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Federal State Budget Educational Institution
of Higher Education
Pacific State Medical University
of the Ministry of Health of the Russian Federation

APPROVED BY
First Vice-Rector
_____ / Trankovskaya L.V./
"9" июня 2025

PRACTICAL TRAINING WORK PROGRAM

Type of practical training Practical placement

Б2.О.07 Practical training aimed at obtaining professional skills and experience of professional activity as medium-level medical personnel

Б2.О.07.01(П) Nursing practical training

Credit value	4 credits / 2 4/6 weeks (credit points/ weeks)
Format of practical training	continuous (continuous/ discrete)
Practical training method	stationary (stationary/on-site)
Specialty	**31.05.01 General Medicine for international students (in English)**
Degree	Specialist's degree
Profile	02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system)
Mode of study	Full-time
Period of mastering the BEP	**6 years** (nominal length of study)
Institute	of Simulation and Training Technology

Vladivostok, 2025

Academic training program for **Б2.О.07.01(П) Nursing practical training** is based on:
1) Federal State Educational Standard of Higher Education for the specialty approved by the Order No. 988 of Ministry of Science and Higher Education of the Russian Federation dated August 12, 2020.

2) Curriculum for the 31.05.01 General Medicine for international students (in English), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), approved by the Academic Council of FSBEI HE PSMU of the Ministry of Health of Russia, Report No. 8/24-25 dated March 31, 2025.

Practical training work program was developed by the writing team of the Institute of Simulation and Training Technology of the FSBEI HE PSMU of the Ministry of Health of Russia, under the guidance of Director of the Institute, Gnezdilov V.V.

Developed by:

Director of the Institute		Gnezdilov V.V.
(position held)	(academic degree, academic title)	(full name)
Professor	Doctor of Medical Sciences, Associate Professor	Solyanik E.V.
(position held)	(academic degree, academic title)	(full name)
Assistant professor	Candidate of Medical Sciences	Maystrovskaya Y.V.
(position held)	(academic degree, academic title)	(full name)

1. GENERAL PROVISIONS

1.1. Purpose and Objectives of the Practical Training *Б2.О.07.01(П) Nursing practical training*

Purpose Consolidation and deeper insight into knowledge gained during theoretical training, acquisition of skills necessary for the work of a nurse. Learning to handle medical equipment, gaining experience of independent professional activity as a nurse through direct participation in the day-to-day of inpatient and outpatient medical organizations, as well as development and enhancement of competencies necessary for performing work activities within the framework of labor functions of ***02.009 Physician, M.D. (primary care physician, district doctor) Occupational standard.***

In addition, the ***objectives*** of academic training ***Б2.О.07.01(П) Nursing practical training*** are

- to consolidate and deepen knowledge of the key stages of a nurse's work, duties and responsibilities in working with patients with internal diseases from the perspective of nursing staff in various departments of a multidisciplinary hospital;
- to develop skills in organizing the work of medical personnel in medical organizations, defining functional responsibilities and the optimal algorithm for their implementation;
- to develop skills in organizing occupational health and safety measures, preventing occupational diseases, monitoring compliance with and ensuring environmental safety;
- to develop communication skills with patients and their relatives using the principles of ethics and medical deontology;
- to develop skills in communicating with a team.

1.2 Practical Training *Б2.О.07.01(П) Nursing practical training* as a Part of the Basic Educational Program of Higher Education of the Specialty 31.05.01 General Medicine for international students (in English), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system).

1.2.1 ***Б2.О.07.01(П) Nursing practical training*** as a part of Unit B2 “Practical training” of the 31.05.01 General Medicine for international students (in English) specialty curriculum.

1.2.2 Practical training is carried out during semester No. 4.

Type of practical training: practical placement;

Practical training method: stationary;

Practical training format: continuous.

1.3 Planned learning outcomes of practical training, correlated with the planned outcomes of mastering the basic educational program of higher education for specialty 31.05.01 General Medicine for international students (in English), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system).

Name of Competency Category (Group) / Labor function	Code and Name of Competency	Competency Indicators
General Professional Competencies		
Instrumental Diagnostics	GPC-4. Is able to use medical devices included in the healthcare guidelines, as well as perform medical examination to make a diagnosis	CI.GPC-4_1- uses medical devices for diagnosis, treatment and rehabilitation in accordance with healthcare guidelines CI.GPC-4_2- performs medical examination of a patient using basic and general clinical skills, laboratory tests and diagnostic procedures CI.GPC-4_3- evaluates medical examination results in order to make a diagnosis

Primary health care	GPC-6. Is able to manage patient care, provide primary health care, ensure efficient decision-making at prehospital stage in case of medical emergencies, in emergency situations, during epidemics, and in areas affected by weapons of mass destruction	CI.GPC-6_1- defines objectives and manages patient care CI.GPC-6_2- provides primary health care at prehospital stage in case of medical emergencies CI.GPC-6_3- - identifies necessary types and scope of primary health care during emergencies, epidemics, and in areas affected by weapons of mass destruction

Planned learning outcomes of practical training are represented by knowledge, skills, abilities and experience, characterize the stages of developing competencies and ensure achievement of the planned outcomes of mastering the basic educational program. Learning outcomes of a discipline are correlated with indicators of achieving the competence.

2. SCOPE AND CONTENTS OF THE PRACTICAL TRAINING

2.1 Scope of *Б2.О.07.01(П) Nursing practical training*

Type of Activity		**Total Hours**	**Semesters**
			No. 1
			hours
1		2	3
Safety briefing		2	2
Work within departments overseen by practical training supervisor		96	96
Completing an individual task		22	22
Information support for participants in disease prevention events and the development of healthy lifestyle skills		4	4
Preparation for presenting a report on carrying out a part of a research activity		4	4
Preparation for interim assessment		6	6
Independent work of a student		10	10
Filling out the Practical Training Log		2	2
Type of interim assessment	graded test (GT)	GT	GT
TOTAL: TOTAL credit value	hrs.	**108**	**108**
	credits	**3**	**3**

2.2. Sections of Practical Training, Types of Activities

No.	**Sections of Practical Training, Types of Activities**	**Hours**
1	2	3
	Semester No. 4	
1	Department work organization. Safety precautions.	

	Nurse work organization	
2	Organization of a nurse's workstation. Duties of a ward nurse. Regulatory documents. Ethics and deontology in the work of a ward nurse	9
3	Organization of the treatment room. Duties of the treatment room nurse. Regulatory documents. Ethics and deontology in the work of the treatment room nurse	9
4	Admission and registration rules for patients admitted to departments. Patient transportation, types. Monitoring compliance with hospital treatment and protective regimens	9
5	Rules for working with doctor's prescription sheets. Registration of doctor's prescriptions in the ward nurse's journals. Thermometry and filling in the temperature sheet log. Rules of asepsis and antisepsis, storage and treatment of medical instruments	9
6	Concept of nutritional treatment, types of diets. Monitoring patient nutrition	9
7	Technique of intramuscular, subcutaneous, and intradermal injections	9
8	Rules for the storage and transportation of medications. Rules for distributing medications. Monitoring compliance with doctor's prescriptions	9
9	Preparing patients for diagnostic and therapeutic procedures. Monitoring urine and sputum collection. Writing referrals for laboratory tests. Preparing patients for endoscopic, X-ray, and ultrasound diagnostic procedures	9
10	Aspects of a nurse's work in different departments. Aspects of a nurse's work in surgical departments	9
11	Aspects of a nurse's work in intensive care and treatment wards. Diagnosis of emergency conditions, rules for notifying of emergency situations. First aid and immediate actions of a nurse in the event of an emergency	8
12	Preparing reporting documents on Practical training work	
12.1	Completing a research report	4
12.2	Completing individual assignment	22
12.3	Completing a report on sanitary and hygienic education	4
12.4	Filling out the Practical Training Log	10
12.5	Preparation for interim assessment	6
	Total:	**144**

2.3 Practical Training Report Forms:

Practical training log

Research activity summary

3. REQUIREMENTS FOR IMPLEMENTATION OF PRACTICAL TRAINING

3.1 Practical Training Requirements for Educational Materials and Provided Information

Essential reading

No.	Name/Title, Resource Type	Author(s)/Editor	Publisher Imprint, Web Address	Number of Copies (accesses) in the Library

				and Information Center
1	**2**	**3**	**4**	**5**
1	Nursing in a Therapeutic Clinic: A Textbook [Electronic resource]	V.N. Oslopov, O.V. Bogoyavlenskaya	Moscow: GEOTAR Media, 2013. URL: http://www.studmedlib.ru	Unlimited access
2	Nursing Care Plans: Diagnoses, Interventions, and Outcomes	Judith L. Myers R.N	8th Edition MegGulanick PhD APRN FAAN	Unlimited access
3	Nursing Student Book Collection (Cheat Sheet, Priorities, Medsurg, Case Studies)	Jon Haws	http://insizenfwind.blog.free.fr/index.phppost/2017/10/04/Nursing-Student-Book-Collection-ebook	Unlimited access
4	Nursing Basics for Clinical Practice	Anne-Marie Malone	https://doi.org/10.1016/J.NEPR.2011.04.004	Unlimited access

Supplementary reading

No.	**Name/Title, Resource Type**	**Author(s)/Editor**	**Publisher Imprint, Web Address**	**Number of Copies (accesses) in the Library and Information Center**
1	**2**	**3**	**4**	**5**
1	Evidence-based practice	Robert Nussbaum	https://libguides.tulane.edu/geneticsed	Unlimited access
2	Medical-Surgical Nursing Made Incredibly Easy! (Incredibly Easy! Series)	Lippincott Williams & Wilkins	https://libcats.org/g/LippinWilliam	Unlimited access
3	Nursing School Study Pack	Kindle Edition, Jon Haws	NRSNG.com | NursingStudentBooks.com	Unlimited access

Online resources

1. Electronic library system "Student Consultant" http://studmedlib.ru/
2. Electronic library system "University Library Online"http://www.biblioclub.ru/
3. Electronic library system "Urait" https://urait.ru/
4. Electronic library system "BookUp" https://www.books-up.ru/
5. Resources owned by the Library and Information Center of FSBEI HE PSMU of the Ministry of Health of Russia https://tgmu.ru/university/bibliotechno-informacionnyj-centr/resursy-bic/sobstvennye/

Online resources and respective user guides are available on the Library and Information Center website Library and Information Center — PSMU (tgmu.ru)

3.2 Practical Training Requirements for Facilities and Resources

Practical training is carried out on the basis of contracts with specialized organizations that fit the following requirements: able to provide facility and resource that comply with the current fire safety rules and regulations and facilitate all types of disciplinary and interdisciplinary training, practical work and research activities of students within the scope of practical training; operate in a way that corresponds to the occupational competencies acquired within the framework of the educational program.

Practical training aimed at obtaining primary occupational skills and professional experience is carried out on specific premises that meet requirements for facilities, resources, and educational materials and include the following:

Premises and subdivisions of a medical facility fitted with medical equipment and suitable for independent work within the scope of practical training, as well as continuous assessment.

Classroom for interim assessment is equipped with specialized (classroom) furniture, teaching aids for studying and assessment of practical skills.

Equipment status of selected premises and premises for independent work is reflected on the page for facility and resource requirements of the basic educational program of higher education (specialist's degree program) on the educational organization website.

3.3. List of Information Technologies, Information and Reference Systems, Licensed and Free Software (Including Domestically-developed Software) Used for Education During Practical Training Period:

1. PolycomTelepresence M100 Desktop Conferencing Application (Videoconference system)
2. SunRav Software tTester
3. 7-PDF Split & Merge
4. ABBYYFineReader
5. Kaspersky Endpoint Security
6. INDIGO online testing system
7. Microsoft Windows 7
8. Microsoft Office Pro Plus 2013
9. 1C:University
10. GARANT system
11. MOODLE (Modular Object-Oriented Dynamic Learning Environment)

4. ASPECTS OF IMPLEMENTATION OF PRACTICAL TRAINING FOR STUDENTS WITH DISABILITIES AND SPECIAL NEEDS

4.1 Requirements of Practical Training for Students with Disabilities and Special Needs.

Students with disabilities are provided with printed and/or electronic educational materials that are adapted to their individual needs and abilities.

4.2 Aspects of Implementation of Practical Training for Students with Disabilities and Special Needs

For students with disabilities and special needs, if a written application is submitted, the practical training is carried out taking into account health limitations, individual capabilities and medical status (hereinafter referred to as individual characteristics) of the student. Location of practical training for people with disabilities and special needs is selected at the personal request of the student, taking into account the accessibility requirements. Academic training/practical placement location for people with disabilities and special needs is chosen taking into account the recommendations of the medical and social assessment that are reflected in the individual rehabilitation program with consideration of working conditions and kinds of labor.

Compliance with the following general requirements is ensured: teaching aids for collective and individual use are provided, required technical assistance is provided by an assistant, buildings and premises where the practical training is carried out meet accessibility requirements, other arrangements lack of which makes it impossible or difficult to complete the practical training are made.

When practical training is carried at the written application of the student, the following general requirements are met: practical training for students with disabilities and special needs is carried out at the same location as for students who do not have disabilities, if this does not cause difficulties for the latter; an assistant (assistants), who provide(s) students with the necessary technical assistance taking into account individual characteristics of the student, is (are) provided at the written application; necessary teaching aids are provided, taking into account individual characteristics of the student.

All internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia on the implementation of practical training are made available to students with disabilities in a form accessible to them.

Format of the interim assessment of academic performance within the scope of practical training conducted for students with disabilities and special needs is selected taking into account individual characteristics (orally, by writing on paper, by typing on a computer, as a test, etc.). The duration of the interim assessment in relation to the established duration is increased at the written application of the student with disabilities. Time limit for the student's preparation for the test is increased by at least 0.5 hours.

5. STAFFING REQUIREMENTS OF PRACTICAL TRAINING

Academic teaching personnel that ensure the implementation of **Б2.О.07.01(П) Nursing practical training** meet the requirements of the Federal State Educational Standard of Higher Education for the 31.05.01 General Medicine for international students (in English) specialty; list of the aforementioned personnel is available on the website of the educational organization.

Federal State Budget Educational Institution
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PRACTICAL TRAINING LO G

Б2.О.07 Practical training aimed at obtaining professional skills and experience of professional activity as medium-level medical personnel

Б2.О.07.01(П) Nursing practical training

_____

_____

(Full name of the student)

__ Year, group No. _____, specialty 31.05.01. General Medicine for international students (in English)

Location of practical training: _____

_____

_____

_____

_____

Full name and address of the practical training location

Duration of practical training:

from “ ” _____ until “ ” _____

training supervisor (provided by FSBEI HE PSMU of the Ministry of Health of Russia) _____

signature *(surname, initials)*

Grade _____

very good, good, satisfactory, unsatisfactory

Vladivostok
20__/20__

1. Students in the specialty 31.05.01 General Medicine for international students (in English) master the practical training program in semester No.4.
Purpose: Consolidation and deeper insight into knowledge gained during theoretical training, acquisition of skills necessary for the work of a nurse. Learning to handle medical equipment, gaining experience of independent professional activity as a nurse through direct participation in the day-to-day of inpatient and outpatient medical organizations, as well as development and enhancement of competencies necessary for performing work activities within the framework of labor functions of 02.009 Physician, M.D. (primary care physician, district doctor) Occupational standard.

2. Content of practical training:
-Activities in nursing staff positions
-Work within the framework of the duties and job descriptions of the ward nurse overseen by the training supervisor on the basis of practical training
-Work on preparation of reporting documents
-Interim assessment

3. Planned practical training outcomes:
Requirements for the results of mastering **Б2.О.07.01(П) Nursing practical training** include formation of the following competencies among students:
When mastering the practice, the student must
Know:
- job descriptions and features of the work of the ward nurse, rules and techniques of manipulation required in the work of the ward nurse, possible problems of the patient in the presence of diseases of internal organs.

Be able to:
- carry out activities within the framework of the office instructions of the ward nurse, interact with patients, their relatives and other participants in medical activities, prepare and submit reporting documentation, use the opportunities of network interaction within the framework of the duties of the ward nurse.

Master:
- the skills of the ward nurse, methods of anthropometric and other types of measurements necessary to assess the patient's condition.

3. Assessment criteria for the level of professional competencies developed during the practical training period.
Practical training results is written into the student’s transcript by the practical training supervisor (provided by FSBEI HE PSMU of the Ministry of Health of Russia); the final grade is based on the results of interim assessment in the form of test, evaluation of the Practical Training Log, characteristics of the student's work, and the results of the interview conducted by the practical training supervisor.

Forms of assessment of the level of professional competencies implemented during the practical training period:
1. Practical Training Log;
2. Review of the training supervisor
3. Individual assignment.
4. Research activities.
5. Compliance with the epidemiological regimen.

"Very good" - threshold or high level of competence formation in period of practice, high level of competency achievement indicators, active approach to solving professional tasks of varying degree

of complexity provided for by a program of practice in accordance with the FSES HE and occupational standard.

"Good" - threshold or high level of competence formation, in period of practice, adequate level of competency achievement indicators, adequate degree of practical skills, adequate ability to solve standard professional tasks provided for by the practice program in accordance with the FSES HE and occupational standard.

"Satisfactory" - threshold level of competence formation in period of practice, threshold level of competency achievement indicators, degrees practical skills are sufficient to solve typical professional tasks provided for by the practice program in accordance with the FSES HE and occupational standard and/or qualification characteristics.

"Unsatisfactory" - threshold or lower level of formation competencies during the practice period, low level of competency achievement indicators, the level of knowledge and the degree of practical skills are not enough to solve standard professional tasks provided for by the program of practice in accordance with professional standard.

Individual assignment
Content of practical training
Planned practical training outcomes
Practice training schedule

"Approved by"
Practical training supervisor
(provided by FSBEI HE PSMU of the
Ministry of Health of Russia)

Signature Full name

"Approved by"
Practical training supervisor
provided by

full name of the organization

Signature Full name

Practical training work schedule

Types of activities implemented during the practical training

No.	Type of work based within the scope of the practical training	Recommended quantity	Date																Total
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
1	Completing medical documentation	16																	
2	Height measurement, weighing	12																	
3	Body temperature measurement	16																	
4	Respiratory rate assessment	12																	
5	Pulse oximetry	12																	
6	Pulse assessment	12																	
7	Blood pressure measurement	12																	
8	Preparation of the patient for examination of the cardiovascular organs	8																	
9	Preparation of the patient for examination of the respiratory organs	8																	
10	Preparation of the patient for examination of the digestive organs	8																	
11	Preparation of the patient for examination of the urinary organs																		
12	Patient transportation	16																	
13	Monitoring the work of junior medical staff	16																	

14	Registration of incoming patients	12																	
15	Work with medical appointment sheets	12																	
16	Preparing and dispensing medicines to patients	12																	
17	Follow-up of patients in the postoperative period	8																	
18	Use of heating pads, ice pack	8																	
19	Humidified oxygen supply	8																	
20	The use of the inhalation method of administering medications	8																	
21	Measurement of daily diuresis	8																	
22	Compliance with hygiene on a par with medical staff	16																	
	Nurse signature																		
	Signature of the Practical training supervisor provided by the organization																		

INDIVIDUAL ASSIGNMENT

Describe:

- rules for the storage and distribution of oral medication;
- rules for filling the temperature sheet;
- ward nurse's procedure in case of suspected pulmonary bleeding;

Create:

- temperature sheet log in a patient with a persistent fever
- temperature sheet log in patient with reflux fever

Craft an information leaflet on the prevention of communicable and non-communicable diseases and the promotion of healthy lifestyles (optional):

- on the topic of prevention of respiratory diseases
- on the topic of prevention of arterial hypertension
- on the topic of prevention of metabolic syndrome
- on the topic of non-specific prevention of respiratory infections

Patient Talk Topics

Department	**Date**	**Topic of the talk**	**Number of patients in the audience**

FEEDBACK

On the work and conduct of the student _____
(Full name of the student)

of group No. _____, specialty 31.05.01 General Medicine for international students (in English), who attended the **Б2.О.07.01(П) Nursing practical training** from "___" _____ 20__ until "__" _____ 20__.

Over the course of the practical training (discipline, diligence, appearance, manifestation of interest in the specialty, regularity of managing a diary, individual characteristics, moral and volitional qualities, honesty, initiative, poise, endurance etc.):

_____
_____
_____
_____
_____
_____
_____
_____
_____
_____

Conclusions, recommendations:

_____
_____
_____
_____
_____
_____

Practice leader from FSBEI HE
PSMU of
Ministry of Health of Russia _____ _____
(signature) *(surname, initials)*

Interim examination results

1. Practical Training Log quality _____
2. Fulfillment of an individual assignment _____
3. Fulfillment of the work schedule (plan) of the practice _____
4. Review of the training supervisor
5. Test control: date_____ result _____

Final grade: _____

Training supervisor _____/_____/
signature *Full name*

Date:_____