle and development of skills necessary to preserve and improve health.	Portfolio

	<p>Covert – creating atmosphere and infrastructure.  Discipline B1.O.07 Biology  Developing a culture of healthy lifestyle, the ability to preserve and improve health.  Creating atmosphere of kindness and respect with a high level of communication during implementation of the discipline.</p>	
Civic position and values	<p>Overt  Discipline B1.O.07 Biology  Conducting events that facilitate development of civil culture (roundtable discussions, discussions/debates, and talks).  Short discussions on current significant events in case the latter occur.</p>	Portfolio
	<p>Covert  Discipline B1.O.07 Biology  Focusing on civic values-oriented position and legal awareness.  Cultivating mindful social position during professional activity.</p>	
Social values	<p>Overt  Discipline B1.O.07 Biology  Highlighting aspects of organization of healthy lifestyle based on health-preserving technologies.  Highlighting ecology-related questions, environmental issues as a factor affecting population health and select population risks.  Arranging events aimed at developing ethical norms and norms of conduct in sports community.</p>	Portfolio
	<p>Covert  Discipline B1.O.07 Biology  Identification in social structure during period of education and in professional activity.</p>	